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OUR LOCATION MAY BE KNOWN FOR ITS HISTORIC REVOLUTION, BUT THE REAL REVOLUTION HERE IS US. The spirit of revelry and volition that inspired our ancestors motivates us to be involved and in charge of our futures. We redefine traditions and surpass boundaries, celebrating our differences and recreating ourselves on the way. We have a reflex to succeed. With each passing year, a revolution occurs as each person evolves. As you reach one destination, another journey is just beginning.



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## Gift Boxes Avail



## ble



Yars from now what will you remember, ahout high schoole The best and the werst times, that crazy project, the first all-nighter you ever pulled, maybe even an SAT yocibulary word. You'll remember the big thinga bur the small rhings might fide away. The little day to day quirks that you never paid attention to. We became so accustomed to these things we barely noriceand rarely tale the time to appreciate the revelry our our student life.


What are you planning to do in the summer?

As one would expect from Lexington High School students, freshmen, sophomores, juniors, and seniors alike shared an unbeatable work ethic over the summer. Thaya Psyhojos, a freshman, spent her summer volunteering at the Cape Cod Hospital in Falmouth, Massachusetts. Jenny Liu, a sophomore, worked hard producing homemade clothes and attending PSAT classes. Sophie Harari, a junior, enjoyed the outdoors as she worked at a blueberry farm in Maine. Finally, Jeremy Weiser, a senior, taught tennis at an inner-city camp named Tenacity. After a long year, or years, of homework, students always cherished the opportunity to do things they were passionate about and earn some money in the process!

Hannah Weinronk: I am going to Israel for a while this summer with my family. We're going for about six weeks. It's going to be really nice, but it'll also be fun to hang out with friends when I get back.

Sarah Borjas: Over the summer, I will be working as a research assistant at the Kennedy School of Government. It is the social policy center at Harvard.

> Delicious treats: At Sweet Thyme Bakery Jennifer Chuang works as a cashier, ringing up customers orders. Students took advantage of new store openings, hoping to fill the spots before others did.


A Fun and games: As an employee for Catch a Falling Star, Baylee Charbit rearranges the inventory. The costumers ranged from little kids anxious for new and exciting toys to parents on a search for the perfect birthday gift.
>GREAT HARVEST:
As closing time approaches Elise Yost double checks her todo list. In addition to making sandwiches, she has to do jobs such as checking inventory and cleaning the counter
tops.

$>$ TEA party: Adding milk, Avital Robbins prepares a delectable latte while working at Peet's Coffee \& Tea. The Peet's employees pride themselves on the quality of their service and the friendly environment.

< Decorating: Working at Cake,
Stephanie Garland decorates a birthday cake. Students often got to be involved in fun and new activities outside of the work place.
V In the bakery: After making a sandwich, Zora Haque wraps it as she works at Great Harvest. Haque said, "I've not only gotten closer to people I'm already friends with, but also been introduced to people I would have never imagined myself talking to."


## What do you do in your job? Why do you enjoy it?

Merrill Robichaud: I don't have an actual job, but every Thursday night I babysit a family of three kids. It's really tireing, but a lot of fun and worth the money. I don't know if i would really have time for an actual job right now, so babysitting is a really great alternative.

## time is money town businesses are taken over by students


$\mathbf{V}$ Creamy goodness: Filling a pint of ice cream, Noele Flowers prepares a custom order. Getting pints of ice cream from Ranc's was a great option for parties or late night study sessions.


## 

V Make it frappy: Making a frappe Devlin Cooper stirs together a few ingredients. According to some Ranc's workers, frappes were the most challenging thing to make.

< Scream for ice cream: Happy to help, Julia Fernandes and Charles Inouye serve ice cream to Adrian Tanner. Rancatore's was one of the most popular places in Lexington Center to get ice cream.


V Yum: With a laugh, Alexandra Camp gives her arms a workout while scooping ice cream. Servers often complained that one arm became more muscular.

< Italian cuisine:
Dressed in a nice black shirt, Thomas Jeon hosts at Bertucci's. Restaurants often hired high school students for part-time jobs.
< How sweet: Working at Candy Castle, Eliza Florendo packs candy for a customer. The delicious selection at Candy Castle satisfied various sugar cravings.
<Cappuccino:
Calculating the price of a coffee and scone, Olivia Burger feeds a student's caffeine addiction. The average amount of coffee some LHSers drank to stay awake was around 2 cups a day.
<Butter? Check: Going over a checklist, Allie Moloney keeps track of how much of each ingredient Great Harvest has in stock.
<At the cinema:
Scooping popcorn, Miranda Strominger provides moviegoers with a snack at the Venue. The Venue's location was more convenient than the Burlington theatre's.
< Fast food: Working at McDonald's,
Mohammad
Matinnejad is ready
to take people's
orders.

Kelly Miao: I work during the summers at an immunology lab in Boston. It's pretty neat, working
there and stuff. I've been doing it for a while and like it a lot.
Sonia Weiser: I'm doing data entry for a project at Brandeis University. I enjoy it because I get to learn new things and develop skills that will be useful in the future.



For the last few years, Cohoes in Lexington Center has been empty and as of now, it looks like it'll be that way for a long time. What should they do with the space?

Zora Haque wants to go vintage: Some sort of old-fashioned style parlor would be amazing to have in that lot: something like a cross between the

Frosty Palace Diner in Grease and that ice cream parlor in Jimmy Neutron. I've always thought that a place with those great puffy seated booths and a jukebox would make for a fantastic hang out place. Since the only other place that kids really hang out right now is either the depot or ranc's, a nice big place like that could be really fun. Call me old fashioned but any place with a jukebox would be really killer.


What are your favorite places to hang out in Lexington?


Norma Tumennasan: In Lexington there really isn't a whole lot to do on a regular basis. When it's really nice out at the end of the school year and the summer, the depot is usually the best place to hang out.

## around we go



Amrit Kanesa-Thasan: I love hanging out in Ranc's because there is always someone there and it
opens late. I have a lot of freinds that work there, and their ice cream is great.
Rahul Sujanan: Mostly I just hang out at my house. There isn't much to do in town, so my friends pretty much just hang at people's houses. The Depot Square is pretty nice too, but you can only really go there when it's nice out in the summer and stuff.

## life is a runway students show off their trendy sides



What is the most expensive item that you own?


0Aileen Haque: The most expensive item that I have ever owned are the diamond earrings that I got from my grandmother for my sixteeth birthday.


Yvonne Medina: My prom dress for junior prom was a splurge that I got from Dress Barn. Everyone
else spends a lot of money on prom, though!
Jake Canton: I got a really nice coat once. I think it was from a discount place but it was still expensive.
I would never have bought it if it had been full price.

## facebook

Facebook is a popular social networking site among students and adults. According to Liran Weizman, "Facebook is a primary tool in a student's life. It helps them connect with friends, ask homework questions to students they otherwise wouldn't to and is overall a student's large phone book. To be honest, I think Facebook is awesome. It helps me keep in touch with my friends no matter where they are. But with all its Pros, Facebook can also be a time sucker so when it comes down to exams, just deactivate your account. You can live without it and your grades will thank you."

Sporcle, a site for "mentally stimulating diversions," is a favorite tool of procrastination for many students. Says Arga Yunus, "I go on it during free blocks in the library. it literally kills time so easily. There's a lot of topics and you can find a game about almost anything."

The age of computers is clearly epitomized at the high school. During classes, free blocks and afterschool, students connected and shared through the web.

For class, sites such as Wikipedia, Youtube and Google News came in handy for teachers to provide first hand examples of the material. Watching videos or photo slides during class lightened up the lecture and captured the students' attention.

Afterschool, the internet provided students with a way to reconnect with their friends from the comfort of their own home. Connecting on social networking sites, like Facebook, or chatting online on Google chat or AIM, was a fast and easy way to talk while working on homework.

Most importantly, the internet allowed students to stay in touch from vacation destinations across the globe. It brought students together through their common interests, and often provided a way to explore new ones.

## You Tuhe

Students can spend hours surfing youtube videos, but Joshua Pickar has taken it one step further with his youtube channel. "What really prompted me to make this channel was that I love to make people laugh. When someone finds something I say to be funny it makes me happy. I felt that through this YouTube channel I could reach out to a whole new scope of people and they could see my humor. I really think people are enjoying them and I'm enjoying making them; each one is more fun than the last! Please check it out at youtube.com/joshcommentary and I hope everyone enjoys them!"

tumblr
A new blogging site, tumblr is a multi-media blogging site. Says Melissa Teng, "The reason i got one was because Diana, my friend, got one and said that it was a really great site for sharing your work. Having a website makes your stuff a lot more accessible to wider range of people, not just to the artsy folk, who may physically visit galleries in their spare time."


How long do you average on a computer everyday? What do you do on it?

1Anita Tomasian: I don't spend that much time on the computer because I don't really have much to do. I pretty much just do homework and go on Facebook everyday. it probably averages about 1.5 to 2 hours, but I'm usually not the computer that long.


Jeffrey Wu: I spend at least 4 hours doing a bunch of things. I watch Japanese TV shows, talk online,
and surf the internet.

Aron Thomas: I probably average about four hours a day. I pretty much just go on Facebook, listen to ko ka music on YouTube and iTunes, do homework and cut debate cards.

« Puzzung: On a sunny afternoon, Sabeel Hakim and Alexander Lockwood have a friendly battle through an enticing game of Hoppers. The two later enjoyed playing other brain teasing game such as Rush Hour and Rubik's Cube. Friends often met over the weekend to relax and participate in hobbies together.
${ }^{\text {V Stick It: At a weekend competition, }}$ Melina Tsitsiklis completes her routine on the balance beam. Tsitsiklis has dedicated herself to gymnastics for 9 years. Athletes at the high school practiced over the weekends and competed outside of school so that they could spend more time pursuing their hobbies.


${ }^{\wedge}$ Out and about: Hanging out in Boston, Beejul Khatri and Noha Ahmed meet up with others. Together, they went to the Cheesecake Factory to enjoy dinner and share laughs.

${ }^{\wedge}$ Tale told by teens: As an active member of TAB, Liran Wiezman dresses up in order to tell the story of "The Tiger Who Came to Tea." The kids loved the costume because it brought an extra layer of fun to the story.

${ }^{\wedge}$ Biscuits: Having high tea, Mengyu Wu, Irisa Xiong, Melissa Teng, Christine Hsiao, and Ellen Chang bond as a small group. Church united friends through fun and exciting activities.

## What are some of your hobbies/activities?

Issac Rosen: I watch TV mostly. It's not really a hobby I guess, but it's what I do when I'm relaxing and trying to get away from school work. I watch a couple shows I like, but I also just skip around the channels a lot.

## T.G.I.Weekend Weekend Activities

${ }^{`}$ Acas: In the midst of a dance, Nadine Shen-Molesky and Jamie Yang enact a scene using bows. Many students learned about their heritage through activities such as dance or music. These activities also provided a chance to see and meet friends from other towns who shared common interests.

${ }^{\text {to the the summit: Exerting his last }}$ efforts, Mark Chonofsky nears the summit of the rock wall. He began rock climbing at the Boston Rock Gym in Woburn two years ago. It was one of his many hobbies.


( Alta: Skiing with her friends one weekend, Arielle Bennatan zips down the slopes at Alta, in Utah. The skiing conditions in Utah put the moutains in New England to shame.
© Swing kids: On a Friday evening, a group of students enjoy the swingset across from at a local preschool. Following a community service event, student volunteers couldn't help but be tempted by the playground. Weekends provided kids with a chance to revert back to their childhood and play old games such as tag or hide-and-go-seek.
< Yo-yo: Working their Chinese yo-yos, Welkin Uttaro, Galen Chen, and Jamie Kishimoto show off their skills. Chen said, "I like activities where you can try hard and do well. That's Chinese уо-уо."
<La photographie: Bringing her camera all the way to France, Sonia Weiser took pictures of from the top of the Centre Pompidou. The art museum had a glorious view, despite the murky weather.

- Oliver Panak: I enjoy doing art in my spare time. I love painting and drawing, especially people. It's a really relaxing past time that helps me relieve sress.

Amee Varteresian: I go to an archery range on the weekends to practice shooting. I also taking sewing classes during the week and sew on my own. I do a lot of sewing, especially when I need to relax and just calm down.


Q:

## What is your best day of the week?

Chantel Petrie: Monday because I have two majors and two studies, and then most of my electives. Because of my studies, I don't have to worry about doing homework later. I feel less stressed that day because of the balance in my schedule.


Raymond Stebbins: Tuesday because I have three majors, gym, a study, and then child psych-- a
really good class that I enjoy.
Josh Yoskowitz: Monday, because I have two studies in a row, B and C blocks. If this were next year, however, I could be free from 8:35-10:55.

# lhs by numbers 90 subtitles have gone into this book. 

the average student takes 3,623 steps a day.
$217 \underset{\substack{\text { hardworking } \\ \text { teachers }}}{\text { hardw }}$ administrators and faculty members

## $62,208,000$ seconds

 spent in high school by graduation the average student spends 30 dollars a week.
average amount spent on the SATs

$\qquad$
$\$ 45 \times 2$
for two
SAT tests


䒕| The average LHS student gets hours of sleep. on any given day, the average student takes only sees $12 \%$ of their graduating class in classes. labs 180 days of school per year

## 400 minutes spent in

 school each day from 7:45 to 2:25... 2000 minutes spent in school each full week.
## fourty hours of

 required community servicea freshman's backpack weighs 25 pounds.
a senior's backpack weighs 5 pounds.
25,920 miles in the four years that a METCO student travels from Boston to LHS.
 colleges and universities

Even though they were sentenced to twelve years in a hard-labor camp. after 140 days in a North Korean prison, journalists Laura

- Ling and Euna Lee were released, thanks to a visit to Kim Jong-il by former president Bill Clinton.


Becoming the first Hispanic Justice on the Supreme Court, Sonia Sotomayor was confirmed in a 68-31 vote.


Dumping 100 inches of rain on Taiwan, Typhoon Morakot forced about 1 million people to evacuate and caused hundreds of millions of dollars in damage.


At 77, Edward or Ted Kennedy, the Democratic Massachusetts Senator, passes away. Called the "last lion" of the Senate, the youngest Kennedy brother was first elected in 1962.

Jumping onto the stage, Kanye West interupts country singer Taylor - - - Swift during her acceptance speech for best music video at the VMA awards. This went on to be spoofed multiple times and even prompted comparisons after a similar event occured at the Oscars (neither Kanye or Swift were involved here.)


Thaya Psyhojos: Definitely the April Fools joke we pulled in math class. Every time the teacher said "matrix" we would stand up and start acting out the movie, slow motion and everything!

> On Christmas day, Umar Farouk Abdulmutallab attempts

A day after Google claimed that they would no longer censor their search engine in China, some searches continued to be blocked. Google has been having problems in China since the early 2000s. o bomb a plane heading towards Detroit. A day later, Abdulmutallab was charged at the U.S District Court in Eastern Michigan for the attempted destruction of the Northwest Airlines flight.


After much anticipation, the iPad is released, selling more than 300,000 on its first day in stores. Reviews were generally positive and many
 critics found that they completely abandoned their laptops after buying thei

On Minute To Win It, LHS's own Patrick Haverty, David Miller and Gray Pieri had their video shown $\rightarrow$ of them doing the

"Super Coin Challenge." It actually took them 53 minutes.


Killing Poland's president, military, political and church higher-ups, a Russian airplane crashed on the way to a commemoration ceremony for those who were slaughtered in the Katyn forest massacre.


After many long days and nights, the 85 th LHS yearbook is finally sent in. As of today, we have no idea of what is going to happen next. We'd also like to apologize if you are unhappy with what is represented on this timeline.

## 20092010 <br> what a year

Nothing prepared Haiti for the 7.0-magnitude earthquake that hit the capital, Port-au-Prince. At the school, Amnesty raised money for Haiti by selling felt hearts; others sold candy and bracelets to benefit the organizations going to Haiti's aid.

n a surprising turn of events, Scott Brown defeats Martha Coakley in the race for the late Ted Kennedy's senate seat.

With over 7 million viewers, Conan
 O'Brien has his last run as the host of the Tonight Show. This concluded the late night battle between Jay Leno and O'Brien that resulted in Leno's returning to his old 11:30 time slot and O'Brien's leaving NBC.


Iraq's elections to decide on the government once the U.S forces withdraw brings $62 \%$ to the polls regardless of the bombings just days before.

Leo Villari: I'd have to say the whole Sarah Dover thing. She was a girl I met on Chat Roulette and we got to talking. She lives in Oklahoma!

Peter Katsarakes: The dance battle between Ricardo Job-Reese and breakdancer Genesis Lung after school in the cafeteria... Genesis won.




As if the long lectures and tedious tests weren't tiring enough, once in a while you pass a student lugging around a bulky gym bag across the quad and up the stairs. Once the clock strikes 2:25 p.m. however, these students are able to throw away their heavy cargo as they transform into our school's MVP's. These arhleres give one hundred and ten percent to their sports each day, bringing awards and records back to us. To them, being incredible is merely a reflex.


# OVER THE NET ${ }^{\text {atrom }}$ 

In the wide world of sports, there is a difference between a memorable season and a legacy.

The Lexington girls' volleyball season, by the above definition, was a memorable one. A 10-8 record, state tourney berth, and three senior Middlesex League All-Stars - Meaghan Murphy, Emily Wiederhold, and Dominique Serio - all vouch for this conclusion.

Yet the 2009 season was so much more than that. The girls created a legacy - a lasting change in the athletic world independent from winning and losing. Although achievements on the court were in no short supply, they paled in comparison to one event. We all heard about it; its story touched the hearts of thousands statewide, and
filled the gym to capacity one powerful Friday night: The Volley for Molly. The charity event, inspired by Molly Eisenberg, a recent LHS graduate diagnosed with ovarian cancer, was later recognized by the M. Patricia Cronin Foundation with the Ovarian Cancer Awareness Award. Lexington also received the Division 1 Sportsmanship Award, which has since been renamed the Molly E. Eisenberg Sportsmanship Award. "Volleyball teaches you a lot about life," Molly once said. And she was right: focus, selflessness, and teamwork lay the sport's foundation. Most of all, however, volleyball is about never giving up, regardless of the odds. Molly is a testament to that.

| Oreonevt: | Recird: | Wiv/Loss |
| :---: | :---: | :---: |
| Belmont | 3 c 0 | W |
| Andover | 11.3 | L |
| Winchester | 3.0 | W |
| Watertion | 3-0 | W |
| Reading | 3.2 | L |
| Stionetam | 3-2 | W |
| Melrose | $0 \cdot 3$ | L |
| Burlington | 3.2 | w |
| Belmont | 3.1 | w |
| Austin Prep | 3-0 | w |
| Winchaster | $2 \cdot 3$ | L |
| Reading | $1 \cdot 3$ | L |
| Slonetam | 3.0 | w |
| Andover | 0.3 | 1 |
| Melrose | 0.3 | 1 |
| Bualingtor | 3-0 | W |
| North Resaling | 0.3 | l. |
| State Tournament Billerica | 1-3 | 1 |



Do you have a lucky something that you wear/use/do for a game?


Megan Vanderhooft (Soccer): We always sang "You Belong with Me" at some point before the games. It was really fun! We had it on the speakers on the bus most of the time, and we would have it on at practices, too.

< Front: Elizabeth Shum, Dominique Serio, Emily Wiederhold, Meghan Murphy Second: Helen Walsh, Alexis Pion, Mary Rossi, Sheridan Adley Thiro: Christine Barons, Sage Dumont, Danica Davis, Fiona Davies, Anastasia Gamouras, Kara Lakin

< Valuable defender: Forming a platform with her forearms, captain Meghan Murphy bumps the ball to a front row player.
V Nice save: Hitting the ball from back court, Christine Barons makes a tough hit. When bump-set-spike plays were impossible, the next best thing to do was to get the ball over the net quickly.


A Bump It up: Saving the ball from a tough spike, Elizabeth Shum returns the ball. Quick reflexes and perfect form helped the team return hard hits accurately.
<PUSH OFF: With her palms spread and arms outstretched, Anastasia Gamouras prepares to set the ball to a teammate. Gamouras was valued for making the perfect spikes necessary for excellent hits.

## In Memoriam

 celebrating Molly Eisenberg's life through Volley for MollyVolley for Molly was an experience our team will never forget. What started out as a regular game to raise awareness and support the fight against ovarian cancer quickly grew into a full-blown
 event with a DJ, raffles, and a packed gym in honor of Molly Eisenberg. Through this experience our team developed a unique relationship which is difficult to describe in words, but is stronger and more powerful than any other in previous years.
We were amazed by the outstanding support and generosity of the Lexington community and its will to rally together as a town for Molly. It was exciting enough to step on the court, look on the stands, and see current students, alumni, and family lining the gym, but it was even more exciting to know that our former teammate was eagerly watching the game and cheering us on back in California. It takes a rather special person, like Molly, for an entire community to come together. Molly had the ability to make a lasting impression on anyone she met. She lived every day to its fullest and she was truly one of a kind. Our team will always remember her
infectious laughter and enthusiasm

RIP Molly Eisenberg October 23, 2009 We are forever inspired. BIGGER THAN PINK INC.


Brendan Cue (Track): I wear a pair of cut off pajama pants for big races; they are the ugliest
things in the world, but they work! I always do somewhat well with them.
Emily Hu (Volleyball): I have a favorite scrunchie that I always wear. It's black and one of the good kinds, the ones that don't break and keep my hair in place.


# SPLISH 

Once again, the girls swim team had a successful and exciting season in 2009. With twenty-four new swimmers, the team had an amazing year. Despite a loss to league nemesis, Reading, after a close and intense competition, the team pushed through to defeat Winchester for the second year in a row. Through hard work and perseverance, the girls swim team tied for second at the Middlesex League Championships with friendly rival Winchester.

Led by coach Donna Cerrato, and assistant coach Corey Donnato, the team began practices early in the season before school even started. Frequent team dinners and the annual team sleepover also allowed the girls to become more unified. The 49-personed team showed its trademark team spirit by dressing in crazy outfits including 80's day, superheroes, and tourists. Because of the exceptionally large team, it was an ongoing challenge for the captains to keep everything organized. Through devotion and cooperation, captains Kristen Buckley, Emily Lopes, Eve

Lowen, and Hannah Rosen all worked together to plan team dinners, spirit days, and the traditional end of the season banquet.

Along with excellent team spirit and sportsmanship, many swimmers achieved personal bests. Junior Scarlett Hao had an exceptional season qualifying for the State Championships in every possible event: something that hasn't been achieved since Donna Cerrato first began coaching this team. Many amazing races followed Hao's including that of senior Eve Lowen who won the 50 and 100 -yard freestyle at League Meet and the 200-yard freestyle relay team consisting of senior Marissa Pavio, junior Nina Lui, sophomore Liora Mael, and freshman Karen Lin who placed third at Sectionals.

More girls than ever achieved their best times during the season and qualified for either Sectionals or States, which just shows how far the team has come over the years. With the new and continuously improving swimmers on the team, the girls will find success for the next seasons to come.
> Freestyle it: Lifting her head for air, Emily Lowry uses her powerful arms to propel her body forward in the crawl. Out-of-water practices in the weight room strengthened their muscles for optimal performances in the water.


^ Front: Elise Yost, Nicole Turk, Victoria Shaw, Kristen Buckley, Hannah Rosen, Eve Lowen, Emily Lopes, Sojeong Jeong, Sheetal Laad, Marissa Pavio, Tamar Aroyan. Second: Freya Jackson, Catherine Forman, Allison Scott, Fiona Chung, Karen Lin, Caitlin Go, Alisha Pandit, Irina Kovari, Stephanie Wilson, Claire Chang, Caitlin Hughes, Emily Lowry, Emily Roizin, Meghan Shaw Third: Rachel Stone, Scarlett Hao, Alexandra Engelberg, Mackenzie Cyr, Pooja Kumar, Anna Sym, Liora Mael, Kate Duffy, Jenna Grady, Selene Hewes, Emma Robert Fourth: Nina Liu, Hannah Keohane, Helen Zitkovsky, Anika Pandit, Bhavana Vadrevu, Hannah Brown, Colleen Hughes, Maria Ivanenko, Allison Bukys

V Pre-game spirit: Before a meet, the captains gather to pump up the team. Although swimming is a seemingly individual sport, the girls always managed to bring the team
together.

## above and beyond

 want the outcome to be before I go to bed. Sometimes, after I fall asleep, I have my reoccurring dream. In this dream, I swim in the air. There are different variations to my dream, but it always starts out the same way. My dream is an action-packed war. The people I am against always team up on me, and when I end up being the only one left who is alive, somehow I inherit the ability to swim in the air. I just float up into the air, and it is as if I am flying. I swim breaststroke in the air and I never get killed. Although it is terrifying to have all those angry people running around and trying to kill me I always manage to survive. After each time this reoccurring dream has occurred, the story goes a little farther. I just have to wait and hope to see what the outcome of my dream is.| OPPonent: | Record: | Win/Loss |
| :---: | :---: | :---: |
| Boston Latin | 21-71 | w |
| Belmont | 9572 | W |
| Woburn | 5338 | W |
| Wakefield | 86-73 | w |
| Chumsford | 7788 | 1 |
| Stoneham | 5932 | W |
| Wincheste | 9870 | W |
| Reating | 70.98 | L |
| Melrose | 93-69 | W |
| Buringlon | 8379 | W |
| Andower | 72.95 | 1 |

Race to win: Perfectly coordinated, Helen Zitkovsky breathes deeply as she covers the distance. The freestyle races were some of the most intense of the season.

< Go! Pushing off of the starting blocks, the girls use their quick reflexes to give them an edge. Every second counted in close races.


A SEt to SWIm: Just the right position on the starting block is essential for, Freya Jackson and Emma Robert. Everyone had a precise ritual for taking the block and loosening up before the gun went off.
< Power drive: With her arms aiding her momentum, Caitlin Hughes executes a perfect, explosive start. Hitting the water first gave swimmers a competitive advantage

# KICKING AND SCREAMING boys soccer <br> The boys tore 

 teammate Kristian Driscoll. The boys kept their opponents on their toes with unpredictable passes and manuvers.through the Middlesex League, defeating every team and compiling an undefeated record of 17-0-3 to easily capture the league title, yet again. Senior forward Alex Lukez set fire to the defense, knocking in eleven goals while placing second among league leaders in that category. Senior and Captain Jordan Mizerak added ten of his own goals to support a terrific defense led by fellow captain David Levin and goalie Alex Ruocco, whose quick hands in net salvaged wins over nailbiters with rivals Winchester and Reading. Yet it was all simply a warm-up. The State Tournament, an honor for most teams, was to this squad a given. Making their presence known throughout it, however, was what they had truly practiced long hours for.

The Minutemen had a lot going for them when they entered the state tournament. They had the best man for the
job, Bobby Shuttleworth of the New England Revolution, four League-All Stars Mizerak, Lukez, Kyle Petersson, and Jordan Vanderhooft. Word spread and the fanfare grew. Shutout victories over powerhouses St. John's Prep (4-0) and Cambridge Rindge \& Latin (3-0) set up the team for the game everyone knew it would come down to, the game everyone wanted and no one would have any other way: Lexington-Framingham. Seven penalty kicks, two Lukez goals, and a Division 1 North title later, the boys stepped off the field and onto the bus for a victorious ride home.

The season came to an end with an overtime loss to Catholic Memorial. However, given everything the boys had accomplished, the bitter taste of defeat was rather fleeting next to the many wins and high times, which Driscoll summed up in a single word: "BOBBAY!"




## Would you rather be smart or really good at sports?

Elise Yost (Swimming):Smart because when you get older your body will deteriorate, so you won't be as good at sports but your smarts you'll keep forever.

^ Bump up: Using his body to stop the ball, Kristian Driscoll receives a pass. Driscoll was a leader both on and off the field, motivating the entire team to play their best.

V Key defender: Making a sharp turn, defender Peter Schirripa prepares to boot the ball. As the last line of defense, the team could always count on Schirripa as an indestructible wall.


V Back in the game: With the ball raised above his head, David Levin prepares to throw it back into play. The team always made sure to get open in anticipation of Levin's far throws.

< Punt the ball: In midkick, goalie Alexander Ruocco prepares to boot the ball away from the defending end. Ruocco was known for his key saves throughout the season, particularly his saves in the playoffs in penalty kicks in overtime.


## victory is bliss

## Gray Pieri reveals another side of his coach

Manning Field, Lynn, November 13th. Lukez buries his PK into the back of the net; the shot heard'round the world. Everyone in the soccer program, the players, the fans, the parents, and the coaches, had been waiting for this moment for years. We had done the seemingly impossible, beaten Framingham.

The circus on the bus was one to be remembered, for obvious, and surprising reasons. Although it wasn't the players' celebration that really stuck out in my mind, but Coach's. After the driver started cranking some tunes, it became clear to me how much Coach reminds me of Herb Brooks. I'm sure you have all seen "The Miracle." Well, Coach Rudolph was truly sick and tired of hearing about what a great soccer team Framingham has. Coach had seen the team he had worked with day in day out for months fall to Framingham for two years. Finally defeating them seemed to take a huge load of weight off Coach's back. It was like taking the top off of a pressure cooker. He could finally let loose and celebrate a much-deserved victory, and he did exactly that.

I have no idea where he learned those dance moves, but they were entertaining. Watching Coach dance down the aisle, screaming at every player he passed, was like watching a toddler after having way too much sugar...in a good way. But after sitting here and reflecting on this rare occasion of Coach freely expressing his excitement, I came to realize how much coaching means to him.

I have never had a coach who puts so much into what he does. It is not just the wins he is searching for either. I'm sure if Lukez had missed that shot and we had gone on to lose, Coach would still have been extremely proud of us for coming closer then ever before. Coach truly cares about every one of us not only as a player but also a person. And for that I am truly grateful.
< FLIPpING out: After yet another amazing victory, the boys varsity team jogs off the field, with Alexander Herbert leading the way--upside down. Herbert's unexpected gymnastic skills became a post-game ritual with every win.

Jeannie Wooh (Volleyball)- Hmmm... well if you're not smart and keep your grades up, then you can't do sports. So l'd rather be smart and be decent at sports.

Eli Mattingly (Baseball)- I would rather be good at both.


By all accounts, the Lexington girls soccer team's season was one of high times. Toilet-papering their freshman teammates' houses, an intense round-robin volleyball tournament, and a team-bonding trip to New Hampshire could only begin to describe the pastimes these girls shared off the field.

On the field, however, the girls were strictly business. With the loss of nine starting players due to graduation the previous year, many believed this season would be one of "rebuilding", a kind way of saying sub-par in anticipation of things to come in future years.

However, despite its youth and inexperience, the team quickly re-established its place among the league's best by fighting its way to a $12-5-3$ overall record.

Led by senior captains goalie Jill Carlson (with only 19 goals allowed the whole season), sweeper Sammy Woodward, and center mid

Jackie Pounder, the girls played with composure and a never-say-die attitude, making even the most seasoned teams sweat.

The girls set an example of this when dealing with Belmont, a team that had dominated Lexington the past five seasons. The home team fought the Marauders to a tie in their first matchup, then closed the door with a victory the second time around. Other big wins included the girls' denial of Winchester's quest for a perfect season, and a big win over powerhouse Woburn. Annelise Driscoll and Shannon Boudette powered Lexington's offense to a grand total of 45 goals, while Caroline Hammond and Woodward led the defense. Under head coach Frank Pagliuca, the girls made yet another run in the MIAA state tournament, as the gold and blue defeated Framingham $3-2$ before falling to ActonBoxboro.
> Front: Jillian Carlson, Samantha Woodward, Jacqueline Pounder Middle: Aviva Mattingly, Emma Masterson, Jinah Oh, Caroline Hammond, Abigail Hoffman, Corinne Counsell Back: Coach Hartshorn, Catherine Costello, Emily Foley, Shannon Boudett, Grace Kaplan, Nandi Mehta, Annelise Driscoll, Michal Clayton, Caroline Fitzgerald, Coach Pagliuca

> Cut off: As the ball lands at the feet of an opposing player, Michal Clayton attempts to intercept it. Misplaced passes by the other teams were key opportunities for the girls to get the ball.
> FIGHT FOR IT: Charging to the ball before any of her opponents, Abigail Hoffman passes to a teammate. The team always put up a good fight for the ball, winning many close plays.
 eammate. The team always put up

Win/Loss



## What do you think was the biggest challenge for your team this year?



Alex Lieber (Wrestling): Our biggest challenge was that we had a lot of guys who were
new to the sport of wrestling.
> On the defense: Booting the ball out of the defending zone, Samantha Woodward blocks an attempt at goal. Woodward, along with Caroline Hammond led the defense for the girls.
$\checkmark$ Just kick it: Concentrating on the field ahead, Allison Boreiko passes to a teammate. Boreiko made the varsity team her freshman year and as a sophmore she will certainly lead the team in future years.

< Be agressive: Blocking an opponent, Jinah Oh kicks the ball up the field. Oh was one of the most aggressive players on the field and could always be counted on to get to the ball first.
$\checkmark$ Break away: Kicking the ball far in front of her feet, Grace Kaplan breaks away from her defender and charges towards the goal. The girls overpowered by defender after defender as they stormed the goal.


< Defensive save: As an opponent attempts to dribble the ball toward the goal, Annelise Driscoll swipes the ball from her. The defenders saved many goals because of their aggressive plays and overpowering moves.

Andrea Domings (Track): How no one can go out there and be the amazing person to win
it all. The only way to win it all is together as a team. No one should be left out, even if their views differ from those of others.

David Nardella (Lacrosse): The biggest challenge to overcome is the hard work we go through like sprints or any type of lifting, but it does end up helping form a strong, and championship-like team


## trust and determination

Every single player on the field has to work exactly in coordination with every other player on the same team, with smooth, flawless mechanics. If one single player fails to do his duty, the whole team is at risk. Mistakes are very easy to take advantage of, and one blown play can change an entire game. This is why team-bonding and chemistry are much more important in football than any other sport. The players on the field work hard all year round just to prepare for two or three hours of playing, so during that time it's crucial that trust has been built up over the offseason, or those
two to three hours will be miserable. If trust and determination are a part of the picture, however, those two to three hours can be turned from catastrophe to glory and good times.
Looking around at a winning football team is a great feeling. Everyone can truly click and understand each other, because no other sport goes through what football players go through.

V Front: Jeremy Moss, Myles Adley, Michael Dooley, James Simmons Second: Kurtis Blettner, Christopher Coughlin, Dean Coen, Patrick Haverty, Matthew Wentzell, Edward Lehman, Daishawn Beaumont, Matthew Bathon Third: Edward Domings, Kyle Lewis, Davis Emerhi, Andrew Zack, Alfred Lockett, Lee Altman Fourth: Avdeep Sahi, John Giliberto, Wilson Qin, Nathan Moran, David Grainger, Charles Blackett, Henry Herndon, Peter Crampton, Timothy Sheehan, Timothy Lawler Fifth: Keith Young, Kaylin Pina, Derek Embry, John Murphy, Joseph Stocki, Christopher Butler, Ari Eriksson, Matthew Martel, Shane Foley, Freydon Salem, Sung Jung SIXтн: Christopher Wisdom, Osamuyimen Okundaye, Princeten Morelus, Samir Pathan, Max McDaniel, Korey Kajko, Daniel Coste, William Borden, Nicholas Franks, Nicholas Riselli Seventh: Ronald Beaulieu, Jess Levenson, Reginald Murphy, Brendan Jenness, Connor Murray, Reginald Thornton, Nicholas Murray, Noah Hurley, John Sewell Back: Coach Egbert,Coach Unger, Coach Borden, Coach Loturco, Coach Tighe ,Coach Wilson, Coach Ng, Coach McDonough,Coach Kimball, Coach Lemay

> On the move:Runningback Daishawn Beaumont attempts to score a touchdown during a kick return. Beaumont scored a total of seven touchdowns this season.
> Teamwork: After the touchdown, Nicholas Murray holds the football for Jeremy Moss as he attempts to gain an extra point Earning these pointafter touchdown
(PAT)s was a crucial component of the team's success.


## What should our mascot be if it weren't the Minute Man?

Benjamin Osher(Lacrosse): A very nerdy-looking athlete

David Zheng(Tennis): A hippo


< Jump up: Leaping over a member of the opposing team Matthew Wentzell catches a pass from a teammate to score a touchdown.
V Ready to rumble: Running onto the field, the varsity football team gets ready for their big game.

V 2 For 2: Celebrating their victory over Burlington for the Thanksgiving Day game, Andrew Zack, Kurtis Bletner, William Borden crowd around the trophy.


| Opponent: <br> Westford <br> Concord-Cartiste <br> Wakefield <br> Wilmington <br> Melrose <br> Stoneham <br> Woburn <br> Winchester <br> Belmont <br> Reading <br> Burlington |  | WiN/Loss <br> W <br> L <br> W <br> W <br> w <br> W <br> L |
| :---: | :---: | :---: |

Reginald Murphy (Football): A wolf or a coyote because they are the coolest animal
associated with Lexington. They can be seen in the woods around town.
Lucia Berger(Tennis): Something more gender-neutral like a lemur.


# DRIBBLE AND DRIVE <br> "Unity," "InTENSITY", AND <br> role in the transformation, 

"Physical Game". Such were words that topped senior captains Ailish Fitzgerald and Jane Tomic's list of goals for their varsity field hockey squad of 2009 . Though the team retained only six players from the past season, it continually worked to gel as one unit and to play like the team Fitzgerald and Tomic envisioned. They proved this when pitted against rival Reading. In the first matchup between these two, an early season meeting, Reading overwhelmed the home team, leading some to question whether Lexington's status among the league's best the last few years was finally at an end.

However, toward the season's end, the girls met their foes once more, this time fighting their way to a satisfying tie. Hard work and perseverance played no small
as well as in their respectable fourth-place finish in the league.

However, a significant amount of credit was due to Sandy Curt, whose phenomenal career as the girls' coach extends back to 1975. Curt was named Middlesex League Coach of the Year for her ability to turn a young team into a hard-working, successful one. Fitzgerald, Tomic, Charlotte Bromberg, and Nina Riley were also honored, all as Middlesex League All-Stars.

There is an upside to a team overloaded with underclassmen: a bright future. Although the 2009 season was anything but a disappointment, look for the varsity field hockey squad to return to its rightful place atop the Middlesex League in seasons to come.

| Opponevt: | RecorD: | Win/Loss |
| :--- | :--- | :--- |
| Belmont | -0 | W |
| Woburn | $4-0$ | W |
| Wakefield | $0-0$ | W |
| Winchester | 3.0 | W |
| Watertown | $1-3$ | L |
| Reading | $0-1$ | W |
| Stoneham | $4-0$ | W |
| Melrose | $2-2$ | W |
| Burlington | 50 | W |
| Belmont | $0-1$ | W |
| Woburn | $4-1$ | W |
| Wakefield | $4-1$ | W |
| Winchester | $3-0$ | W |
| Watertown | $0-2$ | L |
| Reading | $1-1$ | W |
| Stoneham | $1-0$ | W |
| Melrose |  |  |
| Burlington |  |  |

## How are your practices set up?



Connor Wu (Swimming): We first do 15 minutes of dryland, then we go into the locker rooms and change. After we do a 400 yard warm up, we start our main set. After that, we do a cool down, 200 yards. The captains make the practices.
> Clean sweep: Sweeping the ball, Malou Bromberg passes to a teammate to score a goal. The field hockey team prided themselves in their good team work and many claimed that it could be attributed to their many team-bonding activities.

< Lunge and scoop: Skill in approaching and redirecting a moving ball is Erin Kim's specialty. Successful stick-handling is key for a finesse game.


A Taking a break: After the game, the girls celebrate their victory over the opposing team. Not only were the girls excited by wins, they were also overcome with a sense of relief at having one more success under their belts.
< On guard: Jabbing at the ball Colleen Mullen attempts to make the opposing team lose possession.

## 壶bags and dinners and trips oh my!

Kathyrn Desimone spills on team sp

Kristin Doo (Volleyball): Our practices consist of dynamic stretching, serving, hitting lines,
and other drills.

Jamie Scherzer (Volleyball): We practiced in the field house with the jv and had to share the time on the court. We did drills off the court and played when we had the court.



A Pushing on: Forcing himself to finish strong, captain Lance Claflin focuses on the distance ahead. Claflin's motivation made him a top-notch varsity runner, and a perfect example for the rest of the team
> Great strides: Looking determined, Benjamin Silver makes his way to the finish line. Although some people think running is boring, many runners believe it is the perfect time to think.
> Front: Mikhail Andreev, Matthew Koser, Ian Hankin, Lance Claflin, Benjamin Silver, John Bernstein, Andrew Herring, William McNeil, Alexander Lockwood Middle: Sung Wu, Darrin Lin, Dawit Katz, Matthew Palfreman, Cameron Ulmer, Amanuel Abate, Chandler Gregg, Conor Bloomer, Brendan Williams, Alan Liu, Felix Cancre, Russell Gens, John Foley, Andrew Yang, Benjamin Brown, Noah Coolidge, Myles Penniman, Tim Mock, Anthony Ayala, Luke O'Connor, Samuel Jones, Nathaniel Adams, Felix Chung, Christopher Tiani
> Run to the hills: Pumping his arms for momentum, captain John Bernstein races up a gradually inclining hill. The home course was infamously known for its treacheous hills.



Q:

## What was your team's biggest accomplishment?

$\square$
Eleanor Rask (Lacrosse): Reading is one of our biggest competitors and it was really great when we finally beat them.

Derek Embry (Football): The biggest accomplishment for the football team was improving team unity and helping each other out across class levels.


# ON THE MARK <br> The cross country season <br> Lexington's eight-meet 

| Opronent: | Reconde | Ww/Loss |
| :--- | :--- | :--- |
| Reading | $28-27$ | L |
| Wakefield | $19-40$ | L |
| Watertown | $16-16$ | T |
| Stoneham | $15-49$ | $W$ |
| Melrose | $19-36$ | $W$ |
| Belmont | $23-38$ | $W$ |
| Burlington | $21-38$ | $W$ |
| Woburn | $18-39$ | $W$ |
| Winchester | $24-37$ | $W$ |


could only be described as a runaway train. Slow to start at first, it gradually picked up speed - gaining momentum, gaining confidence - until nothing could stop it.

With a gaping pair of holes left by two departed 2008 all-stars and a slew of injuries that left half the varsity team sidelined one week before the regular season began, the Minutemen appeared vulnerable in the early weeks of September. And, to their misfortune, it was the Reading Rockets, 2008 league champions and Lexington's heated rival, which would step in the way of a staggering Minuteman squad.

Fighting tooth and nail, the Minutemen and the Rockets swapped finisher for finisher, blow-for-blow. The end result was devastating: Reading 27, Lexington 28. The gold and blue had lost by one measly point.

Facing little opposition, the Minutemen walked on and over the rest of the league en route to a respectable 8-1 record, on the backs of what would become an incredibly deep lineup.
winning streak was only the beginning of the league's woes. In the culminating League Meet, a fiercely determined Minuteman squad took vengeance on the Rockets, claiming the League Trophy - and not a small amount of redemption.

With the regular season over, thoughts turned to the postseason: with solid representation at the prestigious Brown Invitational in late October, the Minutemen had for the second year in a row assumed their spot in the state's Top Twenty, at number eleven.

By now, however, eleventh wasn't good enough. The Minutemen had become nothing less than unstoppable, and thus tore through the competition once more with a fifth-place finish at the Eastern Massachusetts Division 1 Meet in Boston. Lexington's top-5 performance allowed them to reach a goal greater than any win over Reading or league title: an appearance in the All-State Meet, the first time for the Minutemen in five years.

A On Your mark: Just after the gunshot, Amanual Abate and the rest of the runners start on their way. The first few times, the gunshot was startling, but after a few races, the sound became a normal occurence.《PRogress Check: Nearing the finish line, Andrew Herring, looks at his watch to gauge his pace. The boys used watches to monitor their own speeds throughout the race.

Sam Jones describes the importance of a tough practice. our meets Coach Babcock gives us workouts to help us improve and get better. Some of our workouts consist of 15 Lorings, which for people who don't know is the steepest hill in all the courses of the league. These workouts push us in every aspect as a runner but all for the good of making us better. After these workouts, we all are extremely tired but completing a workout gives you the sense of accomplishment.

Alexandra Engelberg (Swimming): Our meet against Reading was the biggest moment for us on the swim team. Although we lost, it was the best moral victory because we swam our hardest and had a positive attitude throughout.

# OVER THE MEADOW girls cross country 

More than perhaps any other team, the Lexington girls cross country team knew what it meant to call their sport a lifestyle. Motivation, spirit, and an all-for-one attitude were at the heart of what could only be described as a family.

Led by Coach Lindsay Mosca and captains Mika Maeda and Shereen Salem, the girls walked all over the Middlesex League en route to yet another Middlesex League title and perfect 9-0 season. This effort was spearheaded by League All-Stars Salem and the sophomore duo of Sarah Foster and Stephanie Yost.

After logging many miles over the summer with her team at Foss Running Camp, Foster arrived for the season in
peak condition. She proceeded to have an incredible year, marked by an unbeaten record and narrow victory at the League Meet.

Successful though they were athletically, the girls created a team culture unrivaled anywhere in school. Their visibility during the school day - marked by spirit days such as Zombie Day, Gangster Day, and Super Hero Day - were matched only by their countless teambonding events on weekends, including apple picking, pumpkin carving, and an ice cream sundae party. Through devotion to the sport, and even more so to each other, the girls painted a picture of what a team is all about.
> Ready to race: At the starting line of the JV race, the girls are off to a quick start right as a gun is shot. The JV girls ran impressive races, scoring very close to the varsity
girls.
V Up And over the hill: Heading up Baskin hill, Anna Berman, Diana Hines, and Nikki Cohen prepare to defeat the first hill in the course. At this point in the race, fans stood and cheered for the runners, encouraging them to go run faster.

< Front: Hanah Arnow, Katherine Rutilla, Andrea Domings, Alais Hewes, Mika Maeda, Shereen Salem, Diana Liu, Emma Spero, Sarah Dorfmann, Lucie Camp, Lauren Carter Middle: Abigail Martell, Robin Gross, Sarah Foster, Saaya Maeda, Allison Jakob, Elizabeth Laiher, Tara Patel, Nikki Cohen, Perrine Heymann, Sarah Breintenfeld, Michelle Johnson, Brittany Chen, Christine Leung, Diana Hines Back: Coach Mosca, Julia Brown, Natalie Martell, Stephanie Hom, Rie Maeda, Zoe Miller, Katie Burke, Fiona Evans, Anna Berman, Valerie Morrill, Emma Cococoran, Siffat Islam, Margo Stokes, Kendra Tiani, Allison Lau, Brittany Chen, Krista Swanson, Gwendolyn Claflin, Eleanor Rask,

Stephanie Yost


A Always improving: Running in the varsity race, Sarah Breitenfeld sprints to a strong finish. She reached her personal best for the season after recovering from several injuries in the past year.

Perry Zang (Swimming): The captains always pick a pump-up song for us to listen to. For example, we had the bus driver play "Party in the USA" by Miley Cyrus while lyrics were passed around.

《Taking it in stride: Mid-race,
Perrine Heymann keeps up her pace on the way to the finish line. Setting an appropriate pace was one of the hardest aspects of running cross country.

V Running partners: Always running side by side, Bronwin Stern and Stephanie Hom push it to the finish. Their support for each other and their teammates encouraged the whole team to run harder.

| Opposition: | Record: | Win/Less |
| :---: | :---: | :---: |
| Reading | 19-36 |  |
| (2) Wakztield | 15-50 | W |
| 95 roneham | 22-39 | W |
| 3 i5tonehart vs Wotertuwri | 15-50 | W |
| Melrose | 25-32 | W |
| Belmont | 15-50 | W |
| @Burlington | 26-33 | W |
| @Woburn | 15-50 | W |
| @Winchester | 18-43 | W |


^Top athlete: Motivated to win, Lauren Carter starts the race strong. She consistently scored within the top ten all season, making her a major threat to the opposing team.

A Nearing the finish: Always pushing herself to her limit, Alais Hewes, runs hard for the final stretch of the race. Exceptional times were essential for team victories.
< Finishing strong: Only a few feet away from the end, Diana Hines rushes to finish with an impressive time. Her dedication to the sport inspired the whole team throughout the season.

$\wedge$ Spirited runner: Improving every race, Fiona Evans dashes to finish the race. Her encouragement to everyone really brought up the team's spirit level.


Caitlin Go (Swimming): Before big meets, we did cheers at the end of practice while treading water. It got us hyped up and ready to swim.

Andrew Mazur(Lacrosse): Listening to loud music, especially "Courtesy of the Red White and Blue" by Toby Keith


We practice every day for a few hours, and have two or three matches a week. And as a tradition, we go out to a team dinner after each match. Because there are only eight starting spots on the team, we get to know each other pretty well. A typical day during the season is going to Stone Meadows and
hitting balls during a free block, climbing

| Onfonent: | Record: | Wiv/Loss |
| :---: | :---: | :---: |
| Belmont | 91-28 |  |
| Reading | 42.31 |  |
| Watentown | 52-20 |  |
| Burlington | 38533.5 | w |
| Melrose | 41-31 | w |
| Wakefield | 3695-33 5 | w |
| Winchester | 4321 | w |
| Concard |  |  |
| Woburn | 32.5.395 | L |

A SHORT SHOT: With the pitching wedge in hand, Andrew Walsh follows through on his swing. Seasoned players were adept at matching the distance to the type of club necessary to do the job.
 on the bus after school and heading to a match, and pulling back into the high school at around eight o'clock at night. It's a pretty
short, but very intense season.

> Blue and gold Caddies: While carrying their clubs, Andrew Crocker and Timothy Keegan discuss club selection and strategies for the upcoming hole.


3 Front: Coach Rick Thibeault, Andrew Crocker, Craig Wood Garrett Johnson, Andrew Walsh Back: Trevor Gordon, Brian DelGreco, Charles Cooper, Timothy Keegan, Jason Tzannes, Jeffrey Lang


## What is your favorite cheer?

Bhavana Vadrevu (Swimming): My favorite cheer is the one that goes " $\mathrm{s}-\mathrm{U}-\mathrm{C}-\mathrm{c}-\mathrm{e}-\mathrm{s}-\mathrm{s}$ that is how we spell success." It's fun to say and it gets us pumped up!

Abby Shenker (Frisbee): We always made up our own cheers at the end of the game. It's usually a parody of a good song.

# ON THE GREEN" 

Under captains Garrett Johnson and Craig Wood, the Lexington golf team continued one of the more impressive legacies in this school's esteemed athletic program. In the \#1 and \#2 spots, respectively, Johnson and Wood lost to few opponents in the Middlesex League in leading the Minutemen (9-1) to yet another league crown. Claiming the title was no simple feat. Hardfought victories over the Woburn Tanners (presumed by many heading into the season to be the clear favorites) and Winchester

Sachems highlighted two of the strongest Minuteman showings in years.

Freshman Jeff Lang stepped into huge shoes as the team's \#3 competitor, and seemed to play better as the competition intensified. Though his team didn't perform up to expectations at the state tournament, Lang carved up the state's best in posting a third-place finish and making a name for himself at the regional level for years to come. Senior Andrew Crocker was a tremendous asset for the Minutemen, providing consistency and experience.

< Hole in one: After giving the ball a gentle tap, Garrett Johnson wills the ball into the hole. Hours of practice on the putting green plus intense focus could lead to a birdie or an eagle.

Claire Chang (Swimming): I like "Hey all you Minuteman Fans!"It's my favorite because it
gets stuck in my head easily.
Geneva Kropper (Cheerleading): My favorite cheer to do is "Shoot Two". It goes "Shoot two for a basket - we're gonna win, shoot two for a basket - up-up in."

## OFF THE CUFF

A deep throw goes up， and a Fooligan goes sprinting after the disk．The team was led by Captains Egan Muir， Amrit Kanesa－Thasan，Matt Pronchick，as well as seniors Jacob Pratt and Richard Neal． Under the tutelage of a World Champion coach，Mr．David， the Fooligans went on to win more than their fair share of games．

The season however， was more than any numbers in the win and loss columns． Ultimate Frisbee is regulated by the Spirit of the Game， where every player should make the right choices and be respectful to every other
player．Though the team had some tense moments， the Fooligans upheld this tradition and made every game worthwhile for all parties involved．

The team also spent a lot of time team－bonding on bus rides to and from tournaments which were a couple of hours away．Because there is no division between varsity and junior varsity，and all are welcomed to join，the team became very close，and it was hard to see the season come to an end．The team hopes 2011 will be as good a season as 2010 has been．

V Touch your toes：Before a match，Mr． David instructs his team to warm up and stretch．A recent New York Times article warned against static stretching，but the frisbee team made sure to mix both static and

3 Caught mid－action：Arms open，Gregory Muir waits for the incoming frisbee． Following in his brother＇s （Egan）footsteps，the younger Muir had a bright future ahead as part of the Hucking Fooligans．
＞Put Your hands up： While the rest of the team is in line，Oliver Panak takes his turn at catching the frisbee during this exercise．
V Out for a pass：With the frisbee almost in hand，Zachary Sabin repositions himself to be in the perfect catching position． Often，the frisbee was thrown with perfect precision，making it easier for the team to succeed．


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## founding principles？there is more to frisbee than meets the eye

The founding principle of the sport，The Spirit of The Game，empowers athletes to take responsibility for their conduct．The Spirit of the Game sets Ultimate apart from other competitive team sports．For over 30 years，Ultimate has flourished，reaching a highly competitive level，without the use of referees．In Ultimate，the honor system works． Ultimate players are free to demonstrate the most honorable and the most joyous sides of human nature in sport． It teaches the importance of character，honor，and respect．By actively requiring players to self－officiate，Ultimate encourages personal integrity．The rules of the sport don＇t steer competitors to the dark side．


D WHERE TO PASS?: During a match Matthew Pronchick looks for an open teammate. Once a player has the disc, they must remain in the same spot until they pass it.
> Front: Zachary Gunther, Issac Rosen, Wyatt Sanders, Gregory Muir , Daniel Kim, Jesse Mahler, Prashant Veeragandham, Abigail Shenker, Tamar Austin Second: Aidan O'Connell, Gabriel Meadow, Oliver Panak, Thomas Schattner, Martin Van Mierlo, Coleman
Yeaw, Douglass Luo, Maximilian Gunther, Egan Muir, Robert Ernst, Jackson Yip, Daniel Bernstein, Hao

Shen, Carl Carreiro Back: Aaron
Plosker, Tobin Waters, Zachary
Sabin, Richard Neal ,Patrick Burke, Matthew Davidow, Nathan
Coburn, Jacob Pratt, Keegan
Go, Brandon Nguyen, Matthew Pronchick, Coach David

< Ultimate fun: After a perfect catch, Thomas Schaffner lets the force of the frisbee complete the followthrough.

V SUCCESSFUL CATCHING: During her turn, Tamar Austin manages to easily capture the frisbee. Catching the thin disc was often much harder than people imagined, as it can easily glide straight through one's fingers.

<Kung fu frisbee: Leaping in the air,
Martin Van Mierlo prepares to
seize the frisbee with outstretched
hands as the rest of the team
watches. well and what you did badly and think about ways to improve and then work on them in practice, so you can compete better next time.

Scarlett Hao (Swimming): There's always another race; losing a race isn't the end of the world, and you can race the same race and just make sure you come out with a different ending.

# THROUGH THE HOOP 

## boys basketball

Boys basketball has one of the most impressive legacies in Lexington athletics (as well as Middlesex League athletics, for that matter). Hosting more league titles than nearly any Lexington team to date, the home team must endure tremendous expectations from its fans - who turn out in droves to support the yellow and blue as well as the envy and malice of its powerful Middlesex rivals. This season was no exception, as the Minutemen turned out a highly respectable 14-4 regular season record and yet another invitation to the state tournament.

A 1-point loss to Belmont in the opener seemed to jump-start the Minutemen,
as the home team proceeded to tear through the league on a 9-1 run through the next ten games. Under the leadership of Coach Bob Farias, and with the guidance and athleticism of seniors David Miller, Jeremy Moss, Sam Rookard, Peter Saudek, and James Simmons, the team's tradition of dedication to their sport never failed. The boys piled up hours on the court, often not leaving LHS until well after other sports teams had gone home and the winter sky had gone dark.

This showed in the postseason, as the Minutemen defeated Westford in the first round before falling 75-59 to Lynn English.

RIght On: Going in for a fist pump, Christopher Lee and Demetri Monovoukas keep up their positive attitude after an awesome play. Encouragement goes a long way when keeping up good teamwork.

| Opponent: | Reconer | Win/Loss | Oproverat: | Recuan: | Win/Loss |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Belmont | 61.62 | L | Wakefield | 80-70 | W |
| Woburn | 6251 | W | Winchester | 74.50 | W |
| Wakefield | 57-48 | W | Watertown | 5749 | W |
| Winchester | 44.43 | W | Repaing | 50.55 | $\downarrow$ |
| Windsor, Conn | c0.95 | L | Stanehamt | 583-60 | W |
| Boston College High | 73.68 | w | Melrose | 70-48 | w |
| Watertown | 47-45 | W | Burlington | 76-47 | w |
| Reading | 44.52 | $t$ | Westfors | $104-96$ | W |
| Stoneham | 64.49 | W | Lymr English | 9975 | 1 |
| Melrose | 67.38 | W |  |  |  |
| Burlington | 69.60 | W |  |  |  |
| Belmont | 57.63 | 1 |  |  |  |
| Woburn | 68-64 | W |  |  |  |


_Kaylin Pina describes off season action
The basketball season lasts from
November to February. Almost the day after it ends you have to be independently motivated to keep yourself in shape. You have to have some association with a gym. Some kids go to camp. Constant practice dribbling, mid-range shooting and making post moves near the basket are essential and could affect your making the team.
$>$ Slam dunk: From under the basket, Patrick Burns tips the ball away from an opponent and slams it into the net. As a sophomore on varsity, Burns will surely lead the team in the years to come.


AStuck in a Rut: Working against two Reading opponents, James Simmons keeps the pressure on the hoop. The team shot around tough blocks to score.
>Head in the game: Sprinting towards the sidelines, Matthew Sharma attempts to keep the ball from going out of bounds. Sharma was valued for his relentless hard work.

> EYE ON THE PRIZE: Seeing the perfect opportunity to score points, David Miller gets ready to make a shot. Players had to be quick at making shots to score points.

< Huddle up: During a half-time, the team gathers to rethink their strategy. Basketball requires a lot of strategizing. However, the team's creativity better.

## Michal Clayton (Soccer): Pumped

Lauren Buschini (Volleyball): Exhilarated

Vfront: Lyle Morrison, Sam Rookard, Jeremy Moss, David Miller,Peter Saudek, James Simmons back: Coach Holbrook, Coach Allen, Coach Brinklow Michael Mathis, Christopher O'Keefe, Patrick Burns, Christopher Lee, Matthew Sharma, Demetri Monovukas, Jarrett Boeglin, Miles Penniman, Samuel Morrison, Coach Farias


A Spirited support:
On the sidelines, the Lexington players cheer their teammates on. After working hard on the court, the team worked just as hard to encourage the other players.
< Dribble dribble:
Running down the court, Jeremy Moss flies by his opponent in order to make the perfect shot. Getting the ball in the basket from any position took practice, but luckily, the varsity team was comprised of pros.

Matthew Pronchick (Ultimate Frisbee): Potent
$\sim$ information that only the internet can provide

1. Girls basketball started in 1892 at Smith College. 2. Basketball was originally played with a soccer ball 3. Unicycle basketball and Slamball (baketball played on trampolines) are two of the many variations of the game.
2. The average height of an NBA player is around 6 ft 7 inches.
3. The average height of a women's basketball player is around 5 ft 7 inches.
4. The current tallest NBA player is Yao Ming who is 7 ft 6 inches tall.
7.The WNBA was created in 1996.
5. The most common basketball injury is the ankle sprain.
>Trapped: With Reading players all around her, Kristyn Kajko tries to pass the ball. It was common for the team to find themselves surrounded by players, but they somehow managed to manuever their way out.
> On the look out: With her opponent on the side, Amanda Bouchard aims to throw the ball. Teammates had to make themselves open for passes.

> FRont: Marissa Pavio, Jacqueline
Pounder, Dominique Senio, Alicia DiFronzo, Stephanie Silva вack: Coach Solly, Kristyn Kajko, Amanda Bouchard, Nicole Shalpak, Kelsey Fenn, Julia Drianou, Allie Forlenza, Mackenzie Cyr, Abigail Hoffman, Catherine Costello, Coach Costello


## How do your teammates describe you?



Max McDaniel (Football): Beastly, because I'm a beast!

Alex Chen (Frisbee): I'm a spaz...I can't explain why..

< Aiming high: Seeing an opportunity to score, Jacqueline Pounder takes a shot for the basket. During the year, Pounder showed her strength and dedication to her team. She will be missed next year.

VOn her toes: Swerving around the opponent,
Alicia DiFronzo keeps the ball in Lexington's custody. Practices involved exercises to train the girls to stay alert so they would be able to think and act fast.


## DOUBLE TEAM ${ }^{-1}$

The 2009-Io Girls' basketball team was a youthful group that, despite its inexperience, created a spirited and memorable season through hard work and a sense of team unity.

Under co-captains Jackie Pounder and Dominique Serio and with the support and direction of Coach Steve Solly, the home team's season was highlighted by impressive wins over Burlington and Watertown. These victories

| Opponent | Record: | W/w/Loss | Opponent | Record: | WIN/Loss |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Belmont | 25-45 | $L$ | Wimingtor | 38.50 | 1 |
| Woburn | 21-51 | L | Watourn | 30-49 | 1. |
| Wakefield | 39-43 | L | Wakefield | $30 \cdot 42$ | $L$ |
| Winchester | 55-37 | W | Arlingtar | 36-40 | L |
| Watertown | 42-34 | W | Winchester | $3 \mathrm{P}-52$ | 1 |
| Reading | 38-52 | L | Watertown | $30-53$ | 1 |
| Stoneham | 31-50 | 1. | Reading | 26-60 | $L$ |
| Meirose | 33-57 | L | Staneharm | 38-59 | $L$ |
| Burlington | 47-36 | W | Melrase |  |  |
| Belmont | 30-58 | $L$ | Burlington |  |  |

V Bench mark: Taking a rest, the girls wait for the game to start up again. Half-time was a chance for everyone to grab a quick drink and catch their breath before going back onto the court.

< Starting strong: Before a game,
Catherine Costello gets high-
fives from the team. The team was always encouraging of one another, giving each other support.

Stephanie Wilson (Swimming): A hard worker who is always happy

| Opponent | Records | Win/Loss |
| :---: | :---: | :---: |
| Belmont | 2.5 | L |
| Woburn | 2-5 | L |
| Wakefield | $2 \cdot 2$ | T |
| Winchester | 1-8 | L |
| Wilmington | 1.3 | L |
| HaverHill | 2.1 | W |
| Reading | 1-2 | L |
| Stoneham | 5-2 | W |
| Melrose | 1-0 | W |
| Burlington | 2.5 | L |
| Belmont | $5 \cdot 3$ | W |
| Woburn | 0.4 | 1 |
| Wakefield | 3.2 | w |
| Winchester | 2-1 | W |
| Reading | 2-7 | L |
| Stoneham | $8-1$ | W |
| Melrose | $5 \cdot 2$ | W |
| Burlington | 3.3 | T |
| St.Bernards | 12, | W |
| Dracut | $7 \cdot 2$ | W |
| Billerica | 1-3. | 1 |

VPossesion of the puck: Trying to determine his next move, Matthew Wentzell heads for the open space. Even though there was an opponent watching, Wentzell used his speed to get around the other team.
< One, two, three, shoot!: Taking a shot, David Nardella watches as the puck approaches goal. Shooting at difficult angles made it harder for the opposing goalie to save the shot.

^Ready to win: In a single file line, the team stands at attention for the "Star Spangled Banner." Before the game, the boys were always pumped and ready to give it their
all.

Team huddle: After a win, the team gathers around to congratulate each other before shaking hands with the other team. The boys always met after every game, win or lose.

> Fight for it: Trapped by the corner of the rink, Craig Wood fights against two opponents to win the puck. The boys used their aggression to gain possession.

> Suck shot: Heading towards goal, Edward Lehman avoids multiple defenders and shoots the puck on goal. Accurate shooting skills were the product of excellent handeye coordination with the added element of speed.


## Who is your biggest athletic influence?

Eliza Abdu-Glass (Lacrosse): My brother because I've grown up watching him play sports.

Alexandra Traganos (Volleyball): Michael Phelps because he proved that determination and hard work can get you anywhere in life.


# CHIPPING <br> THE <br> With a largely 

underclassman lineup, the 2009-10 boys hockey season required a fair amount of learning on the job. As such, the Minutemen were something of a sleeper team through the first half of the regular season, claiming only two wins through their first eight games. However, as its players gained experience and as its confidence and team chemistry rose steadily together, Lexington miraculously put its slow start behind. The team proceeded to win six of its last nine games to finish fifth in the Middlesex League with a winning record and qualify for the state tournament.

Senior captains Craig Wood and Charlie Guthrie paced Lexington's offense, and were supported by assistant captains Gene Arciprete, Matt Wentzell, and Greg Cuoco. Coach John Coughlin stuck through the good times and
the bad with his Minutemen, and as a testament to his continued encouragement and his team's incessant desire to win, the home team claimed a thrilling 2-1 victory over league rival and state powerhouse Winchester late in the season - all on the heels of an 8-1 loss to the Sachems only a month earlier.

The Minutemen wrapped up their regular season with dominating performances over non-league competitors St. Bernard's and Dracut before falling 3-1 to Billerica, one of the top teams in Massachusetts.

Despite their early struggles, the Minutemen proved their fighting colors and win-at-all-costs attitude this season. The team's seniors have laid the groundwork for a promising young roster to lead this team deep into the state tournament for many years to come.

| Cody Barbieri explains some of the action on the ice Hockey is the game of multi-tasking and peripherial vision. The longest you can stay on the ice is from 45 seconds to a minute, because it's an on-going game and there aren't that many whistles. You watch your linemates and always change up when they do, but only when the puck is in the offensive zone. The coach is always looking for fresh legs. So, you're involved in your own play, but you have to watch and listen to the coach. He also yells plays to which you may have to react. |
| :---: |



Mackenzie Farrell (Lacrosse): Mine would be Lance Armstrong; I did a bike fundraiser over the summer and I have a lot of respect for anyone who can ride. But what he overcame with cancer and the Tour de France is really inspirational.

Kristin Buckley (Swimming): Muhammad Ali because he encouraged people to respect one another and he showed good sportsmanship.


# IN THE RINK 

The LHS girls ice hockey 2009-10 season was defined by a balance of merciless attack with immovable defense. Under head coach Jay Pelkey, the girls compiled a perfect 16-0 record while tearing through some of the toughest teams in the state.

Indeed, on the offensive side, senior captains Kyleigh Williams and Sammy Woodward teamed with assistant captains Ally Schreiber and Kelly Stratford to lead a confident and deeply talented Lexington squad to more than one blowout victory over their league rivals. The home team lit up Belmont twice during the season with eight- and ten-point performances respectively, as well as having a span of three games in which Lexington racked up an
>Puck Chase: Focusing on the puck, Sara Lehman skates past her defender. Stick handling skills were essential for keeping the puck away from the other team.
incredible twenty-eight total points.

The team was perhaps even stronger on defense. The girls were led by assistant captain and goalie Nina Riley, whose nine goals allowed during the regular season was among the lowest in league history. Riley turned out eleven shutouts and let in more than one goal only once.

After a flawless regular season, the girls advanced to the state tournament, where they cruised to a $2-0$ win over Lincoln-Sudbury before falling to powerhouse ActonBoxborough, 3-0.

Despite the perhaps premature exit, the girls set a tone for future dominance within the Middlesex League in years to come, as well as attracted the state's attention as a formidable team that can never be taken lightly.


V Fakeout: By quickly changing direction of the play, Nicole
Maher hopes to lose her defender. A swift sweep is all it takes to leave an opponent in the powder.


A Zipping br: Dribbling the puck quickly down the ice, Ally Schriber has a clear path thanks to teammate Danielle Delgreco. The girls showed good teamwork throughout the season.
> Side Step, check: Keeping her opponent away from the puck, Samantha Woodward gets a good grip of it before firing it off.



Samuel Jones (Indoor track): One of our goals every season is to beat Reading which which usually means we would be league champions.

V Breakaway：Getting the puck into the offensive zone as quickly as possible，Robin Gross avoids many defenders．Taking advantage of breakaways is key to getting quick shots off．


V Reunited in victory：The girls come together as they score yet another goal and a victory．They maintained their undefeated status，making them Middlesex League Champions．

what is a typical team dinner like？引We usually get take－out，and after we eat we watch a movie or TV；it＇s great to spend time with everyone and just relax and have fun before we have 힝 to go to practice．The food＇s岕 usually really good too！

＜Front：Carolyn Avery，Allyson Schreiber，Kyleigh Williams，Nina Riley， Samantha Woodward，Kelly Stratford， Cristina Digiovanni Back：Coach Stratford，Coach Pelkey，Emily Wilson， Katherine Delgreco，Robin Gross，Sarah Lehman，Nicole Maher，Bridget Everett， Meghan McNabb，Katharine Geldart， Jacqueline Denning，Elise Cormier， Danielle Delgreco，Colleen Mullen， Coach Woodward，Coach Lane

＾Keep－away time：Strategically using the boards as another source of defense for the puck，Kyleigh Williams is able to use it to her advantage when transitioning up．
《 Grab and run：Not leaving any room for her defender，Elise Cormier demonstrates the perfect box－out．Having sharp blades is especially key when performing a quick change in direction．

Kelly Stratford（Hockey）：Our love of Friendly＇s，food in general，watching Friday Night
Lights，wearing our ridiculous team spirits out in public，and dancing to Ridin＇Solo in the
lockeroom．

# RUNNING IN CIRCLES 

Indoor Track could be thought of as the umbrella sport - extending over social and athletic boundaries to bring athletes of all disciplines and talents under one roof: the field house dome, to be precise.

Led by Captains Jordan Mizerak, a 2009 soccer allstar, David Huang, a hurdler, and cross-country runners Andrew Herring and Ben Silver, the members of the 2009-10 boys indoor track team quickly looked past their varying interests in the hopes of achieving greatness.

The senior class carried its share of the load throughout the season. Sprinters Daishawn Beaumont, Jeffrey Lin, Austin Hsieh, and Kevin Eykholt teamed with juniors Thomas Ballenthin, John Daley and Stefon Everett to head a seasoned sprinter class. Sophomore Ronny Beaulieu
and freshman Eric Chew added youth to the squad. Fresh off of an incredibly successful cross-country season, the distance unit was a source of strength and depth for the Minutemen. Seniors John Bernstein and Lance Claflin, juniors Cameron Ulmer and Sam Jones, and sophomore Dawit Katz routinely took care of the opposition in the mile and 2-mile. Freshman Felix Chung and Nathaniel Adams put up many points as well.

In his debut indoor season, senior shot putter Ehsan Syed, with the help of veteran Robert Tarlow, set a high bar for juniors Benjamin Sharma and John Giliberto. The Finch brothers Evan and Daniel were a huge asset in the high jump. Coached by LHS alums and recordholders, juniors Matt Hunter and Christopher Batty formed a lethal 1-2 punch in the hurdles.

3 The last leg: In the final stretch of the race, Stefon Everett and Kevin Eykholt pick up the speed. The Lexington team never failed to deliver strong finishes that brought home the points.

$\wedge$ UPSIDE-DOWN LIMBo: In a display of both agility and athleticism, Jordan Mizerak makes his way over the bar. High jump was only one of the many field events that the team dominated.

| OPPONENT: <br> Watertown <br> Melrose <br> Woburn <br> Burlington <br> Reading <br> Winchester <br> Belmont <br> Wakefield <br> Stoneham | Reconv: 55-31 $70-16$ $43-43$ $51-35$ $31-55$ $57-29$ $66-20$ $75-11$ $72-14$ | WiN/Loss W W W W $W$ $W$ $W$ |
| :---: | :---: | :---: |

## who doesn't love a good statistic

In a single week of practice, distance runners run about the equivalent of running from Lexington to Boston, back, and there again. Around the indoor track, that's 350 laps! That's about four times the number of flights of stairs in the Empire State Building. Sprinters hit speeds of around 19 miles per hour in races. The maximum speed of a squirrel is only twothirds as fast.

^ Heave ho!: Summoning all his power, Benjamin Sharma prepares to heave the shotput. Many specific rules dictated how to put the perfect shot.
> Smooth gliding: The inside lane is the place to be as Daishawn Beaumont leads the 200 meter race. In order to practice their explosive speed, sprinters did many high-intensity repeats.

How would you describe your sport?

## Sheetal Laad (Swimming):

Inspiring. I guess because with my sport, I have been able to meet other people who excell in the sport and who have so much potential, and it has made me want to better myself in swimming.

v Front: Coach Eggleston, Coach Gunha, Robert Tarlow, Austin Hsieh, Andrew Herring, Benjamin Silver, Jordan Mizerak, David Huang, Lance Claflin, John Bernstein, Kevin Eykholt SECOND: Matthew Smoot, Kevin Park, Samuel Jones, Amanuel Abate, Dawit Katz, Conor Bloomer, Daniel Finch, Daniel Kim, Eric Chew, Matthew Hunter Third: Felix Cancre, Kevin Tan, Dinmohamed Abdimomunov, Evan Finch, John Daley, Ryan Woodhouse, Zachary Sabin, David Huang, Timothy Mock, Seong Jae Kim, Alan Liu Fourth: Cameron Ulmer, Nathaniel Adams, Joshua Howe, Mateo Palfreman, Aron Thomas, Christopher Batty, Anthony Ayala, Lanbo Yang, Andrew Yang, Alan Bartels, Jesse Kao, Andie Lee Fifth: Shirho Choi, Cody Ma, Ronald Beaulieu, Skyler Van Arsdell, Princeten Morelus, Douglass Luo, Sean Chan, Stefon Everett, Nicholas Ettlinger, Eric Chiang, Felix Chung, Nicholas Briggs, Christopher Xu Back: Bryan Daley, Ehsan Syed, John Giliberto, Benjamin Sharma


Anna Alexandrou (Swimming): I'll go with intense! Because we practice intensely, compete intensely, and we are all really intensely supportive of each other even if it doesn't involve swimming, we're basically a big family.

Talia Richkin (Soccer): Soccer is awesome! That's because it's fast-paced, and fun competition.


# COOL RUNNINGS girls indoor track 

The girls indoor track team worked as hard as ever this year, investing countless hours and laps into the old and athletepacked circular field house. Outside the sun set early, and temperatures dropped below freezing; most sought the comfort of their heated homes.

As such, the home team had something to be proud of at the conclusion of the winter: another league title, numerous state meetqualifying performances, and many more unforgettable moments, both on and off the track.

Under co-captains Emmy Brosnan, Lindsey Diaz-MacInnis and Shereen Salem and guided by Coach Philip Crosby, the girls indoor track team ran over some of the finest teams in the state to continue a long span of league titles.

This was not always easy: in two meets - against powerhouse rivals Melrose and Reading - the home team
>3-2-1 Handoff: As she approaches a teammate Caroline Hammond prepares to hand off the baton. Relay runners had to have perfect timing and precision when it came to passing the baton along.
found itself dueling for victory in the very last event, the $4 \times 400 \mathrm{~m}$ relay. On the backs of freshman Camila Isern, sophomores Shannon Boudett and Emily Walker, and junior Caroline Hammond, however, both times Lexington came out on top, their streak intact. This foursome, all of whom will return next year, was not content with simply running Middlesex foes into the ground. The group headlined Lexington's strong showing at the state championship, where the relay team finished second in the entire state and qualified for the national championships. Freshman Kristen Fiore made a name for herself at both the league and state level, leading Lexington's distance squad throughout the season and placing tenth at the state meet in the 1,000 meters. Not to be outdone, senior Ally Crooke claimed second in the long jump and third in the 55 -meter hurdles at the meet. Crooke was also named Middlesex League MVP.

$\geqslant$ A team effort: Lexington runners, Kristen Fiore, Jessica Lin, and Emily Walker continue to rally on together as they make another lap around the track. In longer events, running near teammates helped athletes remain motivated.
V Staying strong: Aviva Mattingly and Sophia Psyhojos stay strong as they pace themselves. Not letting exhaustion take over was key during the longer races.



If you could test your skills against any athlete, who would you choose?

Daniel Maffa (Tennis): Roger Federer, because he is the best of all time.
$>$ Super shot: With all of her strength, Kelsey Sym heaves the shotput. Throughout the season, Sym's strength and accuracy made her a valued competitor.

| OPPONENT: | RECORD: | Win/Less |
| :---: | :---: | :---: |
| Belmont | 57-29 | W |
| Wakefield | $63-22$ | W |
| Woburn | 620.74 | W |
| Y/ater towit | 70-16 | W |
| Meirase | 47.39 | W |
| Stoneham | 62.24 | W |
| Reating | 45-41 | W |
| Winchester | 78.8 | W |
| Burlington | 52.34 | W |


^ Raising the bar: Without touching the bar Shannon Boudet clears her jump. For every jump cleared, it would become more difficult as the height was increased inch by inch.

《 Fight to the finish: Lexington runners add a burst of speed as the finish line approaches. The additional sprinting made all the difference in last few feet of each race.

Lizzie Brami describes a unified team
During the season, we're all working for the same goal. In indoor, we're concentrated in the field house, so we definitely feel like a team. We don't have a game sport, but track surely is a team sport. Even though we train individually, we compete for the team. On meet day, everyone cheers for everyone else. We train with the boys team and have team dinners with them as well, which is a lot of fun.
< Come closer: A quick trailing leg is key for Emma Masterson's clearing the hurdle. Hurdlers used their arms effectively to maintain the necessary balance.


A front: Coach Tremaine, Mika Maeda, Sarah Dorfmann, Lily Berger, Emmy Brosnan, Lindsey Diaz-Macinnis, Shereen Salem, Elizabeth Shum, Allyson Crooke, Andrea Domings, Coach Croshy second: Emma Masterson, Elisabeth Brami, Sarah Fishman, Aviva Mattingly, Jinah Oh, Corinne Counsell, Kathryn Rutila, Mary Domings, Emily Wright, Nasreen Salem, Emma Robert third: Alex Traganos, Rachel Wagner, Sophia Psyhojos, Quincy Snellings, Claudia Tate, Emily Walker, Shannon Boudett, Alex Horowitz, Bronwen Stern fourth: Caroline Hammond, Kelsey Sym, Lauren Carter, Nikki Cohen, Sarah Breitenfeld, Shannon McCarthy, Sage Dumont, Susan Jacob, Siffat Islam, Leah Buckley. fifth: Kristen Fiore, Allison Jakob, Saaya Maeda, Hada Yehia, Margo Stokes, Katie Burke, Kendra Tiani, Emma Corcoran, Maya Cherayil, Hanna Atia back: Christine Leung, Allison Lau, Angela Tai, Callia Cummings, Amy Yurkevicz, Jessica Lin, Joanna Wang, Jessica Hong, Jessica Oh, Michelle DeCario, Camila Isern.

Malou Bromberg (Field Hockey): I would say Fatima Moreira De Melo. She is an incredible Dutch field hockey player, and field hockey is my favorite sport, so if I would play with or against her, I think I could learn a lot and I would really just love to meet her!

Christopher Lee (Basketball): Playing against Shaquille O'Neil would be very interesting.
> Bring it Home: During the last stretch of the 100 yard breaststroke, Spencer Daus-Haberle uses the remainder of his power to finish up the race.

Every second of the race was

| OPPONENT: <br> Central Catholic <br> Burfingtor <br> Belmont <br> Reading <br> Winchester <br> Hsvertill <br> Ardover <br> Chelmsford Lowell <br> Lincoln-Sudbury | $\begin{aligned} & \text { RECORD: } \\ & 100.62 \\ & 95.67 \\ & 96.70 \\ & 92.72 .5 \\ & 86 .-77 \\ & 87.75 \\ & 90.72 \\ & 98.85 \\ & 91.77 \\ & 90.95 \\ & 84.99 \end{aligned}$ | Win/Loss $\tilde{\mathbf{W}}$ |
| :---: | :---: | :---: |



V Front: Kevin Lu, David Maestri, Matthew Pronchick, Dickson Lau, Taylor Patch, Michael Lin, Michael Woodbury, Jeffrey Lau, Oliver Zornoza, Perry Zang, Jeffrey Tsang Second: Perry Chen, Connor Wu, Daniel Bernstein, Victor Porras, Brian Jin, John Srour, Connor Zanin, Otto Chipashvili, Martin Van Mierlo, Keegan Go, Daniel Mock Back: Keith Marshall, Matt Deveau, Jonathan Bristow, Andrew Lu, Casey Patch, Daniel Gleyzer, Patrick Burke, Michael McCartin, Michael South, Michael Aster, Spencer Daus-Haberle


$>$ Swimmer-Power: Well-trained muscles help Captain Michael Lin through his race. The team did dry-land training before practice everyday.


What do you do to deal with pressure?
Mary Domings (Soccer): Running makes everything better.

Samuel Eddy (Soccer): I usually just sit in the locker room and stare down at the floor


Benjamin Brown (Cross Country): My teammates help me by encouraging me and making it fun.

Tamar Austin (Frisbee): Meditating clears the mind very well.


# ON THE <br> The Lexington 

Wrestling squads' season could be best summed up by its performance against a single opponent: Brookline. Without former state champion Joey DeCarlo to pull the home team through, the boys struggled to swap blows with Brookline's top athletes. However, egged on by senior captains Patrick Haverty, Jack Foster, and Myles Adley, as well as junior captain Charles Jackan, the Minutemen pulled out a narrow victory largely fueled by these seasoned individuals.

If nothing else, the meet proved just how much work would be necessary for the boys simply to remain competitive in a daunting Middlesex League. As if they sensed this, many underclassmen stepped up to the challenge to accommodate for the departure of DeCarlo and the rest of the strong class of 2009 .

Junior Alexander Lieber turned in numerous clutch performances to help his teammates through narrow wins, including one against cross-town rival Minuteman Vocational High School.

| OPPONENT: | Recoma | W/n/Loss | Opponent: | RECORD: | Win/Lors |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Canton | 23-54 | L | Westfurd Academy | 22-46 | L |
| South Shore | 42-6 | W | Arlington | 22.46 | L |
| Bristol County Agricultural | 39-42 | L | Melrose | 36-28 | W |
| Belmont | 40-32 | W | Malden Catholic | 18-54 | L |
| Woburn | 12.61 | L | Malden | 35-35 | $T$ |
| Wakefield | 34-48 | L | Haverhill | 15-12 | W |
| Winchester | 3-73 | L | Burlington | 21-53 | L |
| Salem | 43-33 | W | Minuteman Tech | 39.37 | W |
| JQHS | 45-33 | W | Brookline | 51-16 | W |
| Wayland | 19-51 | L | Franklin | 0-80 | L |
| Watertown | 48-21 | W | Newton South | 30-36 | L. |
| Reading | 6.66 | L |  |  |  |
| Brookline | 39-3] | W |  |  |  |
| Newton South | $2 \mathrm{c}-46$ | L |  |  |  |
| Greater Lowell | 27.50 | L |  |  |  |
| St. John's Shrewsbury | 15-58 | L |  |  |  |

v Butting Heads: In starting position, Raymond Stebbins goes head to head with his opponent looking for leverage. The first few seconds of the match could make a big difference in scoring early points.


A In command: Trapping his opponent in a head lock, Mitchell Ma takes control. Disabiling a player's motion was one of the quickest ways to get the advantage.

< Game plan: As a match begins, captain Jack Foster forms a strategy for taking down his opponent. Getting control early in the match was crucial for scoring points.


《 Almsot pinned: Forcing his opponent down, captain Arjun Thomke comes close to a pin. The most points were earned from pins, holding the opponents' shoulders on the mat.


C Practice and progress: Preparing for a meet, Jai Bennett and Mitchell Ma attempt to take each other down. Only sophomores, Bennett and Ma worked hard to win key matches.

^ First: Hao Wang, Charles Jackan, Jack Foster, Myles Adley, Patrick Haverty, Andrew Crocker, Arjun Thomke Second: Michael Kenny, Raymond Stebbins, Luke O'Conor, Alexander Lieber, Amit Hirani, Austin King, Vikram Thomke, William Lehman Third: Matthew Mooney, Nikil Srinivasah, Matthew Tambor, Mitchell Ma, Alec Seferian, Alex Mak, Imran Gholizadel Back: Coach Baker, John Berryman, Isaac Rosen,Matthew Mazur, Yaseen Gholizadeh


A Ready to rumble: Before a meet, the team listens to inspirational words from the captains. The captains always managed to get the boys mentally prepared for their matches.

## さextra healthy


A wrestler's diet often varies tremendously from person to person. In wrestling there are weight classes in pounds: 103, $112,119,125,130,135,140,145$ $152,160,171,189,215$, and 285. At the beginning of the season you pick a weight class and before each meet you have to weigh exactly your weight or under--if you are over you don't get to wrestle. Some wrestlers choose to try to cut weight and wrestle at a lower weight class to gain a strength advantage. For these people, it is very important to eat healthy so that they keep their weight down while maintaining strength. My typical diet was a bowl of cereal for breakfast, a turkey sandwich, an apple and some yogurt for lunch, and a salad and some chicken for dinner.


A Getting the advantage: Attempting a pin, Matthew Tambor grapples his opponent. Grappling was used to gain a physical advantage and to escape from vulnerable positions.

## Annelise Driscoll (Soccer):

A good coach is someone who can push you to your limits and make you work hard to have it pay off in the end. But they also have to be friendly and involved with the team and get to know the players rather than just being some random person. A coach also should have good sense of humor but be serious when it is needed and also be someone who is good at pumping the team up.

## READY? OK! cheerleading

With a new coach, new uniforms, and a renewed sense of determination, the Lexington cheerleading squad appeared to have undergone a metamorphosis when it arrived at cheerleading camp during the summer. Under captains Erin Puschak, Elaini Daigle, and Elsa Torres, and with six All-American nominees - Torres, Taylor Wilson, Emily Lloyd, Raina Joseph, Alaina Chin, and Sara Wichlei - the girls were not short on talent by any means. Thus, the awards began pouring in well before the football season even got under way. The Team Spirit Award and the Herkie Award were quick additions to the girls' trophy case, which by now seems to be overflowing.

With two-a-day
> Football Cheerleaders Front: Elaini Dailge, Erin Puschak, ElsaLucia Torres Second: Alaina Chin, Taylor Wilson, Samantha Meadows, Shakira Smith, Catherine Mesiter, Emily Lloyd, Christianna Emerhi Back: Elizabeth Curley, Geneva Kropper, Bridgette Maynard, Marissa Douvas, Leah Kornstein, Sara Wichlei, Amanda Barnes
> Gazing ahead: Intently watching the game, Amanda Barnes pays attention to the action on the field. In order to know which cheer to use, action on the field had to be monitored.
practices, the girls were in tip-top shape when the football season began. New, incredibly difficult pyramids highlighted a long list of never-before seen Lexington stunts. With experienced flyers Elaini Daigle and Samantha Meadows, the girls helped fuel one of the strongest Lexington football seasons in years, both in terms of wins and losses as well as fan support.

Their season continued to pick up even after the football season with a fourth-place showing at the Middlesex League Competition, and reached a climax at the Regional Competition, during which the girls had their best performance in recent memory.



V Go TEAM! Held up by their feet,
Catherine Meister and Elaini Daigle try to stay balanced. Core excerises were imperative for the girls if they wanted to perform such stunts.


## Think it was easy getting all of these answers? Here are some failed questions:

If you could change your name for a sport, what would it be? (along the lines of how Yogi Berra's real name is Lawrence Peter Berra)
American Football to Handball with some kicking
Track to Ultimate Running
Long/mid-distance track to Oh-My-God-How-Many-Laps-Left? Football to Pigbuttball



A Can I get an l? Close to the fans, Samantha Meadows leads her squad in a rousing cheer. Not only was cheerleading a way to express school spirit, the girls also competed in competitions.
© What does that spell? Up in the stands, the basketball cheerleaders applaud the boys on the court. For basketball, the standing space was limited which restricted their repetoire of moves.

## Popor ar oraco Si Nox Mun M1

A Basketball Cheerleaders Front: Elsa-Lucia Torres, Elaini Daigle, Shakira Smith Second: Marissa Douvas, Alaina Chin, Catherine Meister, Denisha Pena, Taylor Wilson, Emily Llyod, Raina Joseph Back: Coach Greene, Geneva Kropper, Amanda Barnes, Shatora Everett-Hannah, Imari Somers, Christiana Emerhi, Sasha Tomlinson, Karlisha McLaren, Leah Kornstein, Emily Curley, Sara Wichlei

If you could play in any location, where would you want to play? (desired response: something like Fenway Park)
In a pool...where else would you swim?
As long as I can throw a Frisbee, I don't care.

Does your jersey number mean anything to you? (desired response: something like "I always am \#9 because the one year I wasn't, we lost every game.")
um...no
Our numbers don't matter, as long as we win.
Our jersey numbers do not matter. It's about our skills.

## ASSIST AND

 ATTACKFrom their first game to their last, the girls lacrosse team brought their "A" game. The senior leadership which included seniors Kyleigh Williams, Soohee Yoon, Ailish Fitzgerald, Jane Tomic, Mackenzie Farrell, Jenna Tobey, Phoebe Tzannes, Emily Edgerly, and Katarina Lutz was clearly in control from the start. Junior Meghan McNabb fit right in with the senior class and greatly contributed to the team's success.

The offense and defense proved to be unstoppable. Before every game, cheers of "kick it attack" could be
heard from the offense and their battle cry was executed as promised, dominating the field with adroit dodges and sneaky moves. Although fast and strong, the offense did not grab all the attention. Not many opposing attackers managed to get through the team's brick wall, lead by Soohee Yoon, Katarina Lutz, and Ailish Fitzgerald.

The girls are looking forward to preparing hard in the off-season so that they're ready to dominate when next spring comes, back with determination and passion for another great year.

Focus: Surveying the field, Katherine Longo prepares to fire the ball to a teammate. Accurate passing was essential for getting the ball quickly up the field.
$\checkmark$ Pass it on: With an opponent close on her tail, Emily Edgerly waits for the perfect moment to throw the ball. The girls learned to perfect their throws under pressure throughout the season.


> Toss it over: Getting ready to toss the ball, Phoebe Tzannes scans the field for an open player. The team's excellent communication helped them to consistently find the open target.


## What do you wish people knew about your sport?

Jordan Blackington (Hockey): I wish people knew more about the mental side of hockey Many people don't realize the intellectual demand hockey requires to see and anticipate every movement by the opponent.


## < No push over:

 Dodging an opposing team member, Kyleigh Williams runs towards the goal. Fast reflexes were a primary characteristic of a star lacrosse player.
< Catch and cradle: Running down the field, Mackenzie Farrell keeps the ball in check. Wondering why none of these pictures show people shoving each other? Girls lacrosse is known for being less violent than boys lacrosse. Only stick on stick violence is allowed.


V Front: Kyleigh Williams, Emily Edgerly, Soohee Yoon, Mackenzie Farrell, Pheobe Tzannes, Micaela Cyr, Jenna Tobey, Ailish Fitzgerald, Jane Tomic, Katarina Lutz Back: Coach Lenahan, Sabrina Gordan, Lindsay Keegan, Alexandra Brown, Emily Gregg, Meghan McNabb, Angela Desmond

< Get A GOAL: Cutting the goal, Alexandra French gets in position to score. Sometimes, the best way to score was to get right up to the goalie, rather than shooting from farther away.
^ Protect the ball: Guarding the ball from being dislodged, senior, Ailish Fitzgerald shows off her good checking skills. Originating in Scotland in 1890, girls lacrosse got its start in the United States at Bryn Mawr College. on the field. Besides playing lacrosse, team dinners were the highlight of the week. From pasta meals to taco night, the girls enjoyed eating in each other's company while preparing for game day. Of course, the girls also displayed great team spirit throughout the hallways, wearing neon colors with their infamous high socks.


Brendan Jenness (Lacrosse): I wish that people wouldn't underestimate lacrosse. Anyone can run back and forth but once you get the ball and start running with it, it all comes down to what you know and if your team works well together.
post game traditions raise team spirit
"After a game, the coach gives out the game ball to whoever played the best that day. Also, in the locker room, there is a huge column that we stick a piece of tape on for every game we play. When we win a game, we write the score on the piece of tape and put it above the whiteboard. So every year, we build this mountain of wins." - Arga Yunus

V Keeping it safe: With the ball securely cradled in the stick, David Nardella charges forward. Tenacity was a valuable skill in the lacrosse
team's players.
v Front: Russell Bollag-Miller, Colby Koefed, David Nardella, Craig Wood, Zachary Abramo, Alfred Lockett Second: Marc Patrick, Steven Gross, Jack Foster, Matsato Tsurumaki, Conor Henry, Eric Blake, Gabriel Orduna Back: Arga Yunus, Andrew Zack, Alexander Henrie, Adam Virgile, Geargin Wilson, Sean Duffy, Matthew Martel, Andrew Mazur, Eric Marcantonio, Robert Darabant, Coach Walsh

> Blowing through: Plowing past a defender, Colby Koefed advances towards the goal. The boys channeled their strength and aggression in order to overcome opponents.


> SECRETARY OF DEFENSE: Carefully watching his opponent, Sean Duffy defends his turf. The team valued the solid defense provided by both Eric Marcantonio and him.

 What do you do when you're not playing your sport?

Myles Adley (Wrestling): School work, hanging out with friends and community service
Nina Riley (Field Hockey): I like to read, listen to music, play video and computer games.

# ROCKING THE CRADLE 

< GooaAaAL!: Celebrating a win, the team runs in to get a congratulatory hug. Still, they all knew the rule...regroup and score again five seconds later.

< I'm open: Waiting for an incoming pass, senior Craig Wood gets into position. The last few seconds of the game were no time to slow down, so the team had to do everything in their power to keep up the energy.


There were many holes in the boys lacrosse team at the end of their spring 2008 season, and not simply in the netting of their goals and lacrosse sticks. No less than seventeen varsity members departed Lexington that summer, leaving an enormous question mark in the Minutemens's future.
Two years later, that question mark was answered.

After a rough 2009 season, the combination of able underclassmen and collective team ability to compete in the crunch time led the Minutemen to a respectable winning record and yet another appearance in the 2010 state tournament.

Such a dramatic turnaround would not have
< Getting ahead: With an opposing teammate on his tail, Zachary Abramo gets ready to launch a pass. Knowing where the other players were was vital to keeping the score in Lexington's favor.

been possible without some superb leadership. Seniors Craig Wood and Andrew Zack stepped into these roles, guiding the athletic lineup through numerous close games, including matches against their heated rival, Burlington's Red Devils. Junior Sean Duffy, the lone 2008 Middlesex League First Team All-Star, supported the seniors, leading the firepowered offense.

The seniors who leave LHS this year have many things of which to be proud. Perhaps their most lasting effect is the way in which they molded a talented but inexperienced roster into a united force to continue the boys' lacrosse legacy.
< In pursuit: A solid stride ahead of his opponent, Alfred Lockett cradles the ball and races down the field. The boys managed to outrun their opponents while maintaining impeccable ball control.

Emily Roizin (Swimming): I like to hang out with friends, go on Facebook,
draw or write.
> On the edge: Poised and ready, Elise Goplerud prepares to stop the ball from going out of bounds. Predetermining the direction of the ball is essential for close points.

V Swinging low: Setting up her racket with the perfect angle, Sarah Macklis bangs a forehand. Opponents often had trouble returning her swift and accurate shots.
 Bystericky focuses on the ball, anticipating placement in the back court. With practice, the team was able to perfect their backhands, securing the advantage.
v Attention!: At practice the girls concentrate on the words of Coach O'Neil and learn how to improve. Paying attention to the coach was one of the crucial components of the team's success.


< Waiting for the return: Standing at the ready, Emily Tso prepares for her opponent's serve. Using teammates as opponents during practice let the girls improve their skills without the anxiety.

## What is your team's best fundraiser? <br> Timothy Keegan (Baseball): Landscaping Day. We spent like six-eight hours going around and helping people with their yards and houses.



## MATCH POINT

The boys tennis team's work ethic was in high gear as it took the courts in mid-March and continued the upbeat momentum set by the 2009 Middlesex League champions. Once again, coach Chris Pugliese in his third season, emphasized the team's being the most in shape team in the league. With that goal in mind, the whole team worked hard through try-outs and many tough running practices. All of their effort paid off in the Middlesex League standings.

Although the whole
team contributed to the wins and fantastic season, a few players stood out. Captain Cameron Ghorbani could be counted on for a guaranteed point whenever he was on the match's roster. Seniors Arjun Thomke, Jeremy Weiser, and Andrew Herrera, along with sophomore Mark Pronchick not only contributed on the court, but also consistently pumped up the whole team throughout the season.

The junior varsity team also showed its might, proving that the Minutemen will stay strong in the future.

V Focus: Keeping his eyes on the ball, co-captain Jeremy Weiser swiftly sends the ball back to his opponent. The level of dedication and effort the team put in during practice was always readily apparent in their victories.

^ Eyes on the ball: With perfect technique, Kyung Jeon hits the ball over the net with a refined backhand. Flawless execution made this team hard to beat.


What are some words of wisdom or praise for the younger students on your team?
Andrew Zach (Lacrosse ): Play every season like it's the most important of your life. In sports since freshman year, we have always talked about how we'll be better next year. Next year comes faster than you would expect, and you have to back up your words pretty soon after you say them. Focus on the present more than the future, and have as much fun as you can. You only get four years of high school sports.


## RUN IT

The Lexington girls 2010 track season proved, if nothing else, the beauty of high school sports. Certain realms of athletics draw no lines between the newcomers and the veterans, and in the world of LHS sports and girls track in particular, a senior and a freshman could share their passion for a pastime.

Such was shown by the Lexington girls distance team this year. Among this especially talented crew were senior Alais Hewes, junior Lauren Carter, sophomores Sarah Foster and Stephanie Yost, and freshmen Saaya Maeda and Robin Gross. Together, these girls dominated the opposition, often sweeping the mile and 2 -mile.

Complementing the distance team was a strong sprinting contingent. Junior Caroline Hammond and sophomore Shannon Boudett, former members of the $20094 \times 400 \mathrm{~m}$ all-state relay team last season, lent their abilities and experience to a freshman class brimming with potential.

Meanwhile, an everimproving field events tandem continued to grow. Behind the arms of senior Lizzy Shum and junior Olivia Cincotta, the throwing game recast itself as one of the most potent aspects of the team. Seniors Shereen Salem and Allyson Crooke, both major components at last year's all-state meet, added to their impressive resumes in the hurdling events.
$>$ One more Lap: With just a few steps until the finish line, Olivia Berger sprints ahead of the others. In track, mere milliseconds could make or break a win.
v Hop, SKIP AND A JUMP: On her way into the sand, Sophia Psyhojos flies through the air. Both the triple jump and long jump originated in the ancient Olympics.


What song best describes your cross country team?



# RUNNING AROUND 

For the boys outdoor track team, last year's record was the one to break. With high expectations and a surplus of potential, the Minutemen embarked on their 2010 quest to return Lexington to the very top.

After an 8-1 campaign in cross country, the distance team knew how to score big. A talented senior class, led by Andrew Herring, John Bernstein, Lance Claflin, and Ben Silver, piled on the points for Lexington in the mile and 2 -mile races. Newcomers Amanual Abate, Felix Chung, and Nat Adams added depth to the lineup.

With the departure of Ricardo Sanon, one of the finest sprinters in New England, the junior duo of

John Daley and Thomas Ballenthin stepped into crucial roles in the 400 m . Senior Daishawn Beaumont took care of the 200 m throughout the season.

The field events were stronger than ever this year. Seasoned throwers Ehsan Syed (shot put and discus) and Myles Adley (javelin) provided consistently strong performances, while junior Evan Finch (high jump) and Beaumont (long jump) leapt to first place finishes for Lexington. Adley teamed with junior Matt Hunter to keep the opposition on its toes in the hurdles.

This is Lexington track, where challenges are met with resiliency, and the odds mean nothing.

## John Bernstein lists reasons why he runs track

I like track because of the kids on the team. There is a lot of diversity of sports-related interests there. There are kids who come from cross country, from soccer and even from football. What's great is that it's a breath of fresh air. During the winter, we do indoor track. It's cold and depressing and you're practicing until it's dark out, but then spring rolls around and it's nice and it gets warmer and warmer so the season gets better and better as the time goes on.
>Leading the pack: Ahead of his opponents, Lance Claflin exerts himself to finish the race strong. Claflin was one of many fast runners that consistently performed at his best.

V Double Teamed: Close in position, Cameron Ulmer and William McNeil stride in front of an opponent. The boys never competed against each other in races, instead focusing on running their own personal bests.

> Power shot: With full force, Ehsan Syed propels the shot forward. It takes a lot of strength to put a ten pound shot, and the boys built the muscle and power throughout the season to do so.
> Aim and fire: Pointing with his left arm, Gregory Cuoco prepares to fire the javelin across the field. Proper technique was particularly important for javelin throwing because of the stress the javalin put on the shoulders.

## What was your

 first year like on a high school sport: what were you expecting and what did you find?Vikram Thomke (Wrestling ): It'll probably be much harder because there will be more competition and the people we are going against will have much more skill and technique than the people we went against in middle school. This is my first year in the high school doing wrestling and the training is much harder.


Alec Seferian (Wrestling, Football and Track ): I was expecting it to be a lot harder. It was a lot more serious and the coaches were a lot more tough on you. People were pretty welcoming. For wrestling I'm looking forward to being able to channel my "teenage angst" through physical activity. Essentially wrestling is just to get in shape. I'm doing track in the spring, so this is a way to prepare for that.

# HEY BATTER BATTER ${ }^{\prime \prime}$ 

Two Division i state championships in a row, countless state playoff berths, and a span of Middlesex League titles so long in the running that the athletic administration has had to create a second banner to hold the honors. And while one of the most successful teams in Lexington athletics continued to enjoy their prestigious status as 2009 Massachusetts' best, the home team prepared for the 2010 season with even more vigor and determination. Too well aware were the girls of a target on the backs of those yellow and blue jerseys, a challenge that said to other teams, "Come try to beat us. We dare you."

Rarely, however, did the opposition succeed. Seniors

Alicia DiFronzo and Alyssa Zahka made sure of this, providing powerful bats in a potent lineup, as well as giving the young team well-needed leadership.

An especially strong underclass filled the hefty shoes left by the storied class of 2009, and seasoned veterans made the newcomers feel welcome by establishing a communal feeling among the girls. Weekly team dinners, surprisingly creative spirit days, and a Special Olympics event largely powered by the girls created a sense of togetherness and unity.

Difronzo stated, and her teammates agreed, "It is truly an honor to be a member of the LHS Varsity Softball team."


Why does your sport appeal to you?

Reginald Murphy (Football and Lacrosse): It keeps me in shape and tests my discipline.

## Katherine and Danielle Delgreco are sisters first and teammates second <br> Katherine:

I like playing alongside my sister. We have always been on the same team for everything, so I've gotten to know how she plays. Although we disagree on some things, we work well together on the field.

## Danielle:

I enjoy playing with my sister and really can't picture it any other way because we have always been on all of the same teams. It has also made things somewhat easier because we know how each other plays.

< Front: Alicia DiFronzo, Meaghan Murphy, Katherine Delgreco, Alyssa Zahka, Erin Reynolds, Stephanie Silva Back: Coach Pagliuca, Stephanie Norris, Joelle Zahka, Katherine Saveriano, Laura McConnel, Elizabeth Rutila, Sarah Heingartener, Natalia Flaster

< V Clutch play! Blocking a diving slide, Alicia DiFronzo gets a clutch out at second. Careless runners found themselves trapped on the base path as DiFronzo obstructed their way. As a batter, DiFronzo was an all star, helping her team gain victory after victory.


A Swing, batter batter: In anticipation, Stephanie Silva watches the ball as it leaves the pitcher's hand. The girls were so successful at the batter's box due to long hours of practices in the batting cages.
< MASTER AT WORK: As the girls work defensively, Coach Pagliuca studies the field and strategizes for the innings to come. A deliberate game plan helped the girls stay organized and focused.

Steven Gross (Ice Hockey): I love to compete and get into something else other than school work. Having a passion for sports makes my life feel like I am living for something. It can take my mind off of problems in my personal life and just lets me think about having fun and enjoying myself.

## RUN

The boys varsity baseball team set very high standards for themselves and thanks to strong playing, great coaching, and undeniable chemistry, those chances were met.

The team had a stellar season, placing high in the Middlesex League, as well as earning a state tournament bid. Many of last season's key players were back, including league All-Stars William Marcal, Matthew Wentzell, and Christopher Shaw. The pitching staff was anchored by Co-captain aces Marcal and Wentzell, both of whom could be counted on time and time again to come through for Lexington.

The pitchers had a solid defense behind them all year, including memorable

## AND

diving catches by Charlie Speer. The middle infield was covered by shortstop Demetri Monovoukas who turned double play after double play all season.

Lexington had a high powered offense as well, with co-captain Thomas McKenna setting the table for Marcal, Shaw, Scoop Ruxin and Monovoukas to drive in runs in the heart of the order. Shaw provided ample power for Lexington, belting out home runs. Lexington's offense had a "never-say-die" attitude that produced some incredible comebacks.

As for next season, the young talent will undoubtedly continue the legacy that the boys left behind as athletes, leaders, and teammates.

2 LEAPING TO ACTION: With his glove out and ready, Demetri Monovoukas leaps into the air to get the out at second base. The boys had many clutch plays due to their accurate throws

^ Caught in the act: As a runner advances, Matthew Wentzell propels the ball towards the plate. After the pitch, catcher Ruxin would often fire the ball to second to catch the runner.
> PLAYing toss: Before a game, Christopher Shaw warms up his arm. With multiple games per week, it was vital to warm up in order to prevent injury.


$\mathrm{Q}:$
Tamar Aroyan (Swimming): Toga Day with full-face paint in blue and gold. It was my first team spirit freshman year.

Going To The Pros
scenes from a luxury box at a Red Sox Game by Alexandra Papatsoris:
"It's a big glass room looking at a bird's eye view on the field. Inside the room are a TV, a computer (I usually check my Facebook while they are switching innings), and food too (a waiter comes in and takes your order.) If it's raining outside, you can watch the game on a wall-sized TV instead. If it's not raining, you can walk out into the stands. It's first row in the balcony and we're about two boxes away from the owner and manager's box. It's a glamorous experience! They also have Red Sox memorabilia in there that you can take home."

< Batter up! Using perfect form, Monovoukas slices the ball to the outfield. The team's impressive batting led to long rallies and consecutive, well placed hits.

< AIm And FIRE: Hurling the ball towards the plate, Demetri Monovoukas strikes out the batter as an opposing player attempts to steal. The ball was often thrown to second to prevent the advancement of runners.

Alexandra Traganos (Lacrosse): When we dressed up as the Incredibles

Christopher O'Keefe (Basketball): We don't do team spirit. It's forbidden. It isn't professional.




Clusters of possers dor thesestrool walls with witty pierures and skilled drawings. An entire sehool ein be defined by its activities ;ilone, and the nearly one hundred shoekingly diverse clobs identify Lexington High School. Our pursuits are revoluctonary, whether it's the Math Team garmering international prestige or Friday Night live drawing student talent for superb comedy producrions. These clubs are formed out of our interests. Prople join with asal, because that's what ihis scheol runs on: passion. From the elastic Drama Club to the eceentric Seinfiedd Appreciation Cllib, inspirahom abounds. We prove that there existsa life outside of academies. Ir's called recreation.

## Soloists

$\pi$
When Samantha Woodwood sang "Love Like This," it was nervewracking both trying out for the solo in front of all of Euphoria and then performing in front of the audience. She said, "It was a crazy feeling when I stepped up to the mic and heard my voice standing out from the background."


A member of Mixed
Nuts, Thomas Moriarty said, "There is nothing like standing up there on stage and singing. The pressure from yourself along with the support of your group pushes you to perform with a power and security that you wouldn't be able to otherwise.'
> Glee: Dressed in holiday attire, Louisa Kane, Sarah Breitenfeld, Karen Freeberg, Jessica Lin, and Michelle Batho celebrate the season with an arrangement of "Winter Song." Freeberg said, "Euphoria was a big part of my high school experience and I'm grateful that I was a part of it."



A Let's rock: With Samuel Goldie, > ON PITCH: With Christopher Gens, Andrew Navia, Chandler Gregg, and Herman Luther singing in the background, Peter Colombo solos "Human." Rock Paper Scissors opened Fall Jam with their version of "Stacy's Mom."

Alexander Sheena, Kyle Ma, Luke Johnson, and William Kung backing him up, Michael Chang puts his own spin on Kings of Leon's "Use Somebody." Pitchpipes entertained the audience with their talent, charm, and energy.

## What is the most memorable number you've ever performed?

 zombies. Then we ran out and started singing the song and doing the epic "Thriller" dance.
# They're Jammin' <br> The silence was 


broken when someone played the pitch pipe and cued the starting note. Then, after counting off, the groups began their songs.

Students who loved to sing, make music and simply spent time together were able to do so in the a cappella program. The groups included Euphoria, Guacamole, Mixed Nuts, Onomatopoeia, Pitchpipes, and Rock Paper Scissors. The groups performed their a cappella numbers in jams and other events, inside and outside of school.

A cappella took more than singing the right notes and creating harmony. Groups had to arrange songs, which could be both difficult and timeconsuming. Although it involved matching the
arrangement to the solo and creating new parts of the song, putting in the time to do it all paid off in the end.

The bond created between the groups and within each group was rewarding as well. "Those moments during Jam when you look at each member of your group and you can feel their excitement and energy are my favorites. It forms a special connection
 between you and your group," said Lauren Jackson. Adrian Tanner added that "you get to meet people of all skill levels and musical backgrounds."

At performances, everyone sang passionately but all in different ways and in their own style. The members in each group blended their voices together to create all-vocal music.

< Tra-LA-LA: Brightening up the auditorium with their colorful outfits, Isabel Evans, Sarah Pachter, and Rachael Seaward perform "Alone." Even though Onomatopoeia was the newest all-female a cappella group, it became a phenomenal group over the years.
< Mix it up: Together on stage at Fall Jam, Jackson Thea, Debbie Liebeskind, Jeremy Swack, Olivia Rosenfield, and Mia Karnofsky sing "Crash Into Me." Mixed Nuts, the oldest and only co-ed group, also peformed at A Cappella in 'Da House.

Bethany Cohen: The most memorable song I've ever performed with Onomatopoeia was "Alone," soloed by
Sarah Pachter because everyone really enjoyed it and we completely pulled it off!
Beejul Khatri: Singing Kings of Leon's "Use Somebody" was an awesome experience. It was the Pitchpipes'first song of the year, as well as my first Pitchpipes arrangement that was sung. The crowd's reaction to our performance really set the stage for a great year.

# Making <br> With a diverse student body, 

 there it's no surprise that there was a wide range of clubs. There were plenty of outreach and international clubs, all with a common goal: striving for change.Amnesty International worked towards protecting human rights through protests, letter-writing and events. The funds raised through Jamnesty and the benefit dinner in the fall went towards building a school in Kenya through the Brick by Brick organization. Similarly, the National Honor Society was geared towards helping others. NHS brought students together through a wide range of community service projects in Lexington and around the Boston area.

Each club held events in order to raise money for its cause. Adopt-ASoldier sold carnations for Valentine's

Day and used the money to send care packages to soldiers overseas. Blue Kitabu held Open Mic Night to raise money for a school in Ghana. LHS Feeds Africa raised money for a school in Botswana. The students there then donated the money to local farmers to support local farming economies.

The Central American Service Trip Club went to Costa Rica and worked at an organization called 02 For Life. They helped out at an elementary school and built a sapling nursery to help with reforestation. Adam Kane added that besides community service, "we hiked, swam, snorkled, kayaked, and participated in biological research studies."

Each outreach club had its own individual goals, but in the end, the students were all driven by their desire to help others.
> Delegates debate: Representing Russia, Leyla Omeragic acts as an ambassador and debates current issues on foreign policies. Model UN often focused on current affairs issues that were being discussed in the United Nations, improving students' communication, conflict resolution, and public speaking skills.
> Popcorn: In preparation for the Methodist Weekday School's annual magic show, Sophia Psyhojos, Allison Moloney and Sophie Harari fill boxes of popcorn for kids to enjoy during the show. The magic show was one of the many events to which NHS members donated their services.

$>$ Singin' solo: Performing at G.W.A.C.'s band night, Ayan Sanyal blows away the audience with his guitar and vocals. The event earned money for an additional bike rack on campus.


## What do you like about helping people?

v Write for rights: Working together, Hiba Dhanani and Gabriela Goszczynska write a letter for unfairly imprisoned social justice advocates. Amnesty's Global Write-a-thon was the largest letter writing event in the world.

V Bracelet campaign: Before the showing of "Invisible Children," Seongcheol Kim sells bracelets.
They were made by those in Uganda, and the profits went towards putting children in school.

<Abracadabra: During French Club's Cabaret Annie Kuzmaul assists Wally Naiper with a card trick. He was one of the many performers at Cabaret, which raised money for Haiti.
<Trinkets: At Food for Thought, Susan Jacob browses through a selection of jewelry. Amnesty's benefit dinner featured guest speaker Jonathan White and successfully helped fund the construction of a school in Kenya.

<TAB: As members of the National Honor Society and the Teen Advisory Board at Cary Memorial Library, Angela Tai and Sheetal Laad attend the sushi demonstration. TAB met once a month to organize a variety of events, including Open Mic Night and Senior Tech Seminars.

## Acts of Kindness

Most Meaningful Community Service


Neha Sandeep: I helped out at Kidstown, a day care at Grace Chapel. The kids were adorable and really fun to be with.

Julia Lehmann: After Hurricane Katrina, my family and I loaded our car up with food and goods. We drove to the city where people were loading these giant trucks that were driving straight to New Orleans. It was incredible how even the poor from the streets were donating to those affected by the hurricane.

Michelle Han: The best thing about helping people is just knowing that l'm using the resources and opportunities that l've been blessed with to fulfill someone else's need.

Richard Oliveira Seons: I love seeing their smiles. I get such a great feeling from making others feel good. Watching the kids from Costa Rica smile is something I will never forget.


## What a Pair

$\square$Through Best Buddies, Juliet Eyraud created a great bond with Lindsey Burke. She described visiting her during school as "a time for both of us to forget about the stresses of life and just enjoy each other's company."

$n$Together for three years, Alyssa Kendall had many memories with her buddy Jesse Daffner. Kendall said, "We developed a special friendship in which we have trust between us. Every time I saw Jesse, I was greeted with a huge high five, and I know that these simple moments can make us smile.

ARD MAKING: With an assortment of art supplies, Chandler Gregg and Jonathan

Bowman create cards for the winter holidays. Best Buddies events gave LHS and LABBB students a chance to spend time with one another and other buddies.
>Bowling: During a Best Buddies event, Melanie Allen enjoys a game of bowling. At the end of the year, Best Buddies also hosted a Special

Olympics, which provided fitness in a fun and exciting way.

$>$ Sweet treat: Choosing toppings carefully, Jessica FonsecaMoreira and Kelly Moran decorate cookies with colorful sprinkles at the Holiday Party. Students and their buddies formed closer relationships through weekend hangouts.

Vwareness: At lunch James Nadworny and Kathryn Needham gather signatures to "Spread the Word to End the R-Word." Students in Best Buddies helped to promote acceptance for people with intellectual disabilities.


## What is the most fun thing you've ever done with your buddy?



Rachel Goldberg: Joe and I have both added something special to each other's high school experience. One of the best memories that we have together is going to Blue Man Group for Joe's birthday. We have also taken many trips to the movies, and have had great times at the dances that Best Buddies hosts. Even though we are both graduating this year, I'm sure that we will continue to keep in touch.

# Friends Forever <br> Best Buddies was a 


collaboration of the LABBB program and high school kids. Led by Ms. Paula Rizzo and Ms. Robin Strizhak, the program consisted of fundraisers and events that gave special needs students a chance to make connections and friendships with the rest of the school. Jessica FonsecaMoreira said, "Every successful match changes both the LABBB and LHS students' lives."

At least one event, like bowling or Bingo was typically held every month. Other events hosted this year included: Halloween parties and Christmas parties, as well as a 2 K 'Thanksgiving Gobbler'. The 'Thanksgiving Gobbler' was a walk to raise money for Best Buddies Massachusetts, an organization
that supported the network in towns throughout the state. High school students who joined Best Buddies signed up to either be a 'Best Buddy' or an 'Associate Buddy.' Best Buddies spent time with their buddy a few times per week, doing various activities like lunch or fun weekend outings. Students with a busy schedule were also given a chance to be involved by attending events intermittently as an associate buddy. Whichever way, the program was praised highly. After being matched up with her buddy at Special Olympics her freshman year, Kathryn Needham joined the club the following year because "I had enjoyed that experience so much, and wanted to get to know James, and other LABBB students on a more personal level," she said.


SJust dance: With a carefree spirit, Ava Perry and Katherine Lopes dance at the Valentine's Day dance. Best Buddies also held a Halloween Dance where LABBB and LHS students celebrated in vibrant costumes.

A Bingo!: At a Bingo event, Matthew Allen, Jaclyn O'Leary, Alicia Russo, and Stephanie Hom relax and enjoy each others' company. The Lexington Best Buddies chapter became one of the largest in Massachusetts, reflecting the program's strength and success over the years.

## Who We Are

Lexington was known for its commitment to diversity, and this was displayed best in its multifarious high school student body. Whether students were brought together by identity, culture, or religion, it was clear that they represented not only the community's diverse make up, but also its tolerance for difference.

The Gay-Straight Alliance (GSA) embraced and advocated acceptance of all students, regardless of their orientation. "GSA was just a really cool club and a place to feel safe or supported. It was also a place to make a ton of really great new friends. Meetings were either serious or hilarious and I never knew what to expect," said Alison Tippett. The GSA sponsored various events throughout the year, including National Coming Out Day, the well-known Halloween dance, and the National Day of Silence. Although some occasions weren't as carefree as students dancing in playful or unusual costumes, the GSA had a higher purpose: helping each other find
themselves.
Other clubs reflected the school's unique ethnic composition. The French Club, Armenian Club, International Club, Asian Club, and Italian Cineforum Club united students with culture and language, introducing the members to foods, movies, and traditions from the delegated country. "The best thing about International Club was learning about new cultures through fun activities. We got to talk to different people with several backgrounds and learn about their origins and traditions," said Otavio Igreja.

Every year, events such as Cabaret and Asian Night drew in students from all around, offering dinner and a show. On the other hand, students in the Muslim Student Association, Jewish Student Union, and the Christian Club formed a more spiritual connection through their strong sense of faith. There was a club for everyone, no matter who they were.

> > Dance II STYLE: Dressed in their costumes, students Morgan McCulloch, Reginald Murphy, Micaela Godfrey, Kali YomotaKurland, and Kathleen O'Connor are ready to let loose and dance the night away at the GSA Halloween Dance. The event was an annual fundraiser for the GSA and welcomed all who wanted to dance with anyone and everyone.


## How is diversity important to you?



Alice Pandraud: Not only does LHS offers a multitude of clubs for every grade but also the LHS students pursue their own ideas to form more culturally-centered clubs or join other existing ones. LHS students set their differences aside to just create a more unified and powerful community.

V Rock to the beat: Enjoying the music, Charlotte Ames and Grace Bongovi show off their dance moves. The Halloween costumes added an extra layer of fun to the dance.

V Ммм... delcious: Getting in touch
with their Jewish heritage, Liran Weizman and Orr-El Weizman whip up hummus, a tasty afternoon treat. Liran said, "It's nice to be around people of the same beliefs."

<Perplexed?: Working together on the Curragh of Kildare, Alison Marqusee, Vinson Liu, Elizabeth Kuszmaul, and Kristin Hsieh decode Irish and English grammar. The members of NACLO, the Linguistics Club, enjoyed solving language puzzles.

<L'chaim: An after school snack was always appreciated by Sophie Kwass, and Jennie Goldberg at a JSU meeting. Religion brought students together, helping them form a special bond.
<MAIs oul!: At a French Club meeting, Otavio Igreja and Amy Patterson listen to another member speak about the French culture. Each meeting, they focused on a different aspect of France through its movies and food.

Jamie Kishimoto: Life would be so boring without diversity. If our culture wasn't diverse it would be like trying to make a vegetable soup using only celery. We are very lucky to live in such a diverse culture. In the US, you can find a person of almost every nationality. Each person and each culture adds their own flavor.

Marcos Igreja: Diversity is important to me because throughout my life I have lived in several different countries (Portugal, Mexico, Brazil, France, Algeria and now the U.S). It is important to learn about cultural diversity in order to be a good and effective global leader.

## 10 Words or Fewer

Summing up Parade Band
Shannon Woods: A time to bond with friends over lovely uniforms.

Hannah Shin: Awesome uniforms.
Good exercise. Delicious pancakes. Yum!! ^.^
>Soulful sax: Tenor saxophonists Helen Rich and Vincent Van Mierlo play the head, which is better known as the melody. Van Mierlo has been playing saxophone for 10 years, which has exposed him to a wide range of talented musicians.


V Jazz it up: Trombone player Jacob Paulson has been playing jazz for two years. Paulson "loved that there was always more to learn" when it came to jazz.

> Got rhythm?: Members of the Jazz Combo, Nicholas Singer, Nathan Tarrh, David Fink, Spencer Gurley-Green, and Ayan Sanyal perform with Dave Pietro, a famous saxophonist. Jazz students also performed with Lew Soloff, a Grammy-winning trumpet player at a Big Band Concert.

V Low Pitch: Doing improv, Isaac Levien plucks the strings of his bass. Jazz was the most influential part of LHS for him, giving him goals to set, and creating a community which he could be a part.

> On Key: With flurrying fingers, Jeffrey Wu plays the piano at a jazz concert. Wu said,
"The teachers are brilliant and create an environment where we're really just free to create. By being role models and showing their love for the arts, they inspire us to do the same."


How has being involved with the music department affected you?

:
Nick Singer: I attribute most of how l've matured as a musician to Lexington's music program, with its great performance opportunities and jazz curriculum. Not only has the high school's music department turned me into a better musician, it has also provided a sense of community in which I always felt welcome, no matter the circumstance.

V Minutemen: On Veterans Day, Yizhou Xu , Andy Lee, and Timothy Mock play "God Bless America" on the Battlegreen. They also played other patriotic classics like "The Star-Spangled Banner" to commemorate war veterans.

76 Trombones

Among the diverse and talented instrumental groups, two that really struck a chord were Jazz and Parade Band. Jazz provided an exclusive opportunity to "celebrate a unique and underrated part of American culture," said Ayan Sanyal, a Jazz guitarist for over seven years. Under Mr. Ken Gable's direction, students fell in love with Jazz and the accompanying experiences. "The musicians in the Jazz Combo have been studying and playing together, in some cases, since sixth grade. That's a lot of ups and downs, memories and experiences we've had together," added Sanyal.

Caleb MacKenzieMarguiles said, "You get to perform at festivals and learn about different styles and composers." Jazz Band

performed at Jazz and Swing Night, and other festivals. The walls of plaques that hung in the band room proved its far-reaching effects. It took top honors in New York, with awards such as "Best Trumpet Section" and citations for "Outstanding Solos." Parade Band's unified sound was a result of its insynch coordinated effort. Parade Band gave students the chance to take part in old town rituals such as the Veterans Day parade. The intricate uniforms and bright instruments captured the attention of young onlookers who were inspired by the band's talent. Whether it was Jazz or Parade Band, the gifted musicians that make up the Lexington High School music department left us begging, "Please Don't Stop the Music."

^ Golo \& blue: After marching to the Green, Danielle Martin and Caleb Mackenzie-Margulies play a prelude to the speeches made by various veterans. The event not only provided an opportunity to play music, but also a chance to learn Lexington's history.
<Patriotic: Out in the cold, Joshua Howe, David Huang, and Brittany Joyce wait for the parade to begin. Even though they got out of bed early, they smiled graciously and looked forward to honoring the veterans.

Benjamin Goulet: Its biggest effect on me has been all the friends I've made through music that I probably would never have met otherwise.

Matthew Cheng: Jazz not only gave me the opportunity to express myself musically to others, but it also gave me an identity, something that I could take pride in, something that people would know me by.

## Behind the Scenes

As the performing arts department's largest collaboration of the year, The Producers involved the efforts of an ensemble of people working hard behind the scenes. For months, the tech crew, armed with power tools and paint brushes, built sets and constructed backdrops for this extravagant production.

However, their job didn't end once the performers took the stage. As the stars of the show entertained the audience, the tech crew had to have the timing of the curtain drops and scene changes precisely correct. They also had to ensure that every prop was in its correct location, in addition to managing both the lights and the cantankerous microphones. The timing of every special effect, from the rainbow lights to the sound effects, had to be perfectly executed to complement the work of the performers.

From their front-row seats just underneath the stage, pit orchestra members had to
keep themselves from being distracted by the antics of the actors and actresses.

Musical director Mr. Jeffrey Leonard helped by conducting the two-hour show, keeping the singers and musicians in time. Additionally he worked with the orchestra in rehearsals before combining with the actors to ensure the preparation of everyone involved. Given the daunting task of accompanying the performers without overpowering them, the pit orchestra worked hard to provide a musical backdrop without stealing attention away from the stage.

Other large contributors to the visual effects were the costume designers. They constructed every outfit to add to the magic onstage. Costumes had to be quickly put together during fast costume changes. The combined effort of the costume designers, tech crew, and pit orchestra was crucial to the success of the musical production.

> Pay attention: As freshman techies, Yennie Mok and Matthew Lee listen to another Tech member. The younger tech crew gained experience by working with the older members.


3 In the pit: Under the direction of Mr. Jeffrey Leonard, pit members prepare for the upcoming shows. Jeffrey Lin said, "Pit requires the fundamentals learned in a band or orchestra, but takes place in a more difficult
atmosphere."


## What is your favorite part about working on a school production?

V Lighthearted: At dress rehearsal, Marika Psyhojos and Jeremy Weiser share a laugh between scenes. Although rehearsals were time-consuming, the company of other pit members made them enjoyable.

< Break time: Relaxing behind the scenes, Nancy Chomitz and Gregory Chun discuss the highlights of the musical. The tech crew worked hard and enjoyed spending time with one another.

< Perfect notes: Pit members Caleb MackenzieMargulies, Allison Scott, and Jacob Paulson focus attentively on their music. Because the rehearsals were fastpaced, concentration was key.

COn SEt: With the set almost complete, Matthew Rudman and Stephanie Kukolich perfect the details. The tech crew had to be ready to fix any problems with the props.
<Let's rehearse: Accompanied on the piano, Sophia Bernitz, Carina Belvin, and Elizabeth White practice their pit music. White said, "I loved being able to play such a different style of music from what I'm used to playing."

Evan Finch: Playing in the pit required a whole new level of professionalism because music had to be learned and choreographed with what's on stage in such a short amount of time. There's nothing that can compare to the joy and excitement that is produced while playing (or laughing too hard to play) in such a great production.

Andrew Villanueva: In pit we were always pushed to our limits, but it was worth it because we could remember the collective experience to which each one of us contributed.


V Bialystock and bloom?: Fulfulling her job as a receptionist, Rachel Iba calls for donations while the grannies, Camille Briskin, Julia Harden, and Kate Mauaran, sing along behind her.
$>$ Planning the flop: While scheming with James Swanson, Jeremy

Brick accidently touches Swanson's blue blankie, sending him into a frenzy. With the help of a glass of water, Brick was able to calm Swanson down so they could continue to plan.

> Der guten tag hop-clop: The crazy ex-Nazi Fräulein Liebkind, Lucia Ferguson threatens Bialystock and Bloom, who sang Adolf Hitler's favorite song with her. Her dance moves and obsession with her pet pigeons caused an uproar of laughter in the audience.

## Getting Ready

Before going on stage, cast members did their make up and hair. 1: Zoe Stephens-North 2: Charlotte Cramer, Jamie Zack 3: Olivia Wendell, Shayna Rubenstein 4: Julia Gordon, Olivia Rosenfield


> FACE-TO-FACE: Offended by James Swanson's off-handed comment, Jackson Thea confronts him. Later, Thea agreed to direct "Springtime for Hilter," claiming it would be the next big hit.

a Ladies' man: Trying to raise two million dollars for his upcoming show, Jeremy Brick seduces Olivia Wendel. Tricking little old ladies was a tactic he used to get the money he needed.
> Dreaming big: Unsatisfied with James Swanson's work, Aaron Holtzclaw reminds him that he is nothing more than a lowly public accountant. With hopes of becoming a Broadway producer, Swanson quit his job to scheme with Bialystock.


What is your favorite part about being on stage/performing?


Jackson Thea: When I went on stage, I felt as if no matter what happened, it could never fail. Performing was a protected risk/freedom with which you can do whatever you want. With this freedom you make the character your own, and just leave behind all preconceived notions that you had before.

## Opening Night <br> Excited faces poked their <br> physically," said Jeremy Brick, who

heads out through the theater doors smiling and gazing admiringly at Max Bialystock and Leo Bloom. With enthusiasm and glory, they sang "The Producers: Leo and Max!" in perfect harmony.

The Producers was about a once-great producer who meets a very uptight accountant with an extraordinary dream. A variety of memorable moments included: Ulla's sexy audition dance, the song "Keep it Gay," the accountant scene turning into a glamorous depiction of life as a producer, Franz Liebkind turning into Frau Liebkind, and "Betrayed" sung in a prison cell.
"The other two shows I've been a part of at the high school were dark and draining emotionally and mentally, while The Producers was draining energy-wise and
played Max Bialystock. The same amount of energy was put into The Producers compared to other shows, just in different places.

Lucia Ferguson, who played Frau Liebkind, described the atmosphere as being filled with love and reward. "More than anything, I'll miss the feeling you get when you work indescribably hard for something--not because you have to, but because you love it," she said.

The cast's bond was certainly conveyed to the audience as it created such a knee-slapping and energy-filled performance.

The three-night show was an incredible hit, selling out completely on closing night. Earning compliments and praise, the show was an audience-pleasing success.

<Chorus Girls: Optimistic James Swanson dreams of life as a big-time producer, dancing with chorus girls Camille Briskin, Olivia Rosenfield, Julia Gordon, Shannon Mccarthy, Charlotte Cramer, Zoe StephensNorth, Rachel
Robichaud, and Nadine Shen-Molesky.

^Roger's team: Accompanied by his team of William Lockwood, Luke Johnson, Samuel Estabrooks, Katherine Sheena, and Thomas Moriarty, Jackson Thea sings the Act I finale, "Along Came Bialy."
<The good old days: Aaron
Holtzclaw plays mellow background music while Emma Feinberg, Noele Flowers, Olivia Rosenfield, and Thomas Moriarty dance around Jeremy Brick. Brick reminisced about once being a successful Broadway producer.

Emma Feinberg: My favorite part was being able to find an escape in a new person and releasing all my deepest emotions. From the first rehearsal to the final show, I saw my character grow and become an extension of me.

Camille Briskin: Simply the fact that I get to be up there doing what I love doing, which just happens to be entertaining people at the same time.


# Delving <br> Deeper <br> The clock taunted 

students with sudden pauses throughout the day. When the bell rang at $2: 25$, most students rushed out of school to go their own ways and escape the stressful environment, but not all of them.

The academic teams attracted those who were truly interested in a certain subject and wanted to learn more outside of what was covered in the school's curriculum. American Computer Science League (ASCL), Department of Energy Science Bowl (DOE), Environthon, Math Team, and Science Olympiad brought students together to work productively and experience friendly competition, while learning more about the topics they enjoyed.

National Oceanography Science Bowl (NOSB) set up buzzers to practice answering questions on oceanography at top speed. It's not all fun and games with the buzzers, though. "You have to be
self-motivated," Catherine Medlock said. "You can't just show up."

The Math Team was similar, doing challenging math problems over and over again until they stuck. The Math Team chose members based on tryouts and practice rounds. Environthon was an environmental science team that prepared the whole year for a competition in May. The team vigorously studied different subjects relating to the environment all year, and their hard work paid off in the end.

Even though each team focused on different subjects, all the members of academic teams loved what they did. It was hard work and it took commitment, but the additional knowledge was beneficial. Allison Bukys, a member of the Math Team, confessed that "it's all really nerdy, but I like it!" Deemed nerdy or not, it couldn't be denied that these kids knew their stuff.


How does being in an academic club help you get ahead in science/math class? dedication involved which means studying and learning on your own, the same way you would get ahead in school. And it goes both ways. What we learn in science class helps just as much in the team.

V Keen insight: Overseeing a buzzer competition, Jaeyoon Lee and James Zhang keep track of the questions asked. Zhang said, "DOE is an exciting test of both speed and knowledge. You're competing with everyone, but also working together with your team."

V QUICK, ANSWER: Preparing the new members for their first competition, Christine Hsiao,
Ellen Chang, and Timothy Zhu drill
them with practice questions. The buzzer rounds simulated real competitions and encouraged friendly rivalry as everyone learned more information.


C Buzzzz: As Matthew Shorter, Anubhav Jain, Matthew Arbesfeld, Benjamin Edelstein, Amy Zhang and Julia Leung listen closely to question, they do scratch work and buzz in their answers. Members of the DOE spent afternoons in practice buzzer competitions, which were fun and fine-tuned their skills for fast retrieval of information.


## Favorites

Music was Shruthi Balasuryan's
favorite part of Indian dance because "it influenced so much of how the dance turned out."


Although he started b-boying unwillingly, Josh Kang soon grew to love it. His favorite move was the windmill because it "showed the technique and fluidity that all b-boys possess."

》 Crafty hands: Origami club members Lily Guo and Geoff Ramseis are folding paper cranes. To learn the more complicated origami, the simple steps must be mastered first. > Bust a move: B-boy Genesis Lung practices a freeze. He said the "sheer strength, flexibility, coordination, and artistry of hip-hop is unrivaled." Despite being told that he'd never be able to dance again after dislocating his shoulder, he proved his doctor wrong and mastered new moves.
of work, but it was also entertaining.



## What do you like most about your hobby?

Darwin Ding: The best part about chess is that it's an ageless game. An older person doesn't have an advantage over a younger person, so the chance of winning is equal.

Nikhil SriLiuasan and Kaustabh Garimella: Today, we are Indian dancers. Tomorrow, we are legends.


# Forms of Expression 



Regardless of the day or weather, there were endless possibilities. Clubs reflected individual students' interests and covered a wide range of favorite pastimes. Friday Night Live and Tunnel Vision gathered at LexMedia to film. Others congregated in classrooms where students bonded over similar hobbies.

Friday Night Live was SNL with a Lexington twist. The members claimed that they would be future Emmy award winners. They started their journeys to the big screen at LexMedia, where they were aired on television. Tunnel Vision allowed an "infrastructure for student directors to make films," said Alexander Gaskell. Its final

^ Hips don't lie: Happily dancing, Sheetal Laad teaches new steps to other Lexington Taal members. She enjoyed Indian dance because it was "new and exciting" compared to other dance styles.

## < Dubbing: Editing film, Grant Fries

 and Vassilis George prepare a skit for Tunnel Vision. In addition to the short films and documentaries they created, they also filmed local events, such as Volley for Molly.products revealed the members' diligence, creativity, and writing skills.

Instead of using media as a form of expression, some students used dance. The Hip-Hop club met regularly in Commons II to show off their moves. All the members had their own personal styles and held dance-offs. They performed at events throughout the year. Lexington Taal differed in dance style and focused on Indian dance. The Indian culture was evident in the music and steps, like the Bhangra-Eagle.

Whether it was through film, dance or another hobby, students were able to take part in clubs that suited their interests.

a Checkmate: Deep in concentration,
Vikas Shiva is thinking of the best way to beat his opponent. He started playing chess in middle school and has competed ever since.

Esther Li: My favorite part of Pottery Club is working on the pottery wheel. It is a nice,
relaxing way to end the week.

## Word Power

## Publications

So, what went on behind the door of the Musket headquarters in room 243? What about in the yearbook room? Drop in on a meeting of one of the school's many publications, and you'd see students hard at work writing, editing, and collaborating with their fellow members.

The amount of work it took to create a successful publication was often underrated, and members frequently stressed out over deadlines. However, all it took was one look at the Musket, yearbook, Folio, or Poseur to appreciate the staffs' dedication.

Most members loved how working on a school publication allowed them to learn more about what was going on in the school and what other students were thinking. Publication editors were able to see hidden talents in their fellow classmates
> > Make corrections: Reading attentively, Catherine Sibert, Abigail Knecht, and Alison Marqusee carefully look over other students' writing. The members of Writer's Block not only improved their writing, but also expressed themselves outside of essays assigned by their teachers.
that they never would have noticed otherwise. Folio editor Nikita Nadkarni said, "The best part about looking over the submitted poems was discovering what other people were capable of." Other publication members praised the feeling of success that came from creating a final product.

After months and months of work, holding the published work in their hands was the best reward. Members mentioned how working on the Musket helped develop their skills in other academic areas. Arts and Entertainment editor Hannah Rosenberg said, "I have become a better writer, and I've also learned to work more efficiently to meet deadlines."

While all LHS students learned about current events through the publications, staff members formed a special connection to the school.



Sonia Weiser: My favorite thing about yearbook is hearing someone compliment a page that you worked on without their knowing that you were the one who did it.

Mark Chonofsky: I like talking to people and seeing what they think about various issues. I'm not naturally very talkative, so it's a great excuse to be able to just sit and listen. That's why I work on the Musket where we do a lot of interviewing.

V Strike a pose: Gathering for a Poseur meeting, Jenny Liu, Rebecca Ukaegbu, Shani Aharon and Nominerdene Tumennasan talk about ideas for the next issue. Poseur intitally focused on fashion, but "it evolved to be a magazine that was representative of the entire student body, " said Ukaegbu.


## Meet the Editors



As an editor of Folio, Nikita Nadkarni led her staff in advertising, editing, and fundraising. She said that the most interesting part of being a Folio editor was "getting to read or see the work of people in our school that one wouldn't get to see otherwise. It was often suprising to see who had a hidden talent."
 "Coming up with a theme and a ladder is always the hardest part of creating a yearbook," said Anne Mok. Compiling the book also required a committed staff and an extensive amount of organization.

< Planning ahead: In an editors in chief meeting, Anne Mok, Nikita Nadkarni, Mrs. Karen Mechem, and Sonia Weiser discuss the yearbook's progress. It took time, creativity, organization, and teamwork to document the year.
< Listen up: While the editors in chief provide information about the Poseur's goals for the year, Sarah Dohan, Aldila Yunus, and Ellen Meyers listen. Poseur showed students the process of creating a magazine.
v The senate: front: Mr. Michael Normile, Wilson Qin, Mr. Dane Despres, Mr. James Williams, Kevin Park, Sydney Moran SECOND: Mr. Christopher Doucette, Miriam Lipschutz, Jonah Bader, Rami Benayad-Cherif, Stephanie Yost Gregory Muir, Marika Psyhojos, Hannah Ornatowski, Sarah Lockwood, Andrew Zack THirD: Rachel Stone, Sung Steve Jung, Benjamin Brown, David Atkins, Noah Star, Sarah Lehman, Dana Dimodica, Lisa Lee, Emily Hu, Jamie Zack Back: Ms. Karen Girondel, Dr. Michael Fiveash, Egan Muir, Justin Reynolds, Nathan Tarrh, Austin King, Luke Psyhojos, Ben Berners-Lee, Ms. Lindsay Torres, Lanbo Yang

v Activists: At a Senate meeting, Noah Star, Jonah Bader, Wilson Qin, Jackie O'Connor, and Sarah Macklis listen to the last speech on a bill. The pros and cons were weighed, and then the Senators cast their votes.


A Take action: Students Phillip Jung, Wally Napier, and Erin Kim listen to Mrs. Natalie Cohen's concerns about the school. The Senate was comprised of students from every class. The collective effort of all four grades got the bills passed for the good of the whole school.

## "Maybe you could be a mayor or a Senator or a Supreme Court Justice, but you might not know that until you join student government or the debate team."

The debate room, better known as "The Closet," was always filled with tubs, paper, pens and timers. The light reflecting off the trophies gave the illusion of the room's actually having a window. All debaters flocked together for hours to discuss politics, strategies, and philosophy. On days before the tournaments, the lights of the room were the last ones off. The debaters' dedication resulted in the state championship for the last 33 years.
"Debate involves such a
paradoxical situation in which the entire team works together to help the younger debaters and each other, yet each team of two has complete autonomy in their hard work and success at tournaments," said Marika Psyhojos.

Noha Ahmed added that "it's really difficult to manage practice rounds, Phone-A-Thons, car washes, etc. and go to tournaments for weekends" but that debate was worth it for "the friends you make not only on the team but also across the nation.'

Just like debaters enjoyed discussing law and politics, the members of the Student-Faculty Senate were fond of crafting legislation to better the social, political, and environmental climate of the school. They followed "Robert's Rules," a thorough guide to running meetings smoothly and effectively. Whether the bills created X-block, allowed iPods to be used in the hallways, or changed the format of our transcripts, the Senate had the power to change school policies.


## What was the best bill passed by Senate?



Sydney Moran: The Transcript Bill removed the number of community service hours that a student performed and replaced it with a simple yes or no indicating whether or not the person completed the graduation requirement.

Lanbo Yang: The iPod Bill lets us use iPods in study halls and anywhere that's not class.

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Word War

Verbal showdown: During a practice round, Arjun Vellayappan debates about the benefits of broadband. Debaters spoke quickly in order to get in as much evidence as possible. To a typical classmate, the words were just a blur.
V For or against: Public Forum debater Brendan Schneiderman rapidly delivers the first affirmative speech as judges Samantha Segall, Benjamin Ruxin, and negative debater Luke Psyhojos listen attentively. PFD had another successful season, with several teams that qualified for the nationals.



A FLowing: Listening to their opponent, Daniel Kim and Paul Zhou take notes in order to prepare for their rebuttals. Rebuttals gave them the opportunity to extend their case and explain why their case outweighed their opponents'.

## National Jetset

Ranked high nationally, debaters traveled to tournaments from New York City to Dallas to Chicago, and from Harvard to Yale. "Standing up for two and a half hours speaking at four hundred words a minute, yeah. It's that awesome," said Andrew Kim. Late nights were virtually a prerequisite, but the satisfaction of winning made up for everything.
"There's also the feeling of community and the opportunity to meet people and experience the debate environment," said Ben Berners-Lee.

Wilson Qin: The Add-Drop Policy bill facilitated switching classes and gave students more


## Carefree Zone

Ever wonder what that dark room on the second floor was? It was the one and only Black Box, where Improv Troupe and Drama Club met after school to practice and enjoy each others' company.

Improv troupe didn't truly run normal rehearsals. They played improv games, like "World's Worst..." and "ABC talk", and worked on skills concentrating on specific aspects of improv (accepting offers, acting on impulses, etc.)

Improv performances provided entertainment and laughter as the perfect antidotes for stress. Ridiculous things happened. Aaron Holtzclaw remembered Rachel Iba acting as a bear who fell in love with Cam Perry. Aly Camp said, " Improv isn't all about being funny. Often humor comes from following impulses and being
comfortable with yourself and the people around you, but that's not the only way to make a good improv scene."

The Drama Club started with introductions. Every week there was a different crowd. Drama Club members did a variety of activities, from dancing interpretively to playing telephone without words. The Drama Club welcomed students, even if they were not involved in the theatre program. The members held a three-night play festival every year, opening each show with a piece they created.

Improv Troupe and Drama Club were places where students were entertained, trust was built, and unforgettable memories were shaped. In the end, though, "we're essentially a group of angsty intellectuals. But we all love each other," said Carla Yengo-Kahn.


A Break it down: During a round of World's Worst, Jacob Bragen and Devlin Cooper do the robot dance. The humor and quirkiness created a lively atmosphere.
> The elderly: Acting as an old woman, Carla Yengo-Kahn brings charisma to the Black Box. Improv members challenged each other for the loudest laughs.


What is the funniest thing you remember happening in a show/performance? English accent is the same as saying "BACON" in a Jamaican one. Thus, Kevin Bacon. Or Beer can. The audience didn't get it and, in a terribly awkward moment, I had to explain it to them. At the time it wasn't funny, but afterwards I was so uncomfortable I couldn't help but laugh.

V SAY WHAT?: In a hilarious round of World's Worst, Matthew Martel, Rachel Iba, Aaron Holtzclaw, and Alexandra Camp watch Gabriela Goszczynska punch herself as she sings. Improv Troupe displayed a unique brand of humor.


A Blind seeking: As Wally Napier and John Crittenden navigate in the dark, they entertain the rest of the Drama Club. It didn't get better than two silly members stumbling around the room

V HAI-ral: Full of energy, the Improv Troupe channels their Ninja spirit. The Improv Troupe provided hilarious entertainment, keeping its audience engaged and amused throughout the shows.

< Jor ride: Driving an imaginary car, Otari Chipashvili, Aaron Prager, Jon Traganos, and Verena Lucke create a road trip scene. Unpredictable moments happened in the Black Box after school Tuesdays.

^ Oh no!: Riding in a car, Joshua Brosnan and Daniel Laikhter act out a playful scene. The Drama Club did various activities to stimulate their skills.

## 10 Words or Less

Summing up Improv Troupe and Drama Club

Alexandra Camp: "Let your rational thoughts go."
Rachel Iba: "Impulses flying! Offers undenying! Friendship supplying! Laughing till you're crying!'

Devlin Cooper: The funniest moment at a show that I can remember is during World's Worst: It was world's worst janitor and Jake Bragen introduced Connor Seitchik like an action hero, and then Connor yelled the catchphrase "TIME TO TAKE OUT THE TRASH."

Charlotte Cohn: I remember when we were brainstorming ideas for the show opener for Winterfest last year, and for a time we were considering going out into the audience and licking them. I mean with our tongues. To this day I can't figure out whether or not we were serious.

# Getting Involved Club Pictures 



ARMENIAN CLUB Front: Garni Aroyan, Rose Arslanian, Anita Tomasian Araz Havan, Chantal Akhian Back: Alexandra Zouranjian, Tamar Aroyan, Taha Shafa, Caiti Zeytoonian, Serena Seferian


CENTRAL AMERICAN SERVICE TRIP Front: Melanie Higgins, Emily Edgerly, Allison Moloney, Alice Pandraud Back: Quincy Snellings,
Phoebe Tzannes, Miranda Strominger


FOLIO Front: Tyler Vendetti, Araz Havan, Jenny Hopkins, Lana Kim Back: Natalia Flaster, Steven Johnson, Nikita Nadkarni


HIP-HOP CLUB Front: Weina Xiong, Genesis Lung, Michael Mendelsohn Back: Andre Ho, Vickram Manoharan, Giustina Sacco, Steven Johnson, Sarah Yoon, Joshua Kang


ART CLUB Front: Courtney Hsu, Jennifer Chuang, Netana Markovitz. Catherine Qin, Jenny Liu, Susan Jacob, Sarah Yoon, Jeffrey Wu Secono: Catherine Qin, Jenny Liu, Susan Jacob, Sarah Yoon, Jeffrey Wu Sec
Sebastian Herrera, Weina Xiong, Mengyu Wu, Caleb MackenzieSebastian Herrera, Weina Xiong, Mengyu Wu, Caleb Mackenzie-
Margulies, Taha Shafa. Hao Wang, Benjamin Goulet Magdalena Margulies, Taha Shafa, Hao Wang, Benjamin Goulet, Magdalena
Bermudez, Melissa Teng, Thanaphum Thanakhun Back: Rebecca Zola, Bermudez, Melissa Teng, Thanaphum Thanakhun Bac
Nicole Desimone, Andrew Goulet, Patrick Fusunyan


CERAMICS CLUB Front: Allison Boxer, Efrat Hamami, Alana Benson Anna Sym, Jordan Rios Back: Clara Palmer, Catherine Meister, Sujata Datta, Sean Lee, Monica Kothari


FRENCH CLUB Front: Alice Pandraud, Ehsan Syed Second: Samantha Jacob, Taha Shafa, Nathan Cross, Maja Milosavljevic, Sean Lee, Monica Kothari Back: Amy Patterson, Salma Yehia, Otavio Igreja, Marcos Igreja


INDIAN AWARENESS SOCIETY Front: Kaustubh Garimella Secono: Atri Raychowdhury, Nikhil Srinivasan, Naveen Bantu, Herman Luther,
Raeshib Aggerwhil Back: Sridhar Sivapurapu, Ehsan Syed, Amit Hirani, Beejul Khatri

D.O.E. Front: Vikas Shiva, Matthew Shorter, Lisa Liu, Jaeyoon Lee, Jame Zhang, Carl Lian, Surya Bhupatiraju, Peijin Zhang Secono: Jeffrey Wu, Edward Zhu, Theodore Liu, Michael Watterson, Anubhav Jain, Zaroug Jaleel, Darwin Ding, Hao Shen, Alan Zhou Back: Mr. Nicholas Gould,
Leighanne Wang, Mallika Rangan, Diana Mojahed, Benjamin Edelstein Leighanne Wang, Mallika Rangan, Diana Mojahed, Benjamin Edelste Matthew Arbesfeld, Welkin Uttaro, Ti
Zhang, Julia Leung, Mr. Ryan Grams

AMNESTY Front: Jessica Wan, Julie Doherty, Zoe Pedulla, Esther Kim, Surya Menon, Elizabeth Pongratz, Hiba Dhanani, Danielle Peters Hannah Weinronk SEcono: Amy Najarian, Lovisa Ljungberg, Melissa Mak, Natasha Ihiagalingam, Natalia Swartz, Alison Marqusee, Juhee Park Susan Jacob, Hannah Ornatowski, Ava Sanayel Back: Kiran Mani,
Christopher Alessandrini, Julia Friedman, Amy Yurkevicz, Sophie Kwass, Margaret Chuang, Monisha Reginald, Lana Kim, Monica He, Ranya Virk, Chelsea Deng. Neha Sandeep, Anne Lamar, Sage Dumont, Leyla Omeragic


ADOPT A SOLDIER FRont: Inna Gertsenshteyn, jill Solomon, Nedda Sanayei Back: Briana Lee, Sabeel Hakim, Michelle Han


CHINESE YO-YO Front: Vincent Van Mierlo, Cong Zhang, Galen Chen, Anta Kao, Jamie Kishimoto, Andrew Mendelsohn Back: Kevin Eykholt Welkin Uttaro, John Bernstein, William McNeil


GENERATION PULSE Front: Aviva Mattingly, Elizabeth Shih, Angela Tai Eleanor Rask, Allison Lau, Julia Leung Back: Surya Menon, Ellen Meyers,
Hannah Weinronk, Lucie Camp, Jasper Lienhard, Hannah Shin, Danietle Peters


INTERNATIONAL CLUB Front: Jamie Kishimoto, Alice Pandraud, Salma Yehia, Taylor Fabricant, Diana Mojahed Back: Sung Woo Jeong, Emily
Charlton, Marcos Iqreja Charlton, Marcos Igreja


FRIDAY NIGHT LIVE Front: Matthew Singer, Selene Hewes, Nathanie Osher. Myles Hammonds, Mackenzie Cyr Back: Alexandra Engelberg, Alexandra Beja, Alana Benson, Charlotte Bromberg, Emily Lowry,
Matthew Lee, Mava Elany, Naama Celine Eve Lowen, Liora Mael, Mathew Lee Mava Elany, Naama Celine, Tve Lowen, Lora Mae,
Catherine Dickenson. Jacqueline Oram, Taha Shafa, Shereen Salem

A.L.I.V.E. Michael Lin, David Huang, Jeffrey Lau


DRAMA CLUB Front: Joshua Brosnan, William Rogers, Ariana Akram, Carla Yengo-Kahn Secono: Daniel Li, Verena Lucke, Wally Napier, Beeju Garrett Parrish, Otari Chipashvili, Patrick Neal, Charlotte Cohn, Lucia


GUACAMOLE Front: Julia Brown, Charlotte Cramer Second: MayLin Heuchling, Hannah Ornatowski, Tasneem islam, Sylvia Larson, Rachel Robichaud Back: Stephanie Kukolich, Rebecca Reibstein, Lauren
Jakkson, Camille Briskin, Katherine Sheena, Julia Hard


INVISIBLE CHILDREN Front: Emma Robert, Anisha Quadir Second:俗 Taeho Choi, Amanda Su, Jinj. oo Lee, Elyse Frenchman, Jennifer Chuang, Katrina Heinrich

G.S.A. Front: Shelby Chung, Rebecca Reibstein, Allie Moloney, Katherine Sheena, Julia Harden SEcono: Emma Robert, Anisha Quadir, Sung Woo Jeong, Ian Rubijano-Bond, Betsy Day, Lindsay Koso, Ms.
Melissa Buttaro, Kathleen O'Connor, Alison Tippett, Kiran Mani Back: Tavlor Fabricant Simon Schneider. Emily Roizin Spencer Fabricant Judy-Lynn Benjamin, Verena Lucke, Gregory Chun, Morgan McCulioch

ENVIROTHON Front: Yoshiaki Kuida, Amy Zhang, Jordan Rios Back: Eric Wong, Lisa Liu, Flora Wang

G.W.A.C. Front: Avital Robbins, Alexandra Tsitsiklis, Kate Duffy, Courtney Hsu, Abigail Heingartner, Rebecca Galin, Sara Sussman Back: Lily Berger, Esther Kim, Ranya Virk, Naina Chipalkatti, Susan Wang, Sarah Feldman, Abigail Shenker


ITALIAN CLUB Front: Kristen Leonelli, Olivia Romansky, Vanessa Zarba. Corey Michon Back: John Crittenden, Amit Hirani, Lucia Berger

I.C.A.N. Front: Ian Bollag-Miller, Haley Fradkin, Malov Bromberg. Samuel Eddy. Alexa Pedulla. Kate Magauran. Megan Vanderhoott,
Robin Gross. On Kee Min. Athena Han Secono: Emma Robert. Anish Quadir, Lily Berger, Aaron Hoitzclaw. Melina Tsitsiklis, Esther Kim. Zoe Pedulla, Lindsey Diaz-MacInnis, Joulia Belkova, Jamie Zack. Thaya Psychoios, Caroline DiNapoli, Adrian Tanner, Chelsea Deng Back: Sung woo Jeong, Shelby Chung, Manavi, Nagai, John Buschin. Dnarsan Daus-Haberle, Abigail Grant, Lisa Lee, Kayla Patel, Emily Wu


JUNIOR CLASS COUNCIL Front: Ryan Woodhouse, Angela Tai, Hao-Kai
Pai Back: Julia Robert, Olivia Burger, Miranda Strominger, Juhee Park


LHS MULTIMEDIA Front: Christine Lung, Ramya Ramakrishna, Lillian Hochman, Mallika Rangan, Sarah Yoon Back: Carina Belvin, Elise Tiani Amy Zhang, Hanna Atia, Leighanne Wang

J.S.A. Front: Sydney Moran, Noah Star, Jonah Bader, Jacquelyn Connor Back: Rami Benayad-Cherif, Michael Exter, Seongcheol Kim


MOCK TRAIL CLUB Front: Orr-El Weizman, Rami Benayad-Cherif, seongcheol Kim, Leyla Omeragic Back: Yizhou Zu, Michael Loughlin Taylor Campbell, Sebastian Herrera


PING PONG CLUB Front: Patrick Fusunyan, Brandon Wong, Jeffrey sang, Joshua Howe, Young Jae Shin, Taeho Choi Back: Evan Tarrh, Andrew Wang, Andrew Tarr, Hyeong Cho, Eric Wong, Andrew


SPONSOR A CHILD Front: Catherine Medlock, Jamie Kishimoto, Kristin Hsieh, Lauren Yates, Charlotte Cohn, Mengyuan Monica He Back: Megan Shadley, Lukas Thorburn, Mina Li, Sameera Chippada, Judy-Lynn Benjamin


MATH TEAM Front: Richard Hao, Mallika Rangan, Nathan Tarrh, Theodore Liu, Carl Lian, James Zhang, Sabeel Hakim, Benjamin Jeffrey Wu, Theodore Zhu, Yonatan Katzelinik, Drew Smith, Anubaav Iain, Lisa liu, Amy Zhang. Hao Shen. Alan Zhou, Hweedo Chang Back: Leighanne Wang, Diana Moihed, Sheela Devadas, Hao-Kai Pai , Kim Flora Wang, Welkin Uttaro, Kevin Eykholt, Timoth Zhu, Michael Watterson, Jason Li, Andrew Kuido, Puneet Harisinghani, Matthew Arbesfeld, Catherine Zuo. Peilin Zhang, Kevin Wen


LACROSSE CLUB Front: Benjamin Silberman, David Nardella, Conor Henrie


MUSIC CLUB Front: Kristy Sunjeong Lim, Victoria Tang, Courtney Hsu, Caleb MacKenzie-Margulies, Jenny L
Herrera, Susan Jacob, Rebecca Zola


PUZZLE CLUB Front: Joseph Cho, James Zhang, Briana Lee Back:信

W.O.F.O Front: Drew Smith, Julia Fernandes, Adam Garland, Jared Garland Back: Michelle Batho, Elisabeth Brami, Hafsatu Stevens


OPERATION SMILE FRoNT: Eunice Hahm, Liran Weizman, Kelly Zhang Rebecca Korn, Aldila Yunus, Jamie Yang, Melissa Wong, Shreya Thatai,
Sofia Haloerin-Goldstein Shannon Woods, Perinne Heymann Nicole Cohen, Michelle Johnson SEcono: Maya Cherayil, Emily Tso, Charlotte Cramer, Anna Asquith, Allison Moloney, Yordanos Katz, Courtney Hsu. Gabriella Velonias, Sarah Peralta, Julia Lehmann Back: Dinmohamed Abdimomunov, Alana Benson, Kristen Hsieh, Jeremy Brick, David Grainge, Andrew Mendelsohn, A
Previte. David Zhang, Amit Hirani

L.Y.O. Front: Samantha Chung, Brent Horowitz, Rebecca Elyanow, Kelly Miao Backi Joshua Howe, Steven Johnson, Andrew Tarrh


MUSKET Front: Stephanie Atwood, Susmita Gadre, Abigail Heingartner, Rebecca Galin, Katherine Mirani, Christopher Alessandrin Back: Benjamin Berners-Lee Jonah Bader, Noah Star


ROBOTICS Front: Carolyn Chang, Mallika Rangan, Leighanne Wang SEcond: Jeffrey Lau, Benjamin Feifke, Yonatan Katzeinik, Drew Sm Jaeyoon Lee, Hweedo Chang


WRITER'S BLOCK Front: Ellen Meyers, Katherine Mirani, Brigid Gorit Hines, Christopher Alessandrini, Alison Marqusee, Catherine Sibert Back: Mina Li, Abigail Knecht, Netana Markovitz, Catherine Zuo

S.A.D.D Front: Matthew Fox, Mattias Huebner, John Foster, Devlin Cooper, Esther Kim, Laura Zanin, Abigail Grant, Bridget Reynolds, Kaitlin Brady Second: Iaylor Campbell, Kelsey Fenn, Eliza Abdu-Glass, Gavin Gregg, Elissa Bowling, Zoe Pedulla Back: Katie Schmidt, Grace Cooper, Savannah Bara, Hannah Lyons, Haley Fradkin, Lauren Lapuck, Robert Darabant, Lucy Galvin, Melissa Fuery, Malou Bromberg, Lucas O'Conor

L.H.F.A. Front: Pheobe Heretz SEcond: Jennie Goldberg, Hannah Sandeep, Danielle Peters, Naina Chipalkatti BAck: Christopher Batty Juliana Orlov, Vivian Guo, Juhee Park, Cheisea Deng, Ranya Virk, Ms.

N.A.C.L.O. Elizabeth Kuszmaul, Alison Marqusee, Catherine Sibert,


SCIENCE OLYMPIAD Front: Sridhar Sivapurapu, Wendi Gao, Christine Hsiao Second: Aashik Rao, Jennifer Hsu, Justin Reynolds, Kathleen Donahue, Lisa Liu Back: Ms. Olga Gutlag, Jeremy Fung, Hao-Kai Pai atherine Sibert, Nikita Nadkarni, Dr. Robert Pohlman


YEARBOOK Front: Amelia Varteresian, Nikita Nadkarni, Anne Mok Beja


SOPHOMORE CLASS COUNCIL FRont: Christine Lung, Alicia Russo, Noah Star Richard Chandler Gregg Secono: Sophia Bernitz, Kevin Park, Noan Star, Richard Oliveira Seons, Meaghan Crocker, Eliza Abdu-Glass Wang, Nisa Kridaratikorn Vicky Hisu, Derek Winton, Taylor Campbell Miriam Crampton, Mrs. Elizabeth Moughty




Whether the class is Orchestra, Painting, Jazz, Ceramics, Photography, Book Design or Textile Expression, art lets students exercise the side of their brain where creativity and originality flourish. As one enters the music wing, cascading notes from the orchestra and wind ensemble rooms seem to radiate off the walls: the prancing notes of the violins and flutes combined with the melodious voices of the chorus students. The experiences in music classes vary somewhat each year, it seems. "Each year new members with all different musical backgrounds and playing styles create a completely unique group dynamic. But Ms. Haas's jokes never get old!" said Camille Briskin, a senior violist. It is safe to say that the orchestra department flourishes more and more each year and still has much in store for us in the years ahead.
Upstairs, in the visual arts wing, diverse classes allow students the chance to have a class that doesn't result in sleepless nights and hair loss. When asked what the best part about taking art was, Elaine Choi, a sophomore, said, "It's nice to have a break from listening to a teacher lecture. Art is more of a hands-on type of thing where you just let your mind go and nothing is considered 'the wrong thing to

The lack of extreme stress, unlike in most other classes at school, is extremely refreshing. Marina Griner, a sophomore observed, "It helps that there is almost no stress or pressure, so we can just work and try to express ourselves." The art classes create a welcoming environment, whether one may be terrible at art or an aspiring artist.

## What memorable projects have you done in your art classes?

Q:Ben Silberman: In Foundations of Art, we learned how to make 3D objects. I thought it was useful. I remember we had to draw cities.
Arden Feldman: One of the fun projects we had to do was with a white piece of paper. We had to mirror image a black piece of paper on top. It was a lot of hard work, but it was an interesting thing to do and it was a lot of fun.


Estefania Bricio-Reyes: For a project, I had to make a cover. We had to do a transcendentalist portrait. I had a lot of trouble with it and I actually got burned a lot of times because I had to glue so much stuff.
Lance Claflin: The grid project for Foundations was really messy because it took a long time, and I accidentally mixed some numbers together so it didn't work too well. Then, right when I was finishing it, some one accidentally spilled paint all over my painting and my face so I had to go home with black hair.

) St. Nikolaus TAg: German children, hoping to receive candy if they were good, leave out polished shoes on December $5^{\text {th }}$. Thawm Sung admired the handmade shoes crafted by Ms. Floerke's classes. The projects helped students understand other cultures and compare them to their own.


## Culture Shock!

Through foreign exchange trips, students learned a lot about the similarities between life in the US and in other countries.
"Once, on our way to watch a field hockey game, the French exchange students were surprised to see real live cheerleaders and football players because they had only seen them in movies." - Anne Mok "After buying a soda from a value meal the Mandarin exchange students were surprised when the hosts used the soda fountain." - Ferras Haider

## Extracurriculars

Students were also suprised by how little their exchange students do after school. Most students at the highschool are packed with after school activities but many foreign students do not have any more than two.

## The School Day

The schooling experience in foreign countries was suprisingly different as well. For example, most schools in the United States start school at between seven and eight a.m. and end from two to three p.m. but in other countries, school days would go from around nine to four with half days on Wednesdays and Saturdays.
"My favorite part is meeting new people and becoming good friends with the French exchange students. The hard part was making time out of my busy schedule to spend more time with them." - Tamar Aroyan.

^ All ears: In the foreign language lab, Spanish students Fiona Davies, Cal Ellowitz and Caroline Hammond listen to a recording. Speaking and listening exercises provided a way for students to practice the skills they learned in class.


What do you like about the language you are taking?
0 Sam Jandl: I take French and I've taken it since 6th grade. I like it because I've had some great teachers, I find the culture really interesting, and I think it's a really pretty language.

Nancy Chomitz: | think it is really helpful to learn about many different countries so you can communicate with other people.


Experiencing Foreign Languages

IT IS WELL-KNOWN THAT LEARNING A new language opens new doors and broadens horizons. Apart from the traditional French, Spanish, and Mandarin taken here, students are also offered German, Italian, Latin, American Sign Language, and any other language through the Independent Study Program (Yes; that means you can study even Arabic or Hawaiian).

Studying a new language requires intense studying and years to master it. "It's always been hard, but if you can memorize everything then it's easy," said James Frazer. That's when you turn to the teachers as guides, navigating the complex world of declensions, accents and grammatical gender. "[Madame Farber-Mazor
is] always making jokes and really happy, which makes things really friendly. She understands our difficulties," said Estefania Bricio-Reyes. Commenting further on the usefulness of multiple languages, Estefania said, "You get to know new cultures and styles and different ways of thinking. Many books translated into English have things left out."

In a world where international communication increasingly becomes frequent, the need to communicate across borders becomes more and more important. Proficiency in language translates into better job opportunities, especially globally, and sets you apart from the competition.
(Action! Enacting a scene from the Spanish play Macario, Olivia Burger and Jared Garland demonstrate their language skills. Language projects invovled many fun activities such as creating scripts, costumes and props.

a Zoom in: The meticulously made sign language poster displays the alphabet of ASL.


FOR THE FIRST TIME IN YEARS, STUDENTS HAVE ORGANIZED AN ITALIAN Cultural Trip.


In February, Italian students landed in Milan and travelled to Rome, Venice, Florence, Verona and Sienna. Students were especially excited to be able to attend the Venetian Carnival, an annual specialty of Italian Culture.

Although students were concerned about being fluent enough in Italian to truly immerse themselves in the society, the trip was enjoyable nonetheless. They were able to create amazing memories on their nine day journey.

Sameera Chippada: I take Spanish. I like because I take it and I got to take a class trip to Mexico last year. It was an amazing cultural experience, as well as one of the best times l've ever had.

Noele Flowers: This is my sixth year taking French, and l even went to a program over the summer that was an immersion program in Nova Scotia. I like it because it opens doors for you to communicate with people you might not normally have - I have been able to carry on conversations with people who are native French speakers.

< Squint: Bundled up, Dylan Pato checks his partner's findings during their biology lab. Biology labs gave students hands-on experience to reinforce their textbook readings. Microscopes often took patience and time to focus and get used to.
v Bang!: Excitedly, Hannah Shin tests out her dart gun during a physics lab. Students used the toy to learn about projectile motion. High school students enjoyed reverting back to their favorite childhood games during labs where they got to play with toys as they learned.
) Analysis: In the library, Tamar Aroyan reads through a chapter in her economics textbook. By studying in the library, students could often find fellow classmates with whom to discuss and review new materials.

^ Java: Together, Benjamin Tidor, Thomas Schaffner and Adam Forstall work on a computer science project. Students often found solutions to problem sets faster by conferring and comparing their different ideas.

^Texting: To prepare ^ Balancing act: During for her a physics test, a lab, Jordan Mizerack Briana Lee looks over tables in her textbook. Although reading the assigned chapters b could be tedious work, it was helpful in understanding the concepts and problems.
uses a triple beam balance to obtain the mass of a ping pong all. Knowing the exact mass of the ball was essential for finding an accurate solution. Lab procedures were often complex and important to follow meticulously.


A Paper work: After a lab, Esther Li goes over her data with a fine tooth comb. The written work for the lab was confusing and required intense concentration. The calculations after a lab were equally important as the data for reaching accurate conclusions.
 the microscope, Nancy

Chomitz observes a different world. After watching the specimen, students then sketched what they saw as accurately as possible. Biology students
explored a variety of systems and organisms in greater detail during labs.

## What is the most interesting science lab you've done??



Aditi Jhota: It was a lab where we made bacteria glow, which was interesting to see. We basically took E. coli and put genes in it and let it sit for a day or to to let it grow.

Wanying Zhang: For one lab, we dipped a stick in different chemicals and put in into a small fire. I liked this lab because it was interesting to see how the colors changed when different chemicals were put in.


Kevin Wen: My favorite lab that we did so far has to be the one where we tested the effectiveness of different substances reacting with hydrogen peroxide. We were mostly active during the whole lab period and the lab procedures were detailed enough so that we actually knew what we were doing. Also, the results actually made sense, so I had an easy time writing up my lab report for a satisfying A.
Lisa Weisberg: We had to put milk and soap and food coloring and other materials in a petri dish and mix them together. It was to show how water reacted to polar and non-polar substances, and it made tie-dye patterns, which was really cool.
) Trick or Treat: To celebrate Halloween, Marika Psyhojos, Demetri Monovokous and Vanessa Zarba dress up for history class. Students dressed up as historical figures for "History on Halloween," an event started by Mr. Wilson.
) What is That?: Jar in hand, Wendi Gao explains the significance of her English project. Projects gave students opportunities to showcase diverse talents. vZoom in: Wendi Gao connected the popular movie, Pirates of the Caribbean with her English class curriculum by making the "jar of dirt (with heart)."


## Memory Tricks

Favorite Review Games
Trashketball: This review game was created by Mr. Egbert.The classroom desks were set up in rows. Students stood a certain distance away from the recycling bin. The closer you stood to the recycling bin, the harder the question you would receive. The teacher asked the student a question about the current history unit. If the student got the question correct, he or she could then try to shoot a paper ball into the recycling bin to make a basket. If he or she made the basket, he or she got an extra credit point on their test.
"Hell's History" Quiz Show: This review game was invented by Ms. Ruback. In the game, the desks were arranged in groups of four. Each group came up with a series of questions for their own category such as Religion or Geography and assigned each one a point value from 100 to 500 . The students then moved into new groups and played a mini game of Jeopardy. The student who answered other groups'questions correctly obtained the point.



A First day uitters: After their first day of English class, Victor McCall-Scott, Sophie Dulburg, Megan Murphy and Noelle Marty start to pack up their stuff. On the first day, students received course expectations and were introduced to each other. Making name cards was a crucial step for freshmen to meet their peers.


## What was your favoirte piece of required reading?

Charlotte Cohn Slaughterhouse-five, because it changed the way I think about war and even

- life in general. I also really liked the nonlinear storytelling

Siffat Islam: I liked Great Expectations by Charles Dickens because it has an unpredictable plot that comes together in an intricate web of connections by the end


# working it out persevering through P.E. <br> From the day you step foot into high <br> burden of homework or tests. The few 

school, you've already showered with virtually every gym class possible. From esoteric courses like Croquet to eccentric courses like Modern Ballet to the old favorite Volleyball, each class offers a chance to learn a unique skill. Many students enjoyed learning more modern forms of exercise through their physical education classes such as Pilates and Dance Choreography. From dancers to gamers, each student was able to discover what their personal favorite form of exercise was, a valuable piece of knowledge for the future.
"Since LHS gives such a high variety of courses it's easy for someone to pick something they're interested in and want to pursue," said Amit Hirani in agreement.

Gym classes, while mandatory, were one of the few blocks of the day where students could usually learn without the
classes that did have tests even managed to make them exciting, offering options like teaching their fellow students new skills. In one fifty-five minute block, students could learn a plethora of new exercises, from four-square to Chinese dance. Other classes substituted exams with obstacle courses, races and tournaments.

The last physical education classes of the quarter were always an anticipated event. For some periods, all three or four of the classes taking place would combine to play a four-way game. Playing new sports and games and having fresh faces, both as opponents and as teammates, livened the classes and made the last classes of the quarter a fun event.

Leaving the locker rooms, students often felt refreshed and ready to direct their adrenaline rush towards a new subject.

) Bye bye birdie: Learning new badminton skills together, Jordan Vanderhooft and Claire Huang and their opponents, Jenn Lee and Car Bumbaca practice their serves. Gym class was a fun way to learn a new sport while getting away from the stress of school. For many people, gym was their favorite part of the day.


When is the best time to have gym class?
Rebecca Galin: I think before lunch is the best time of day to have a gym class, because then
you get to lunch early and you can get a good seat.
$\frac{-}{4}$
Verena Lucke: Right before lunch is convenient for me. I prefer later in the day. Having gym in the morning is sort of a pain, especially if you have an outdoor class because it's too cold to go


# O with Ms. Charletta 

## This is your first year at the high school.

 Where were you before you came here? I was at Estabrook, and before that I taught at a Dedham elementary school.What has been your favorite gym class to teach?
It's a tie between badminton and rollerblading.
What is your favorite sport to watch? Definitely ice hockey.
\| How would you describe your students? They're all so friendly, unique, and talented.

E SIGN IT: For their teaching project,
Katherine Lopes and Emily
Lehman share their knowledge of sign language with their classmates, Anne Mok, Zoe Pedulla, Kathryn Needham, Jenn Chuang, Maymay Wang, Isabelle Troutman, and Michal Clayton. At the end of each quarter, the secluded dance studio became a place to learn a new skill.


- Balanced body Getting ready for a ballet and jazz lesson, Allison Pawlowski, Kathryn Needham, Zoe Pedulla and Kathleen O'Connor listen to instructions for using their "babies," as Ms. Carey named the foam cylinders. Sitting on their yoga mats, students often felt serene and calm.

What is your favorite gym class?
Jennie Goldberg: Yoga, definitely. I would take that every quarter if I could. Coming out of that class I feel completely relaxed and rejuvenated even though that's a bit cliché. In Yoga, we close our eyes and just de-stress our days. Teenagers are so preoccupied with other things that they do not worry about exercise, but it is vital to life.



# from the desk of Mrs. Cohen 

## A letter from our principal

## © To lead Lexington High School

 is a great gift, an opportunity to work among some of the brightest, most invested people in the world of education. Our faculty and staff have demonstrated such a wide range of skills and such strong camaraderie in these past two years that I brag about them wherever I go. The conductor of the Boston Symphony and the manager of the Boston Red Sox must feel very much like I do when they face the orchestra or the team. The communal talent, high energy, and will to succeed create a momentum that moves our school forward continuously, with great energy and heart. On behalf of the students of Lexington High School, I applaud our faculty and staff for their continuous support and guidance. This is a school community like no other in its willingness to set extraordinary standards and work toward them daily. Thank you for being you."
## What was your high school principal like?

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Maureen Haviland: Oh, he was great...In the suburbs, kids would cut school on St. Patty's day and go
into New York City. He would go to the train station and round up the kids that cut.
Janice Compton: My sister ended up marrying his son. He was very strict and we were all afraid of him.

- Then I got to know him and realized he was OK.


Katherine Murphy: My high school principal was an ex-nun, which was funny because she ran a Catholic school. Her office was literally a house with a porch and fake shrubbery. It was even surrounded by a white picket fence.

Ellen Shea: My high school principal kept watermelon flavored Jolly Ranchers on his desk. One day there was no candy! So my friend and I"kidnapped" his family photos and sent a ransom note made out of words cut out from the newspaper. Amazingly, he responded to our note and there was candy there the next day! At graduation, he taped Jolly Ranchers into our diplomas.

^ D'oh!: Along with Hello Kitty and another stuffed friend, Dr. Fiveash poses with a life size Homer simpson. Although many associate him with his outstanding Latin knowledge, Dr. Fiveash is also known for his sense of humor.

Once in a while, everyone forgets to bring their homework. As a young boy, Michael Fiveash encountered the same problem. In a stroke of misfortune, he left his book report at home on the very day of his presentation. His teacher, however, encouraged him to go up in front of the class and give a live presentation a shot. So he did.
"I found that they were really listening to me," he said, "and at that moment, I thought, 'this is what being a teacher must feel like.' I really enjoyed it."

Fascinated by ancient history, Latin and Greek, he decided that becoming a teacher of such subjects was the perfect vocation for him. Even now, he is doing what he loves. "At the end of every day, I ask myself: what could I have done better?"

In Karen Girondel's case, becoming a teacher was
 a dream that she decided on in an instant. When her younger sister was sent to private school and returned with a knowledge of a language completely unknown to her - French, it was called - Madame GiGi was enthralled. "From that moment on, I knew I wanted to become a French teacher," she said. It would become a lifelong dream.

## ${ }^{6}$ Of all the teachers I know, I don't know anyone who doesn't love what they do, ${ }^{9}$

Robin Strizhak claims, with a wave of her hand and a grin on her face. She, too, had wanted to become a teacher since she was young.
"It was the chalkboards," she admits. "Only the teachers could use them, but I have always wanted to draw on them."

Of course, it was not just that. "I am always surprised by my students, in a good way. It's during those times that I think:
 'this is why I'm a teacher.'"

Laura Byron Julie Calechman Melissa Carroll Anne Chavez Mandy Ciarletta Janice Compton


Q:

## Can you describe a memorable teacher you had?

Andrew Baker: | remember Mr. Evans, my seventh grade english teacher. He was fantastic because he was so full of life and vigor. He was so excited about everything. He did this thing when he taught vocab were he taught through pantomime. If he were teaching us the word 'taut', he would grab his cheeks and pull them and say "my face is taut". Or if he taught us the word 'tarnish', he would go and kick over the trashcan and say he had tarnished the floor.

# 糔 <br>  back to the beginning 



Wendy Cordero Jackie Crowe Lisa Dahill
Lawrence J. David
Maureen Denney
Dane Despres

Mei Ling Diep Michael Doherty Paola Zanirato Dorfmann Chris Doucette
Marshall Dury Michael Egbert


Rina Farber-Mazor
James Farnham
Julie Fenn
Michelle Finston Heidemarie Floerke Janet Foley

Sarah Follenweider Brooke Forrelli Julie Fouhy Ken Gable Jill Gasperini Elliott Gimble

Cara Goldberg Norma Gordon Ryan Grams Whitney Hagin Jeffrey Harris Dea Haupt

Carrie Conlon: My favorite teacher was funny, warm and so strict, you would not cross him...He also inspired my life-long love of poetry.
Karen Mechem: My sophomore year English teacher was amazing. We had to write something every other night for English and she managed to get every piece back to us the next day. She was lively and interesting.
Lawrence David: My professor, Mr. Dacquino, had a deep enthusiasm and love of literature and knowledge of pop culture that really influenced my sense of how important it was to make class lively.
 Doucette, his work is personal. Just over a decade ago, his younger brother was killed in a car accident just off of I-95. In Lexington there have recently also been several other drunken driving-related accidents. Mr. Doucette is intent on making sure these accidents don't happen again and makes educating kids and raising awareness about drunk driving a priority. His beliefs also deepen his love of the community.
"I believe that you should do what you need for yourself first, and once you're done fulfilling your own needs, then you should find your niche and start helping others," Mr. Doucette said. "I want to give back to the community. I have this wonderful job that I love, the opportunity to do what I love, so I do what I can."

His last words of the interview? "Kids today are going to be the next-generation leaders ... a lot of people here just have the capacity to enact change."


Through the chills of 5 o'clock mornings and the burning heat of the noon sun, Alyssa Sher ran alongside a blind runner and led her to the finish line amidst thousands of cheers. This was the New York City Marathon, a test of stamina and will for some 40,000 runners who flock from across the country. Inspired by a friend's father who worked as the guide of a blind runner when she was younger, Ms. Sher followed his lead.
"I would be telling [my runner], 'Oh, we just passed Mile $16 .$. ' or I'd be yelling to everyone else, 'Blind runner coming up, move to your right! Blind runner coming up!" Ms. Sher said.

Running the marathon was also a great way for a person to take in the sights of New York City. "There were so many amazing views. We ran over the Queensborough Bridge and there we had the most beautiful view of the Empire State Building," said Ms. Sher with delight. A long-time runner and marathoner, the New York City Marathon was still a long run at 26.2 miles. Her advice to prospective runners is simple: "Work hard, don't give up."


Deborah Jackson Rachel Jayson Janet Jehle Barbara Jezak Cheryl Johnson Nathan Johnson

## What volunteering activities have you done?

Cara Bean: I volunteered at the The Green Circle which is an afterschool tutoring group. I got to go to elementary schools and talk about anti-discrimination. I also volunteered at the Soup Kitchen.
Karen Russell \& Annie Zeybekoglu: We taught at the Bishop Forson School Complex in the village of Kpando, in the eastern Volta Region of Ghana. Karen Russell: I collaborated and co-taught with the students' wonderful 19 yearb old English teacher. On my last day, as I was writing the date in my journal

## Lindsay Torres

WhO KNEW THAT you could end up finding your dream job through volunteering? This was the case for Lindsay Torres, who was in AmeriCorps NCCC after college in Sacramento, California.
"I was undecided
 about what I wanted to do in life, so I looked into different opportunities and AmeriCorps was one of them," Ms. Torres said. AmeriCorps NCCC is an organization in which volunteers work on five projects to make local communities better. But sometimes, volunteer work isn't always as fancy as people make it out to be, especially in Ms. Torres's case.
"Sometimes it was very frustrating. I felt that [my team and I] weren't being used to the best of our ability," she said. Despite the ups and downs, "It was what made me realize that I wanted to work with kids," Ms. Torres said with a smile, remembering her experience working with children after school for a service project. "It was a really positive experience and I learned a lot about myself and helping others."

# Martha Simon <br> ONGOING FOR THIS 

 seasoned volunteer is a fight to save the Landlocked Forest in Burlington, Mass. from development. Martha Simon, the president of Friends of the Landlocked Forest, has been engaged in numerous activities to raise awareness.
"We are hoping to convince the town to make this 250 acre forest into conservation land. This would almost double the amount of conservation land in town," said Ms. Simon.

If there is anyone who can balance this work with her full-time teaching job and still remain positively glowing, it's she. Numerous events sponsored by her group include celebrations and guided walks in the forest.
"We are encouraging people to visit and use the Landlocked Forest. Boy and Girl Scouts go for hikes. A naturalist has taught hikers abut the habitats, plants and animals," she said. "It is an exhausting but exhilarating effort! The work is very gratifying because so far we have been successful in saving the forest from development."

(contd.) for the students to autograph, I noticed outloud to the class that it was my mother's birthday. As if on cue, the whole class broke out in a heartfelt and harmonious rendition of "Happy Birthday to Miss Karen's Mother." On one level, life in Ghana can pose some daunting challenges at a subsistence level, but experiencing the outpouring of warm affection in this community full of hope and song made each day rich beyond imagination. Annie Zeybekoglu: I taught a bookmaking workshop to students ranging from 6 to 23 years old. The children wrote and illustrated stories about their lives: school, home, farming, playing soccer and football and then made their stories into simple accordian books that were awesome!
) f(REST): In the Math Building, Mr. Harris, Ms. Gordon, Mr. Unger and Mr. Williams take a break between classes to chat in the teachers' room. Teachers enjoyed socializing between classes just as students did.

Danielle Luce Kathi Macklis Christine Maloney Naomi Martin

Debbie Mccanne Karen Mechem Matthew Medugno Kathryn Melesciuc

Stephanie Michael Brendan Moran Mary Morgan Elizabeth Moughty Annmarie Muchowski Maria Nardone Kim Newhauser

Bethany Nitsch Michael Normile Samuel Nyeon Beh Susan Offner Allen Olsen Barbara Ostrom Jane Ostrowsky

Alex Palmer Lili Pan Mary Pappas Angela Parente Bonnie Peletier-Desmond Matt Perazzelli Robert Pohlman

Tom Quirk Walter Richardson Katelyn Riley Albert Roos Merri Rubin Jacquelyn Rubuck Karen Russell


## What special personal item do you have on your desk and why?

Marshall Dury: A Dwight Shrute mouse pad. I love The Office.
Most teachers had student-related items on their desk. Many teachers kept knick-knacks like Rubix cubes, link puzzles or stress balls on their desks and allowed students to play with them to clear their minds and relieve stress before a class. English teachers, such as Rosemary Loomis kept their favorite books or current reading material on their tables to encourage students to try out new literature.

^ ONCE UPON A TIME: Laughing, Ms. Shea relates a story to Ms. Forrelli. Teachers often exchanged funny anecdotes from their day during their free time.

## personality in four walls exploring the the teachers'room

Students see teachers for about four hours a week in their classrooms, but what are their lives like between classes?

The teachers' rooms allow students a brief glimpse into their teachers' other lives. A universally favorite form of décor for teachers is posters. One such teacher, Carrie Conlon, greatly enjoys having her "Good Night Moon" poster decorate her cubicle. Katelyn Riley, on the other hand, a chemistry teacher, says that the science teacher center sports a "Beaker and Bunsen" Muppets poster.

Classroom space is coveted by the teachers as it is an elusive entity. Since teachers mostly share rooms, classrooms are full every block during the day. According to Conlon, it's hard for students to find teachers outside of class time because there is "a class in
their classroom every second." Riley, however, finds the bright side of the circumstances and admits to enjoying some quality time to listen to her iPod, grading papers and taking refuge in her office during the day.

Teachers work in their offices during the school day and switch over to the classrooms come $2: 25 \mathrm{p} . \mathrm{m}$. This small move is not for some teachers however, and several teachers once again seek their cubicles. Conlon, for instance, does most of her grading and lesson planning in the teachers' room because she can concentrate where there is less noise. The teachers of LHS are dedicated to their students, however, and make an effort to invite their students into their personal space in the teachers' room when they can, usually for a short time before or after school.


Matthew Gardner: I have a welded nameplate that was welded by vocational students. It was given to me as a gift. It was a very nice thought.
Lindsay Mosca kept extra pencils on her desk for students to use with large fake flowers taped onto the back. The result was a visually pleasing bouquet of sunflowers on her desk and a successful way to make students remember to bring their materials. Students conscientiously remembered to bring pencils to class to avoid having to use the bold and vibrant flower pencils.

》 Happy Birthday! Over the summer, the staff comes together to throw custodian Leo Kalpakdjian a party for his 80th birthday. The faculty often bonded and came together to celebrate moments in each other's lives.

VLABBB Staff 2009-2010


Mary Alice Samii Sara Sanchez Clayton Sanders George Saxon

Gretchen Segars Rachel Selgrade Daniel Shadbegian Ellen Shea Jeff Shorter Heather Silverstein

Gary Simon Martha Simon Laura Smith Christine Sodergren Veronica Solomon Diane Spengler

Sarah Stern Robin Strizhak Christine Stueve Janice Swartz Cynthia Tang Carrie Thibodeau



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## What is your favorite famous quote?

Matthew Perazzelli: "Luck is the residue of design." - Branch Rickey
David Walsh: "The thousand injuries of Fortunado I had bourne as best I could; but when he ventured upon insult, I vowed revenge."- Edgar Allan Poe
Marshall Dury: "Pleased, 'till he be eased with being nothing..." -King Richard II


James Nocito: "No excuses, just results."
Lawrence David: "I don't like work... but I like what is in work - the chance to find yourself. Your own reality - for yourself, not for others - which no other man can ever know." (Joseph Conrad) I love the concept of learning for reasons other than it being mandatory, and especially the idea that it can help you learn more about yourself.



Sientists cay that a persun leams the most during the first three years of their life. However, that sulenist probably didn't attend sur) highschowi, Your underclass years of highechool are filled with nothing but learning. From sprinting actoss cimpus your first day of frechman year, bo rememburing to wuke up far the MCAS during sxphnomore yoar and unost Importantly, learning the rruly fantastic fecling of leaving campus in your first free block of jumior yenr. Not all learning happens in the chassoosm. It's all purt uf die procesis of evolurion.


FEW STUDENTS ENVIED JUNIORS FOR THEIR ACADEMIC WORKLOAD and stress levels. They were endlessly lectured about the importance of staying on top of their homework, studying for SATs, and preparing for college applications. Throughout the year, juniors had multiple encounters with the CollegeBoard and spent at least one long Saturday morning sitting in a classroom with a test booklet and a number two pencil. However, junior year was also a year of new privileges. Along with the many drivers' licenses that started popping up, students were allowed to leave campus during the blocks during their free blocks. In addition, juniors were more highly respected by the whole school, and considered to be more responsible than their younger counterparts.

Juliana Orlov: Definitely the best part of the year is open campus,
 free blocks, and being
that much closer to
graduating from LHS! free blocks, and being
that much closer to
graduating from LHS! free blocks, and being
that much closer to
graduating from LHS!

Herman Luther: The best part of junior year is having a car.
Andy Molgaard: Mr. Gardner's history class is the best part.



Amanual Abate Alexander Abel Deena Abramson Xavier Abreu Sheridan Adley Markita Agnew-Wilkins Tara Ahluwalia

Marissa Akimchuk
Fatima Akmal Yasmeen Al-Mazeedi Christopher Alessandrini Celanie Almquist Lee Altman Eric Anderson

Megan Andre Hannah Arnow Abigail Asquith Michael Aster Anthony Ayala Grace Bachman Noah Bacon

Daniel Balian
Thomas Ballenthin Dineth Bandarage Naveen Bantu Doug Barron Tiona Bartee Ignacio Vincente Basanta

Christopher Batty Paige Beaulieu Alexandra Beja Keyon Bell Michael Ben-Horin Kimberly Benes Alana Benson

Lucia Berger Carrie Bernstein Swetal Bhatt Charles Blackett Jarrett Boeglin Russell Bollag-Miller Natalie Bond

Amanda Bouchard Dylan Bowers Elissa Bowling Jonathan Bowman Allison Boxer Ayser Bozkaya Elisabeth Brami

Anice Brandao Sarah Breitenfeld Jeremy Brick Jessica Brodrick
Charlotte Bromberg
Julia Brown
Devon Buczkowski

# so little time juniors struggle to balance their workload 

Everyone remembers the day they entered the somber universe of junior year. The most difficult task was dealing with time and its ephemeral quality.

When writing an important research paper, Facebook was a major time waster. Even though students intended to get back to work immediately, five minutes could turn into hours. Though juniors knew the internet was addicting, it also provided entertainment and communication from which
v Working lunch: While Andrew Wang enjoys his lunch, Eric Schembor quickly finishes a writing piece due next block. With overwhelming workloads, students sometimes had to resort to desperate measures to finish assignments.
juniors could not separate themselves.

Few juniors were able to get enough hours of sleep and find time to have a social life while maintaining high grades in their classes. There weren't enough hours in a day to allow for all the schoolwork assigned. Staying committed to multiple extracurricular activities was an added challenge.

Most juniors struggled, but found a way to balance their busy schedules and heavy workloads.

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A ACE IT: After struggling on a quiz question, Alexander Stuart has a stroke of inspiration and figures out his mistake. Those who budgeted their time wisely and left enough time to study did well on assessments.



Jeffrey Tsang: I drink a lot of Mountain Dew throughout the night.
Christopher Hart: For me, coffee, soda, and Facebook are all I need.



Olivia Burger Lindsey Burke Lauren Buschini Christopher Butler Anna Bystricky Bryan Caloggero Alexandra Camp Andrea Caouette Michael Capino

Jack Caporal Sara Carabbio Cody Carlson Lauren Carter Christopher Chan Victoria Chan Beth Chang David Chang Shannon Chaulet

## Yining Chen Peter Cherepanov Alaina Chin Alice Chirn Gabriel Chiu Hyeong Cho Jungmun Choi Shirho Choi Taeho Choi

## William Chow

 Guy Christiano Gregory Chun Kelly Churchill Olivia Cincotta Jaina Cipriano Bethany Cohen Nicole Cohen Kayla CookeCharles Cooper Elise Cormier Paul Cornett Paul Coste Corinne Counsell Charlotte Cramer Peter Crampton John Crittenden Abigail Cronin

Callia Cummings James Curtis
Aimee Cusson Mackenzie Cyr Nicole Dahan John Daley
Michael Danko Matthew Davidow Rachel Davidow

Geoffrey Davidson Fiona Davies Alexander Davis Elizabeth Delnido Chelsea Deng Joseph Denning Joni Deutsch Matthew Deveau Anastasia Dickenson

Cristina Digiovanni Julia Dillavou<br>Andrew Ding Rosato Diramio Emily Dodson Han Sol Doh Kathleen Donahue<br>Mary Doran L.eah Doremus

Kate Duffy Sean Duffy Sneha Durgapal Laura Easton William Edwards Cal Ellowitz Derek Embry Alexandra Engelberg

Tyler Engler Ari Eriksson Nasan Eshraghian Elizabeth Estey Bridget Everett Stefon Everett Juliet Eyraud Diana Fager

Benjamin Feifke Kelsey Fenn Alexander Ferrante Ryan Ferren Evan Finch Sarah Fishman Natalia Flaster Hunter Flores-Hurlbert

Christine Flori Noele Flowers Elona Francisco Elyse Frenchman Julia Friedman Nathan Fudenberg Meghan Fuery Ryan Gallant

Anastasia Gamouras Wendi Gao Pedro Garcia Kaustubh Garimella Adam Garland Jared Garland Abhilash Gazula Geoffrey Genova

Christopher Gens Inna Gertsenshteyn John Giliberto Ryan Gilmette Matt Giunta Keegan Go Raphael Goemans Hannah Goldberg

Jennie Goldberg Simon Golovcsenko Olivia Goolkasian Julia Gordon Trevor Gordon Brigid Gorry-Hines David Grainger Hilary Gravina

Jamie Green Andrea Grossman Caroline Guelfo Vivian Guo Charles Guthrie Jr Guillaume Gutkin-Nicolas Ferras Haidar Sofia Halperin-Goldstein


142 underclass


## an array of interests juniors get involved in extracurricular activities <br> In addition to <br> more opportunities for those

academic success, many juniors also had extraordinary talents outside of school.

Extracurricular activities increased in importance for juniors who were thinking ahead to college application time. Most schools had a holistic approach to admissions, so extracurricular interests were comparable in importance to academic performance.

Knowing this, juniors cultivated their interests and rose to leadership positions. As upperclassmen, there were who wished to join an elite music group, varsity sports team, or use their ideas to lead a club. In addition, their age allowed them to snag coveted part-time jobs in the center from employers looking for student employees.

Extracurricular activities allowed juniors to cultivate their skills, develop leadership skills and responsibility, and gain respect in the eyes of their peers. Students became well-rounded by enriching their lives with enjoyable activities.


3 PACE YOURSELF: In the last stretch of the run, Lauren Carter pushes herself to maintain a steady pace. Junior year was an important year to show sportsmanship and effort for students who hoped to be future team captains.

> Star in the making: Supported by her fellow groupmates,
Onomatopoeia member Sarah Pachter belts out the introduction to "Blue". The girls in the a capella group supported each other and gave great performances.

<FOR A GOOD CAUSE: During lunch, Amnesty members Nancy Chen and Jessica Lin sell Hearts for Haiti in order to raise money to donate to a Haiti relief charity. Clubs at LHS sponsored many events throughout the school for both the benefit of the school and other organizations.
v Hard at work: Organizing drinks in the back room, Austin Hewitt completes one of the more tedious tasks of his job. While making sandwiches was the most important part of working at Great Harvest, jobs like organizing things in the back may have been boring but were also essential.



Sophie Kwass: Dance is one of my passions; I was influenced by my friend
 Eugenia years ago and now dance has become my main passion.

Matthew Rhodin: Skateboarding because it's very exhilarating and satisfying when I land new or big tricks.




# best time of day juniors treasure their free bloclas 

Once the yellow contracts were signed, juniors were free to spend their free blocks as they liked. No longer trapped in a study hall or restricted to only the library, juniors relished their ability to visit teachers on a whim, journey into the center with their friends, or simply hang around in the Commons.

The lucky ones who had free blocks at the beginning of the school day could come in late and enjoy an extra hour to sleep in, while those with free blocks at the end of the day could go home and
relax before having to start homework or after-school activities.

Often juniors would flaunt their open campus privileges by toting Starbucks cups in the hallways or bringing back a Bertucci's pizza box to lunch, much to the envy of the underclassmen stuck eating cafeteria food and bag lunches.

A universally awaited privilege enjoyed by all, juniors savored their opportunities to exercise their freedom.

V Runs on dunkin': Relishing their late breakfast, Adrian Tanner and Noele Flowers share a bagel breakfast sandwich from Dunkin' Donuts. Going on food runs was one of the most common ways of passing free blocks for hungry teenagers.


A Personal attention: Taking advantage of their mutual free blocks, Mariana McGrath sees Ms. Trombetta to review for an upcoming quiz. Free blocks were excellent opportunities for students to seek personal attention from teachers.

Angela Tai: I have 5 frees I usually stay on campus and usually go to the library to finish homework or stay in the Commons to
or stay in the Commons to
chat with friends.



How many frees do you have this semester? How often do you go off-campus during your frees?




Jordan Vanderhooft Comreen Vargees Arjun Vellayappan Gabriella Velonias Tyler Vendetti Andrew Villanueva Leo Villari II

Joshua Virgile Joseph Wallan Helen Walsh Andrew Wang Flora Wang Jason Wang Joanna Wang

Volney Weeks Hannah Weinronk Michael West Ardis Williams Geargin Wilson Taylor Wilson Benjamin Wobbe

Matthew Wolf Hannah Wolfe Eliot Wong Eric Wong Ryan Woodhouse Shannon Woods Caroline Wright

Spencer Wright Preston Wu Lanbo Yang Salma Yehia Seokho Yoon Arga Yunus Amy Yurkevicz

Jordan Zaaf Garrett Zager Perry Zang Vanessa Zarba Wanying Zhang Dawei Zhao David Zheng


Lukas Zibaitis Lucas Zornoza Rudy Zuccaro Catherine Zuo


# notes from above a word from the class president to future juniors 



Harry Adamson Simon Adamson Emma Badra Andrew Beamon Samantha Botti Amanda Bouchard Blake Clark-Thomas

Not Pictured:

Catherine Dugan Avery Fitzgerald Michael Gants Diana Garay Inchul Hwang Zachary McLean George Penniman

When remembering junior year, the first word that comes to mind is "busy." The increase in work load between sophomore and junior years is conspicuously more than the increase between freshman and sophomore years. However, don't be intimidated by these words. Of course junior year is a busy year because of the SATs and ACTs, attempts to get good grades, sports practices and games, clubs, musical performances, preparing to start college applications in senior year, et cetera. For all these reasons, junior year is indeed a very important year in terms of school work and activities. All of you should work hard to achieve your goals.

Even though that's the case, it is unwise to sacrifice your sleep and health just to accomplish everything and get good grades. This makes planning a schedule an essential part of junior year. I usually write down what homework, projects, and tests I am going to have in a week in a special notebook. So when I look at it, I know how to spend my time more efficiently: I know which homework should be done first, when I should start to do each project, and which subject I should study each day of the week. Then, you also know how to work your homework around club meetings, sports practices/games, rehearsals, et cetera. Planning my time really makes my life a lot easier. Also, it is important not to procrastinate and waste time on trivial activities. And if it is really getting too late, I suggest you should stop your current activity and go to sleep.

Another important way to release stress is to put a block free time in your schedule and fully relax during that time period. You can do your hobby. Go outside and get some fresh air. Relax and watch some television, or play a video game or two. Take a nice run outside if you are the kind who enjoys physical activity. Just sit back on the couch or in your room and listen to some music. And I guess not many people have classical music as their favorite type of music, but I still recommend that you listen to some, especially Bach. Bach's music really can calm you down and help you become more relaxed or focused (which depends on what are you doing when the music is playing).

Junior year is a stressful year, but it is also a time for you to challenge yourselves academically and in your other interests; whether that is sports, music, art, et cetera. Most important, enjoy this year of high school, it's the only junior year you'll have!

Sincerely, Hao-Kai Pai
Class of 2011

## Q would you give incoming juniors about this year?

Josh Howe: Be prepared for the worst, junior year is especially tough if you're not ready for the workload that comes with junior classes..


Samuel Jones: Manage your work well so you don't fall behind.

Yaakov Lyvbetsky: Challene yourself, but also know your limits.



IT WAS THE BEST OF BOTH WORLDS: NO LONGER FRESHMEN, BUT NOT YET having to deal with the College Board frenzy or application panic that upperclassmen were going through. One year older and wiser, sophomores held a more elevated position in the high school hierarchy than they had last year. Sophomores started the year more confident of their abilities and sure of what to expect. For many, sophomore year brought new leadership roles, new friends, and more challenging classes. Sophomores continued to look forward into the future. By working hard and enjoying what sophomore year had to offer, sophomores formed a strong foundation for the school years to come.


Alex Tragenos: My law class was the best class ever.


Lyn Pinkus: The best thing about being a sophomore is not being
 a freshman any more.

Rebecca Reibstein: | was able to connect to the older people in the
 school better, but I can also connect with the freshman class.


Daisy Birungi Kaleigh Bisconti Jordan Blackington Conor Bloomer Ross Bloomfield Rachel Bodony Abigail Bokun

Hyun Yung Boo William Borden Alison Boreiko Rebecca Borjas Shannon Boudett Leith Boutiba Victoria Brackett

## the oldest of the young <br> Finally, no longer a <br> competitive now that athletes were

frosh! The start of the year gave sophomores a chance to move up in the ranks. Sophomore year, known as a transition year for high school students, had many unspoken perks. Not yet upperclassmen, sophomores did not have to deal with the stress of college applications or plans for the future. Another advantage of sophomore year was the time for focusing on extracurricular activities. Sports became more
past the freshman level; and along with the intensity came more time put into training.

A larger number of clubs became open to students, which lead to new and exciting experiences. Students also had the opportunity to branch out into the fine arts. Overall, sophomore year was a transition year for students to indulge in their interests, without the anxiety that students of other classes faced that year.

< Collaboration: In preparation for English class, sophomores Ava Sanayei and Sage Dumont annotate their English reading in the library during study hall. The library was a quiet place where people could get together to get work done.
C Class interaction: Pointing out a math problem with which she had trouble, Daniel Godwin and Alison Boreiko converse about the previous night's homework. Sophomores were skilled at using their peers as resources when they had trouble with schoolwork.


Is there anything you wish you had realized during freshman year?

Caroline Fitzgerald: |
wish I had trained more for soccer tryouts during freshman year because I didn't realize how talented the athletes here are.


Jamal Warner: I wish I had studied harder because it's really important.
Joy Li: I wish that I had paid more attention during class.


## hard at work or hardly working?

sometimes a pain, but mostly just mundane. Study halls were a part of almost every sophomore's schedule, allowing for some downtime and a chance to get homework done during the day.

However, study halls could also be a pain. Depending on the teacher, study halls could be completely silent or loud enough to be heard in adjoining classrooms.

Those who wished to escape unruly study halls or meet up
with their friends were also able to obtain passes to the library. With the new policy, students were only requred to check back to stud halls with a pass at the end of the block. No longer needing to check in, students all had an equal chance to claim one of the coveted computers in the library.

Whether they were helpful or harmful, sophomores made the best of their study halls, waiting for open campus junior year.

> V Test Prep: Despite her noisy study V Organization Is Key: Studiously, hall, Marina Griner focuses in on Richard Hao completes his her biology notes. Study halls could math homework. The free time get noisy and distracting if students to complete assignments during had little work to do or were feeling study hall was helpful to stressed restless. students.

> Catching Up On The News: Taking a break from her homework, Sophia Bernitz pulls out her phone to quickly text a friend. Although they were banned in January, students enjoyed being able to have their cell phones during the fall and often used them when they had downtime.


## What is the

best way to pass a boring study hall?



Q:



# academic $\operatorname{exploration~}$ students discoveren their sophomore classes 

EvERYTHING FROM anatomy to triangles was covered in the sophomore curriculum. From geometry and biology to world history and English, sophomores had it all.

In preparation for the MCAS, sophomore classes moved at a brisk pace through the material. Geometry started with a brief review of old formulas before diving into new theorems. Biology moved from studying the cell to disecting organisms, eventually
covering entire ecosystems In English, care was given to ensuring reading comprehension skills were well-developed as well; great literary works such as Macbeth and Fahrenheit 451 topped the list of required readings. World history teachers walked through the remainder of the Renaissance and the Reformation all the way to the modern age. No longer known as the "filler year," sophomore year was full of learning and more in-depth knowledge.


How many hours of homework do you get per night?

> Mad scientists: Waiting for a reaction, Kara Lakin, Lyn Pinkus, Tory Brackett, and Mark Pronchick watch their beaker during the biology lab. Labs helped to clarify unclear concepts.
v Proposition: In business class,
Jian Qiang presents his plan to maximize profit. Electives allowed students to explore subjects beyond required courses.

> Class is in session: Following instructions, Sam Jandl and Claudia Tate go through a worksheet related to the previous night's reading. Classwork helped enforce learning and made readings more comprehensible.


Samoni Nag: I don't like having to wake up early while all other classes can sleep in.


What is the worst thing about MCAS?

Hafsatu Stephens: It's boring and it's too long.


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## niticino studying more

Time management seemed to be the most helpful strategy for study as well as the hardest to master. With sports, clubs, work, and everyday responsibilities, high school students found themselves struggling to get all their work done on time.

Doing homework right after school or starting it as soon as possible helped students stay ahead of the heavy workload. Studying a little each night (especially in their harder subjects) also was a great way for students to make sure they understood

# the books efficiently helps sophomores 

 the material as they went along. Using this strategy made finals, mid terms, and tests less stressful and more manageable when they inevitably arrived.On the other end of the spectrum, too much school was not healthy for teenagers. A balance of activities was essential. Joining one of the many clubs or sports teams added more variety to students' schedules. This way when it came time to study, they had a healthy balance of activities and were not overwhelmed.

$\wedge$ Quick Review: Before his Spanish media center, a librarian shows quiz, Patrick Pickering reviews Sarah Lockwood, Jonah Bader vocabulary from his texbook. and Noah Star how to use various Many students found it useful to databases. Sophomores often skim the material to refresh their needed sophisticated sources of memories.. information for their many projects.


Julia Fernandes: I have
How have your
study habits improved?
learned to prioritize and
concentrate on specific assignments.


Kara Lakin: | know I need to
study the subjects that are hard for me, like math.


## campus <br> claustrophobia open campus remains elusive

Envious of their upperclass peers who toted Starbucks cups and Via Lago lunches, sophomores were required to stay on campus. Instead of open campus, sophomores were subjected to study halls and school lunches.

While some ignored the rules altogether and left campus whenever they desired, others endured the policy and waited for their turn for the coveted privilege.

To escape the cacophony of the Commons during lunch blocks, many sophomores found spots in more obscure locations, such as hallways or annexes.

Many sophomores were anxious to receive open campus privileges. By making sure their GPAs and community service hours were in check, sophomores could be sure that they too would soon enjoy open campus.
${ }^{7}$ CRam Session: Looking over his notes, Sushawn Nag takes advantage of the quiet of the library to study for his biology test. $>$ Lunchtime laughs: In the hallway, Maylin Heuchling, Michelle Barnes, and Meghan Crocker have lunch. Sophomores were eager to escape the noisy Commons during lunch blocks.
> HARD AT work: In study hall, Ryan Brugger finishes up a written assignment. By using study hall




Connor Rowe Shayna Rubenstein Ashton Rue Taylor Rush Alicia Russo Zachary Sabin Avdeep Sahi Freydon Salem Alaina Salusti Ava Sanayei

Arianna Sandeen Noah Sands Nathaniel Savoy Thomas Schaffner Daniel Schlosser Asia Schultz Cullen Schultz Matthew Schwartz Jeremy Schwarz Isaac Seidel

Pathik Sen John Sewell Megan Shadley Nicole Shalpak Lambert Shao Christopher Shaw Michael Shields
Priscilla Ching-Chin Shiue Ajar Siddiqui Jussi Silliman

Danielle Silverman Miriam Simon
Kyle Singer
Sridhar Sivapurapu
Evan Slone
Andrew Smith
Dylan Smith
Matthew Smoot
Daniel Snyder Abigail Soule

John Srour
Noah Star
Raymond Stebbins
Alison Stein
Bronwen Stern
Hafsatu Stevens
Margo Stokes
Rachel Stone
Rahul Sujanan Thawm Sung

Andrew Swanson
Krista Swanson
Jennifer Tabaczynski
Kevin Tan
Shen Tang
Teni Tashjian
Claudia Tate
Alyssa Taylor
Keeya Tendo Mitchell Therieau

Amy Thomas
Reginald Thornton Jr. Christopher Tiani Elise Tiani
Kendra Tiani
Benjamin Tido
Alison Tippett
Alexandra Traganos
Zachary Trappiel
Daniel Tringale
Phoebe Troll
Emily Tso
Nominerdene Tumennasan
Kelly Turk
Jason Tzannes
Craig Vadenais
Skyler Van Arsdell
Martin Van Mierlo
Danielle Varallo
Cody Vendetti

Annika Voss Bronwyn Wada-Gill Rachel Wagner Emily Walker Nicole Walsh Christopher Wan Leighanne Wang

Rachel Wasser Tobin Waters Amelia Watterson Tova Weinronk Lisa Weisberg Kevin Wen Olivia Wendel

Kathryn White Brittany Williams Sophia Willinger Emily Wilson Derek Winton Stephanie Wiryaman

Christopher Wisdom Kenneth Wong Labow Zoe Wood James Wouralis Emily Wright David Wu

# notes from above <br> a word from the class president to future sophomores 



Levi Akanezi David Balaban Zhade Barner Oscar Bian Karen Botsio

Sophomore year is a blast - you've got cruise to look forward to, you're getting more accustomed to high school, and you're no longer a freshman. Work starts to pile on, but you don't need to be worried about colleges... yet.

My best advice for the upcoming sophomores is to do your work and to get more involved (whether that be with the school or outside of it). Before SATs or college applications get in the way, develop your hobbies and enjoy what you do outside of school. Spend your time doing what you're interested in, and don't waste time on what bores you. That doesn't mean to slack off in English class, but if you really don't like history, don't take the AP. If you have a knack for math, go ahead and take honors. If science is your thing, try taking AP biology. With a year under your belt, you've probably already found a balance between school and the rest of your life. Work hard in school, but remember that if you don't have fun, you'll look back on your high school experience as a whole lot of work and stress.

As president, I encourage everyone to attend school events. Don't be that kid who thinks he's too cool to go to dances. Almost everyone who goes has fun. I hope you all went on your sophomore cruise, and those of you who didn't: know that you missed out! Our cruise was raved about, and sophomores had so much fun. Sophomore year is only as fun as you make it, so live it up!

Sincerely, Rich Oliveira Soens Class of 2012


## What advice would you give future sophomores?

Alexander Yin: I would
say that it's important to stay on top of schoolwork.

Abby Bokun: Get involved in school activities.


Julia Fiore: Choose classes you think you will enjoy.
Claudia Tate: Establishing good time-management skills is importnat.



Filled with both excitement and anxiety, freshman year was a milestone in the lives of adolescents. A new campus to navigate, tougher classes to balance, and more demands to handle converged into freshmen's bustling lives. However, new friends and opportunities also unfolded in exciting ways, making high school an ultimately enjoyable transition. As they explored their newfound independence and responsibility, they were able to identify their strengths, find their passions, and pursue their interests. In spite of the difficulties of starting high school, freshmen found ways to cope and excell and evolved into well-established members of the high school community.


Samuel Alpert: Getting to meet lots of new people is awesome.
Matthew Taves: I like that we have more freedom.


Lily Zhu: We have a lot more responsibility than we did in middle school.


## Samantha Chua:

Teachers are a lot more eager and available for
 individual attention.


Dinmohamed Abdimomunov Taiga Abe Elijah Ada Nathaniel Adams Mohammd Akmal Ariana Akram Anna Alexandrou

Matthew Allen Matthew Almeida Samuel Alpert Jessica Altschuler Harrison Ames Jessica Anderson Tetra Antoine

Cameron Archibald Joseph Arciprete Tobin Armstrong Garni Aroyan Wilbert Arroyo Rose Arslanian David Atkins

Tamar Austin Carolyn Avery Michelle Azaroff Bobby Backofen Dakota Baker Phillip Ballo Savannah Bara

Cody Barbieri Amanda Barnes Michael Barry Katarina Bartel Alan Bartels Judy-Lynn Benjamin Daniel Bernstein

Surya Bhupaliraju Anna Blumenthal Ian Bollag-Miller Ashley Bongiovanni Maia Borensztein Kaitlyn Brady Abigail Brainard

Laura Breitenfeld Elijah Brick Nicholas Briggs Chloe Briskin Mattha Bromberg Benjamin Brown John Buschini II

Jeffrey Bush Kristina Bush Tyler Byrne Nancy Cai Felix Cancre Christina Canzano Alessandra Carpinito

Joshua Carruthers Naama Celine Taylor Chan Christine Chang Claire Chang Winnie Chang Nicholas Chaput

Pavitra Chari Alex Chen Jerry Chen Perry Chen Xingkai Chew Bryan Chiakpo Eric Chiang

Talia Chiarelli Timothy Childs Naina Chipalkatti Sameera Chippada Hyun Jae David Cho Fiona Chow Samantha Chua

Margaret Chuang Cameron Chung Felix Chung Fiona Chung Shelby Chung Giancarlo Cincotta Michal Clayton

Alixe Conn Chris Connors Grace Cooper Steven Crawford Brendan Cue Elizabeth Curley Akshay Daftardar

Bryan Daley James Dalton Spencer Daus-Haberle Henry Davidson Michelle Decarlo Jacqueline Denning Sheela Devadas

Catherine Dickenson Dana Dimodica Caroline Dinapoli Alexandra Ding Darwin Ding Shawn Ding Antonio Diramio

Kirk Dlugy Richard Dobbs Sarah Dohan Matthew Dolan Mary Domings Benedict Donahue Kristen Doo


## a fresh start

 the high school welcomes freshmen to the campusFOR MOST FRESHMEN, THE first day of school was one of the most memorable of their high school career. It was a day of both excitement and nervousness, for no one knew what to expect.

Schedules were a lifeline for getting through the day, especially with the large school campus. In between classes, students with worried expressions constantly pulled schedules out of their bags to help guide them to their next class.

The first day was also the
first time freshmen from both middle schools, Diamond and Clarke, had classes together. The two middle schools were rivals, but their students were united together that first day. Those who were accustomed to knowing everyone in their grade found unknown faces as they walked into their classes.

In the end, this change was for the better. Memorably, everyone made new friends from the other middle school and continued to meet new people.

<Pizza picinic: On the patio, Kyle Harvey, Alex Olendorf, and Matthew Mazor enjoy some fresh air during lunch on the patio.

< Final Destination: Having successfully reached class, Olivia Rosenfield fills out an information sheet. Freshmen spent most of the first day writing information for teachers' records.

< Schedule search: Deeply engrossed in finding their way to class, Kelly Zhang and Melissa Wong scrutinze the room numbers of their classes. For freshmen, understanding the room numbering pattern on campus was crucial.

< Strength in numbers: Sticking together, Alana Martel and Quinn Meloney make their way to class together. Being around other anxious freshmen on the first day gave them confidence on campus.


Q

Michal Clayton: The size of the school and the different buildings. Elizabeth Kusemaul:
The short passing time.


Ellen Meyers: Keeping
track of all the work so I don't fall behind.


Fiona Chung: Not getting to see as much of my friends in the halls.


## wait...Where?

 freshmen explore the new campusRushing to every class, it was hard not to feel lost. Being at a new school with upperclassmen towering over them in the hallways, freshmen often felt intimidated by their new surroundings.

Between navigating through the hallways and making it through the clusters of people around the stairwells, finding their way to class was a struggle at the beginning of the year.

For those unlucky enough to have mixed up the new block schedule and gone to the wrong
classrooms, exiting the room after roll call in a walk of shame created some very emotionally charged memories. Good thing there were upperclassmen there to tell them which building was which!

With only five minutes for passing time, freshmen found it hard to adjust to the incredibly large campus and its four buildings. However, with a little time, they were able to navigate once they had mastered the school's layout. Soon, most freshmen knew their way around like upperclassmen!

This way?: Confused, Elijah Ada looks around trying to find his next class. Freshmen commonly felt lost on the first day, but soon learned the layout of the school buildings.
> Directing traffic: More confident than most, Sara Pion helps Jen Skerker out by pointing her in the right direction. As freshmen spent more time on campus, they began to feel most comfortable giving directions around the Family connections: Taking
advantage of his brother's
seniority, Evan Tarrh seeks
out his brother Nathan Tarrh
for directions. Upperclassmen
helpfully gave the lost freshmen a
hand if they struggled on campus.

Q:


What
confuses you most about campus?

Sara Lehman: The room
numbers in the buildings, they aren't in order!


## Miriam Lipschutz: The room

numbering of the buildings and the fact that we have four!




Did middle
Amber Pardes: Yes it helped.
The teachers at Diamond prepared us well. you for the high school workload? Jenny Skerker: At the beginning it did, but the work load here has increased.


# keeping busy freshmen find Mew interests and activities 

For every interest from community service to anime, there was a club or organization for students to join. During the annual Activities Fair, clubs lined up their displays, using candy and stickers to entice prospective club members. Freshmen circulated among these booths, stopping to add their names to the ever-growing email lists of the clubs that interested them the most.

Whether they truly had wanted to participate or had merely added their name in hopes of being rewarded with candy or baked goods, they were soon flooded with emails from activity
leaders. From there, freshmen were forced to choose which meetings and clubs to attend, and which emails to delete from their inboxes.

Not all activities were open to all who signed up, though. In response to the creatively designed fliers that went up in September, vocally gifted freshmen showed up to audition for student-run accappella groups, fighting for spots generally dominated by upperclassmen. Jazz musicians also fought for spots in the competitive jazz ensembles. Between musical groups, clubs, and new activities, what freshman had time for schoolwork?

V Virtuoso: At the keyboard, freshman Evan Tarrh takes the stage at Jazz Nite. Only a few talented freshmen performed at the first Jazz Nite because it was dominated by upperclassmen.

Eli Mattingly: | signed up for three clubs today.
Shelby Chung: Two
clubs. My favorite club was definitely I Can.


> Folding with friends: In the process of making a paper creation, Winnie Chang and Samantha Chua converse with other members of the origami club. Clubs were excellent places to make friends.

) DRAWN In: Enticed by their bright display, Sarah Lehman adds display, Sarah Lehman adds
her name to the Best Buddies list. The fair was a great place for
organizations to recruit members. list. The fair was a great place for
organizations to recruit members.

How many clubs did you sign up for at the fair? Which ones?


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One of the newest aspects of high school for the freshmen was double block science. Along with having to get used to the unique schedule of the school, the concept of double block science came into the picture.

To teachers, double blocks were extremely helpful for their lessons. Labs that normally took two days could be done in one, and with fewer disruptions. This gave classes twice as much time to do the lab requirements, whether it be analyzing graphs of seismic waves, plotting phases of the moon, etc.

# double trouble freshmen encounter double block science 

The downside of these days was the occasional long lectures. Certain topics took a longer period of time to cover, so teachers used the double block for a lecture in order for the necessary information to sink in. Few students found these days enjoyable. The dark rooms, monotonous lectures, and the steady dull tone of an overhead projector fan all led to many droopy eyelids and a few zzz's!

Double blocks were excellent preparation for the different block schedule possibilities of science in the years to come.

V Steady Concentration: Diligently, Eli Ruben works on his assignment at the end of class. Despite the long block, the students continued to persevere through the pile of work that comes with science.


CLass DIscussion:
Actively participating, Gabrielle Labit asks a question during a lecture. Discussions helped the students understand concepts better that would be later applied to their labs and homework.
) Way to Focus: During a long block, Michal Clayton and Haley Fradkin work hard on their labs. Dedication and focus were necessary to accomplish all the tedious analysis necessary in the labs.


Olivia Rosenfield Connor Ross Philip Rossi Talia Rothstein Elijah Ruben Giustina Sacco Nasreen Salem Samuel Salisbury Wyatt Sanders
Maria Savord Christian Schembor Jamie Scherzer Catherine Schmidt Simon Schneider Matthew Schreibman Nina Schulze Darby Schworm Alec Seferian

Nicole Sekula
Cheyan Setayesh Andrew Shan Yuankai Shan Meghan Shaw Alexander Sheena James Sheffield
Hao Shen
Nadine Shen Molesky
Abigail Shenker
Edward Shin
Matthew Shorter
Raffah Siddiqui
Brian Singer
Matthew Singer
Maya Sisodia
Jennifer Skerker
Gregory Smail
Charles Smith
Jeremy Smith
Lucas Snyder
Jared Socolow
Imari Somers
Tim Song
Pawinn Songtachalert
Daniel Spero
Samuel Spirio-Johnston
Katherine Stahl
Kevin Stanley
Rachael Steadman
Jason Stein
Alexandra Sternklar
Lindsay Stevenson
Thomas Stirrat Zachary Strohmeyer
Victoria Suber
Sara Sussman
Adrian Svenson
Paul Tabak
Rae Lin Tan
Evan Tarrh
Akiho Tatsuta
Marthew Taves
Kathryn Taylor
Daniel Tetzaguic
Sherya Thatai
Vikram Thomke
Dan Thompson
Jenistine Tomlinson
Isabelle Trourman
Bhavana Vadrevu
Christopher Van Etten
Megan Vanderhooft
Celia Vaughan

Prashanth Veeragandham George Velonias Ranya Virk Taylor Vitunic Ryan Voto Jonathan Voutilainen Bruce Wang

Richard Wang Susan Wang Ezra Warf Khira Waters Christopher Watson Rebecca Weiser Zoe Weisskoff

Emmeline Wheaton Daniel Whelan Peter White Sara Wichlei Brendan Williams Samuel Williams Stephanie Wilson

Mariel Winton Yaeram Won Andrew Wong Brandon Wong Melissa Wong Thomas Wong Jeannie Wooh

Connor Wu Emily Wu Josephine Wu Jing Jimmy Xia Boyuan Xiao Christopher Xu Jonathan Yam

Anna Yang Jamie Yang Hoda Yehia Alicia Yeung Stephanie Yin Jackson Yip James Young

Aldila Yunus Michela Zaccai Jamie Zack Laura Zanin Leila Zarkhin Darius Zgripcea-Bailey Kelly Zhang

Peijin Zhang Ryan Zhang Vivian Zhang Alan Zhou Paul Zhou Andrew Zhu Lily Zhu

184) underclass

## notes from above a word from the class president to future freshmen



Talia Chiarelli

There is only one president of each class and that president has only one year to make a difference and a change for the better. When you vote for your favorite candidate, you are putting your faith into them, believing they will carry you through the good and the bad times of freshman year. You're putting the responsibility on their shoulders, giving them the power and control, and trusting them to lead your class to a successful year.

I ran because I wanted to make my class the best it could be. A true leader should show kindness and respect towards everyone. They should be part of multiple groups of people and be a role model for everyone to follow. It takes a lot of character just to put your name on the ballot. I realize this and I respect anyone who goes even so far as running for a position. Courage, character, and confidence are a big part of being a leader at LHS. I was honored to be voted as the freshman president of the class of 2013. I realized that there would be many challenges ahead, but I promised to put all of my effort into the best interests of my class and my classmates.

But being president or being part of class council or Senate is not the only way to be a leader of your class. What is important is to be the best you can be towards others, be positive and respectful to your classmates. These people that join you in your classrooms will be by your side up until graduation and for some even beyond LHS. By being patient with others, showing others right from wrong, and helping your fellow classmates you can be as much of a leader as anyone. It is crucial that you be kind and stay on good terms with as many people as possible because you never know when you may need them or when they may be in a position to help or hurt you. I've always tried to never exclusively be part of one group but to be part of as many groups as possible. By being active in multiple groups you can see your class in a new way and be a diverse person, which is always beneficial.

Being a good citizen within the halls of LHS and off campus builds character that you will carry throughout life and throughout the real world. Going the extra mile for others, caring for others and being selfless through charity are qualities that come with growing up and maturing. And through being part of such a large community at Lexington High School, full of caring individuals, I have begun to understand the importance of these traits and how they play a role in how we will live our lives in the years to come.

Sincerely,


Robert McCullough:
Teachers can be really helpful resources.


Kevin McElhatton:
Work on time management.


Yennie Mok: Stay organized and don't fall behind in classes.

A



You pass by these people in the halls, NOT GIVING THEM A SECOND LOOK. BUT EVEN DURING THE ROUTINE OF SCHOOL, WE ARE QUIRKY. WE ARE NOT DEFINED BY WHAT WE HAVE TO DO, BUT WHAT WE CHOOSE TO DO. WE WRITE AWARD-WINNING PLAYS, WE manage time efficiently. We cook Thirty Minute Brownies in TWENTY MINUTES AND WE CRUISE THE SKIES AND PROGRAM ROBOTS. WE DON'T NEGOTIATE WITH EXTREMISTS AND WE BAT . 400. The LAWS OF PHYSICS DON'T APPLY TO US. WE ARE ABSTRACT ARTISTS, concrete analysts, and ruthless planners. These select PROFILED STUDENTS ARE ONLY A SMALL REPRESENTATION OF WHAT THE ENTIRE STUDENT BODY DISPLAY: DIVERSITY, DETERMINATION, and flair. And then there's you. Strange as it may sound, WITHOUT YOU, WE ARE ONE FEWER, DIMINISHED.

## Class of 2013

Who knew that theatre exposure at a young age could lead to a lifetime passion? For Judy-Lynn Benjamin and Zoc Wcisskoff. that is exactly what happence. "My parents took me to Broadway shows as a kid," Zoe said. "I fell in love with the stage, so when I was seyen, I became a part of this theater company called Boston Children Opera." For Judy-Lynn, love for the theater came later on. "I started attending summer programs at CYT [Concord Youth Theater] when I was about nine. In cighth grade, I started to audition for the main stage productions of CYT." Despice their youth, both have been in countless plays and musicals, including Picd Pipers and Alice in Wonderlamd. While theater may sound like fun and games, it can be grueling work auditioning and rehearsing. However, that does not stop them from teaching for their dreams. Judy-Lynn is currently in Robin Hood, playing the role of a guard who "goes through a drastic personality change." Zoe is not in a production currently. but she is "definitely planning on doing theater productions with CYT:


## SyDNEY (-aiking luy

## Cl.ASS OF 2012

Sydney Carrington was initially dazzled by the high-tech ambiance of Hong-Kong where she landed last summer with group of forty teen-aged ambassadors from the organization People-to-People. They were first whisked off to a village outside of Beijing. Even though few people could speak English, they were very friendly and communicated with hand gestures. At the end of their stay, 150 people came to a party in their honor at a playground, In Hong Kong and Beijing, Sydncy was struck by the eagerness of the kids her age who couldnt ask enough questions about our way of life.

Her most vivid impressions were the incredible fashion styles. "I loved their clothes: the prints, the silks." The aggressive nature of the vendors also lingers in her thoughts. "In Tiananmen Square, if one person bought something, the group was followed and hounded to buy more." Finally Sydney concludes, "I got a different viewpoint of placex other than America and I appreciated being an American more. I definitely want to keep traveling."
"It is impressive and I'm quite proud of it," said Julian Azoff, refering to the second degree black belt he has in karate. He has earned it: he started taking lessons at the age of five. Through the years, he has learned which moves are skillful and which moves are rookie mistakes. "You can't actually punch someone in karats," Julian said. "A lot of people forget they can't do that." And where did he learn this knowledge? "I learned from my dad," he said. It is not weird, since his dad is owner of Allan Azoft's Martial Arts Academy. However, that does not mean he getx special treatment: Julian still goes through all the practices and warm ups, just like everyone else. However, he enjoys it very much. "It's fun, good exercise, you ger to learn how to defend yourself; and it helps with coordination and selfconcrol." he said.


## 

## Class of 2011

Playwriting opens up an alternate reality, where with the flick of a pen, normal people become super spies, Ninjas, and historical figures. "When it's between you and the pen, entire universes can be created," said Julia Friedman, "It's you, your mind, and the entire world" Julia blends her passion for filmmaking and playwriting with her Latina heritage in editing Spanish T.V. shows such as Oralel, El Show de Feruouchiro, and Con Veronica. "It opens up a lot of windows, and I meet a lot of people. If anyone needs Peruvian dancers, ask me. I know who to call," she said. But writing a story and putting it into action are two dramatically different tasks, "I can never find actors or... the right equipment or... enough time to edit," says Julia. However, the feeling of accomplishment far outweighs her struggles. "I've kicked the computer more times than David Beckam has kicked a soceer ball, but it's that kind of frustration thar empowers me - I cant stop. And when I finish, it's the best feeling ever. I feel like a proud mama who's just given birth. I'm tired, $\Gamma^{+} \mathrm{m}$ in pain, but my baby is better and prettier than anyone else's."

## Ci.Ass of 2011

Posters dot the walls and boxes of nonperishable food line the classrooms. Homeroom announcements are given out now and then. Through this, Students Make a Difference works tirclessly to engage in challenging causes. And at the center, there is Michael Gamts, president of it all, and passionate volunteer. -Were for runate to have a big and active membership and lots of SMAD members help out," said Michael. SMAD is involved in various things, from playing with homeless children to rasing moncy io donate to KIVA, a micro lending program, to organicing drives for various necessitics. Since last year under Michael's leadership, SMAD has raised thousands of dollars for such causes. "I learned the power of collaborative leadership and a comnitted group. I am proud that SMAD has been able to inspire students.,., to engage in causes in little corners of the world to make a difference in the lives of others," said. Michacd.


## Class of 2011

He's a master of illusions and the sleight of hand. A magician since his early years, Wally Napier never ceases to astound others with his skill. "Practice makes better... and patience. You'd be practicing and practicing something again and again until it's almost mechanical," said Wally. His latest project isn'r an art of illusion, though, but an art of expression. His company, Wally's World, is funding "Ihe Whiteboard Project," an initiative to set up whiteboards in every batliroom as an outlet for graffiti. "I was in a restroom, and I saw a graffitid quote, 'Reauty is everywhere.' I thought it was pretty ironic, but still [graffiti] has a right to be seen. It's enjoyable; and makes your trip to the bathroom fun," he said. As with graffiti, magic is a form of expression to be respected. "When you see good magte being performed, [enjoy] it, and [don't] be focusing on how ir's done. When you walk into a show, it"; good ro be respectful, and to just embrace the magic."


## Class of 2012

Boy Scouts aren't just about the Pine Wood Derby and camping as Gregory Muir would know. After climbing up the scout ranks for years and following in his brother's footsteps. Gregory finally reached the Eagle Scout position, the highest rank in Boy Scouts. But just getting there isn't enough. Gregory had to do: community service leadership project to earn his bidge. "I made a walkway in Willards Woods to ger people out of itie mud. I had to meet with the conservation department, which was a long tedious process," Gregory says. But in the end it was worth it for him. "People who complere rheir Engle Scour projects arc held to a higher standard, and now l'm part of that srendard.' Aside from his work to improve the Lexington community, Gregory also enjoys the other adventures the Boy Sevut. have during the year. His troop goes on about one trip a month. including in the winter, "We do a lot of high adventure staff in the winter, and last summer we went on a 70 mile hackpacking trip." So whether youre trying to set up boardwalks in town or backpacking across the country, Gregory is the go-to guy:

Some prople dream of flying, of soaring the skies. Richard Oliveim Soens actually does. "I have been flying about five years," he said. Everything started when Rich flew on his firal commercial Hight and started drawing planes at the age of five, Ar fourteen, he began taking lessons and lyying at Bedford's. Hanscom Airport, But Aying has a price. "I need to work a job to pay for it, and I have spent more than a couple thousand!" Rich snid. Through flying, he discovered a hobby for collecting safety cards on planes. With over 800 unique safety cards. Rich has sained international atrention, having being featured on Air Astana's in Hight magazine and the Aopa flight-training magrame,


## Class of 2011

"The most challenging thing is walking up the ladder and standing on the board before a new diye," said Helen Zitkovsky. "But onec you try the dive, it's really exciting." Helen's breathtaking flips and twists got their start from gymnastics. When she was nine years old, Helen followed in the footsteps of many other gymmasts and decided to try diving. Now, she practices two hours a day, five days a week, for competitions in places like Newy York, Florida, Ohio, Indiama, and Georgia. In her tavorite diving memory, Helen placed sixth in the three meter event at last summer's national diving competition. "It was so exciting to be standing there with the nation's top divers!"


## 

## Class of 2010

The Siemens Westinghouse contest is what about two hundred of us compete in each year, in hopes of advancing to the nationals in the name of scientific discovery. This year, duo Britmey Joyce and Andrew Walsh, with their project "Investigating the Spread of Bird Flu: A Phylogenetic Analysis of Influenza H5N1," became regional finalists and one of the top sixty projects in the country. Starting in the beginning of their junior year, they began investigating bird flu using phylogenetic trees and worked through the year, into the summer, and well into senior year. Finally, they went head-to-head against four other projects from the New England region at MIT fur a spot at Nationals. "We learned how to effectively present our research. Presenting to twelve renowned professors was intimidating, but we were able to get some great feedback," they said. Siemens was an eye-opener, as well. "We both plan to continue scientific research in college," they said.

## Mank (imonaisky

## Class of 20 io

In April, numerous sixteen year olds donated blood to the Red Cross. Several years ago, sixteen year olds did not donate blood. This was not New York, where the age was sixteen with parental consent. "That was the initial motivation - to correct the glaring inequity I saw... if I could help someone in New York, why couldn't I help someone in Massachuserts?? Mark said. Bills typically take six years to pass, but Mark did it in one and a half. He pushed the bill of lowering the blood donation age is sixteen through the chaos of the six thousand bills flurrying through the legislature. "I wrote to every newspaper in Massachusetts to ask people to support my bill." In the summer, when Mark was fighting to keep it on the agenda, he arrived with his family, Representative Kaufmann, and Channel 5 in tow to force debate in the Massad husets legislature. It was the first time in years that cameras had been allowed on the House floor. "Good ideas can affect change," says Mark.


## Class of 2010

You wouldn't know it, but the reason why your younger sibling is learning Spanish in elementary school is because of Yehna Chang. Originally, the school committee was set to cut funding for Spanish education. However through determination, Yehna led a group of Lexington High students in teaching Spanish to preserve the longiime tradition. "Each reaching session is an enriching experience for cyeryonc in the classroom. The bright, curious faces of my students make me realize just how much I love teaching," said Yelnna. "Through teaching, I have found that responsibility is the ultimate privilege. Giving children the enthusiasm and determination to learn is my greatest passion." Her passion for teaching is so strong that in college she plans to get involved in programs that let students pursue opportunities. "Lexington has offered me so many opportunitics; I wish to ler others have the same kinds of opportunities." Next time you see her, give her a pat on the back.

## SAIF HAkiM

## Class of 2010

MIT-caliber programmers are frequently seen around the school, and among the better ones is Saif Hakim. Since he was young, he has programmed various things whenever he can, from modeling interactions of people in English class to crearing a dynamic tree showing immigration in the U.S. for history. "Programming skills can be applied pretty much anywherc," Saif said. "I enjoy the ability of taking a problem no matter how difficult it may seem and bashing the hell out of it." Saif's exceptional talent takes him places as programming can serve as a way to make money on the side as a freelance programmer. It is also the road to a carcer as a sofiware designer. And beyond that, he has even designed optimal ways of doing blood resting, an actomplishment that truly can save lives. "A brute force solution takes a second or two at most," said Saif.

## N: ilasi Ies

## Class of 2010

Even with endless college applications and scholarship searches, Mike Lin still makes time for what he enjoys most: swimming. "I look forward to colleghate swimming," he said. After starting to swim competitively in seventh grade. Mike is now a rare talent among swimmers. He has competed in Nationals for the North Shore Swim club and led the Lexington High School swim team to numerous wins, "T'm a backstroker," Mike said. "I have high goals when I swim with other fast swimmers." He has also been Peatured in numerous newspapers including the Boston Globe. However, despite all his hard work, Mike suid, "I give all my glory to God."

## Ctass of 2010

You know himi youve seen his mad dance moves, Brak dancing is not juse a hobby for him - it is a lifesyle. Broken bunes come with the rerritory. For Genesis, he's broken his shoulder and his elbow, "but I'll definitely continue it in college. It's something that I'd want to pursue my entire life," he said. Bur despite its hazands and stereotypes, "anyone can breakdance," Genesis said. "re's not for any special culture. It's not just for the black, it's not just for the white, it's for every culture. It's a dance form thitr inspires. Every move from every genre is just mixed to get breakdancing:"

## Adnch Meyers

Class of 2010
Ted Kermedy's funeral represented the loss of one of the most effective legislators in Congress, and Adam Meyers was actually there. A year ago, he competed against thousands of other applicants for an internship with Senaror John Kerry. "The whole process took abour five "months, but it was worth it," he said. In August, he spent three weeks in John Kerry's office, answering phone calls and performing administrative duties. "I remember when MoveOn.org la nom-profit political advocacy groupl urged people to cill their Senators," Adam said. "Another intern and I were at the front desk and we answered over threc hundred calls in two hours." Kennedy's death sparked chaos, and Adam had to help out with Kennedy's health care town hall event. "Bur I learned a lot. I'll never forget it."


## Ct.Ass of 2010

Lexington is a place defined by style: cool shoes, pretty shirt, niec jeans, whether or not you have a Harvard sweatshirt. But Abby Spatz doesn't follow trends, she creates her own accessories and clothing. From coats and jackets to basthing suits and formal gowns, she has designed nearly every rype of clothing for seven years. "I always knew I wanted to be: designer, so I begged my mom to sign me up for sewing lessons when I was eleven and I have been taking them since," Abby said. With dreams of being a fashion designer in Paris someday, Abby has dedicated lieself to design and French classes, and is extremely meticulous about her work. "I think a lot about details like pockers and linings. There is not one seam on my garments without a specific purpose", she said.


## Class of 2010

One day in seventh grade, Maya Silver woke up and decided she wanted to learn to ride a unicycle. And that was the beginning of a long one-wheel-drive journey.
After saving up to buy her unicycle, Maya began to practice everyday. "I just kept falling off and falling off. It was hard to keep on going when I knew that eventually I would fall." At first, she could only manage half a revolution of the wheel, but she continued to practice, holding onto her garden gate and propping the cycle up against a rock.

Since then, Maya has come a long way. She can now go about eight miles per hour while cruising on her 36-inch-diameter cycle and even cycle backwards. She recently unicyled to Cape Cod, a distance of 115 miles in just two days. "I probably should have trained more, in retrospect," she says modestly. "But it still worked out."

Maya is currently hoping to ride in a race for a charity in the future and is thinking about organizing one herself.

## 

## Class of 2010

To most people, World of Warcraft is just a game, but.to Rumay Wang it is a serious profession. In her junior year, Rumay decided to give pro-gaming a shot and soon she was travelling internationally. These competitions were much more intense than your average garne; they had a full audience, sponsors watching, and prize money on the line. When school began to clash with her busy schedule, Rumay took a year off in order to focus on World of Warcraft. However, Rumay has no regrets. "Nor only did I make a decent chunk of money, hut I got to travel all around the world on someone clse's paycheck. It's a orice in a liferime experience for sure!


## Class of 2010

Sometimes, dreams are just impossible, Ever since studying it in fourth grade, Amee Varteresian has wanted to study Egypt for the rest of her life. Her dream is to live in ancient Egypt, an impossible goal. "The next best thing is digging it up," Amee said, and so her dream was born. Going to the Museum of Fine Arts only reaffirmed her interest, and she has gone on several digs already with an archeologist from Boston. However, there her dream stops short. "The problem with Egypt is that you can't really study abroad during your undergraduate years in Egypt, because the government only lets peopic above a certain level of study in." However, that doesn't stop her from dedicating herself to Egyprian studies and devoting herself to the City of Boston Archeology Program.

## Class of 2010

Erin White has lived all over the country, but the one thing that stayed with her was violin. For fourteen years, she has poured her heart into practicing the violin, and even now teaches middle school viola. "I feel like music is the only thing that comes naturally. The sound of a violin comes naturally, yet you have to practice to make sure it doesn't squeak." Classical music is her forte. "Music expresses more by itself than with words, and people can interprer classical musical any way they like," Erin said. Since her first competition at the age of eleven, she has gone on to play in numerous concerts, and even won first place in a comperition to play with the Boston Symphony. "It was the biggest surprise ever. I'm really lucky to have a really good teacher," she said. For Erin, it's lucky that she knew that she wanted to play the violin since the age of three. "For music, you have to know exactly what you want to do. You can't just decide in the middle of college that you want to go into music." Now? She's going to music school, and is on her way to playing the violin professionally.



As you stand in your cap and gown on that special Sunday afternoon, you might begin to reminisce about your high school days. Your first day of high school, that day you heard that the school flooded and so classes would be canceled for a week, and the very best day of high school: senior skip day. Memories will race through your mind. Bur once the tassel has been turned, hands shaken, and a diploma placed safely in your hands, it's all about where you're heading next. Nothing is quite as exciting as a new destination.


Myles Adley
The purpose of life is to live it, to taste experience to the utmost, to reach out eagerly and without fear for newer and richer experience.
-Eleanor Roosevelt


Zachary Alfonse


Mikhail Andreev


Raeshib Aggerwhil
Nobody can bring you peace but yourself. -Emerson


Shani Aharon


Charlotte Ames
The woods are lovely, dark and deep, But I have promises to keep, And miles to go before I sleep, And miles to go before I sleep. -Frost

Noha Ahmed
"The future belongs to those who believe in the beauty of their dreams." Eleanor Roosevelt


Candice Andfield
Your little Sis did it for you and will always do it for you RIP Bro!!!

Morgan Allen
"Courage is not the absence of fear, but rather the judgment that something else is more important than fear." Ambrose Redmoon


Starling Anthony


Gene Arciprete


Tamar Aroyan
"When at first you don't succeed try try again."

## What memorable or funny experience did you have in freshman year?

Lora Dunn-Hardy: Freshman year, I thought it would be fine to walk across the ice covered grass between the
Language and Math Buildings in mid January. Then I tripped and went sprawling in front of some hot senior guys. And that's how I learned about the Freshman Pond. And how I learned that bruises can last a very, very long time.


Malvika Arya
"Walk on with hope in your heart and you'll never walk alone..." "When I get sad, I stop being sad, and be Awesome instead." True story. I'm a Mango Person...


Colin Barker
You what they (nobody) say, What happens in Lexington stays in Lexington. Except for Education. That benefit will come back with you.


Kelly Astone


Valerie Avallone
"In order to succeed, your desire for success should be greater than your fear of failure." - Bill Cosby thanks mom and dad, peter karen and stacey <3


Caroline Bartlett
The days that are still to come are the wisest witnesses.


Daishawn Beaumont
Do you mazzy, razzy? Blizzy! All go no quite " 06 " Fresh Football!! ! 2010 all day!


Joulia Belkova
"If your mind can conceive it, and your heart can believe it, then you
can achieve it."


Shruthi Balasuryan
When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one that has been opened for us. -Helen Keller Thanks to family and friends!


Brandon Battite

Rachel MacNeil: Freshman year I walked into the boys locker room by mistake. I didn't even realize I was in the wrong place until I was about to go out the other door... so I walked all the way through the boys locker room and didn't notice. What adds to that story is that instead of just going out the closest door... I walked all the way through the locker room again to go out the door I went in.


Magdalena Bermudez


John Bernstein
One of the greatest pleasures in life is doing what others say you can't

Jennifer Bobrow
"The Weapon We Have Is Love"



John Berryman
"Life is like a garden, dig it." Joe Dirt


Rachel Blake
Perhaps you are trying to dodge the raindrops. Just walk through the spaces between them. -17 Ways to Eat a Mango


Kurtis Blettner
"The limit to your abilities is where you place it."


Timothy Borjas Life is what happens to you While you're busy making other plans. -John Lennon


Joshua Brackett


Grace Bongiovi
"Starting from nothing to where we are is farther than the farthest star and farther than the farthest star is where we're going from where we are."
-Eyvind Earle
-


Jacob Bragen
Roads? Where were going,
we don't need roads.


Sarah Borjas
The future belongs to those who believe in the beauty of their dreams. - Eleanor Roosavelt


Camille Briskin


Anne Mok: The day of my interview, my interviewer was having custom-made chairs delivered. When they arrived in the middle of our interview, she asked me to try them out. It was awkward, but they were really nice chairs.


In Young Chang Life is like topography, Hobbes. There are summits of Happiness and Success, flat stretches of Boring Routine, and valleys of Frustration And Failure. -Calvin and HobbesThank you Mom, Dad, Andrew, and Corey


Michael Chang
Let the best of your todays be the worst of your tomorrows, Forever Young
I love you Mom, Dad, Steph, and Phil. I'll always be grateful and forever indebted to all that you've done.


Yehna Chang
"Life is like riding a bicycle."


Baylee Charbit
"Be yourself; everyone else is already taken"- Oscar Wilde

Merci à tous qui mont aidé a devenir qui je suis aujourd'hui. xo


Galen Chen


Matthew Cheng
Respect is not a one-way street." -Henry Rollins


Cassandra Chew
so don't fear it now
we're goin' all the way that sun is shinin' on a brand new day


Allen Chiu
"It doesn't matter where you are coming from. All that matters is where you are going. - Brian Tracy Thanks to all my friends and family for all the support they've given me.


Joseph Cho
Catch the trade winds in your sails Sail away from the safe harbor. Explore. Dream. Discover. -Mark Twain


Kevin Choi


Mark Chonofsky
Quotation, n:
The act of repeating erroneously the words of another. The words erroneously repeated. Ambrose Bierce


Ian Childress

What is the weirdest college mail or email you have received?
O Hillary Stevenson: I received a 3D catalog from one school, complete with 3D glasses.
O Sonia Weiser: I got emails from an aeronautical school.


Jennifer Chuang
When life gives you lemons, Make lemonade


Lance Claflin
"Good to begin well, better to end well." English proverb / fortune cookie


Spencer Clark
Dream as if you'll live forever live as if you'll die today.


Dean Coen
"If the losses didn't hurt this much the wins wouldn't feel this good." Thanks for the 4 best years of my life KINIMwIk and my brother JP Love you momdadscottalexandrewsama? Thanks for everything. LHSFOOTBALL54


Zoe Colman
"Enjoy every sandwich." - Warren Zevon


James Cooke


Peter Colombo
Let us go singing as far as we go; the road will be less tedious."
-Virgil


Devlin Cooper
There are many powers in the world, for good or
for evil. Some are
greater than I am. Against some I have not yet
been measured. But my
time is coming.
-Gandalf

Sarah Borjas: A college said that they were not interested in me but sent an email the next day saying that their mail system was hacked and that they were in fact interested.
Rebecca Elyanow: Colby sent me flashcards and said that if I visited their campus that I could turn them in for something "green".


James Corcoran


Christopher Coughlin


Andrew Crocker
Time you enjoy wasting was not wasted. -John Lennon BEATS


Nathan Cross


Allyson Crooke
"There is great meaning in life
for those who are willing to make the journey."

Keith Cudmore


Gregory Cuoco


"Benathan Current
"Belief is the death of knowledge." -Robert Anton Wilson


Nicholas Dasilva
The only true wisdom is in knowing you know nothing. Thanks Mom, Dad \& Bro.


Sujata Datta

## What is the sneakiest thing you have done in the library?

O Grace Bongiovi: In the library, my friends and I played a rousing game of "Undercover Hitler". Surprisingly, despite - being rather rowdy, we didn't get kicked out.


## Kyle Davies

A person who never made a mistake never tried anything new.

Albert Einstein


Alicia Difronzo
"It's suppose to be hard. If it wasn't hard everyone would do it. The hard is what makes it great." Thanks to Mom, Dad, Kirst \& Friends <3 LHS Softball \#5


Julia Donahue
Time you enjoy wasting, was not wasted. ~John Lennon
Wherever you go, no matter what the weather, always bring your own sunshine. ~Anthony D'Angelo Live, Love, Laugh


Kathryn Desimone
Hiba Dhanani


Lindsey Diaz-Macinnis
I feel as though someone's handed me the moon...and I don't exactly know what to do with it. - Anne Shirley


Julie Doherty
You have brains in your head You have feet in your shoes. You can steer yourself any direction you choose. - Dr. Seuss Thanks Mom, Dad, Katie, and Friends


Michael Dooley


Sarah Dorfmann
When everyone was working for this goal All the children left without a trace only to come back as pure as gold

William McNeil: A friend and I were working on science together in the LHS library. He was chewing gum quietly and I was eating a ham sandwich. A librarian came over and he got yelled at and kicked out of the library for the rest of the day, but no one said anything to me (or else for some inexplicable reason they did not notice).


Lora Dunn-Hardy
Sounds of laughter, shades of life are ringing through my open ears exicting and inviting me...It calls me on and on across the universe. -The Beatles Love FUUY?!


Matthew Elyanow
"A learning experience is one of
those things that say,
'You know that thing you just did? Don't do that."'--Douglas Adams DFTBA

Samuel Estabrooks
"I want it to go on, but I want us to go out on top. - Matt Groening

but I want us to go out on


Sophia Durant
Not everything that can be counted counts, and not everything that counts can be counted Albert Einstein Love to family, friends and Follen!


Rebecca Elyanow "A sense of humor, properly developed is superior to any religion
so far devised"
Tom Robbins

Emily Edgerly
The one thing in the world, of value, is the active soul.


Davis Emerhi


Michael Exter
Always bear in mind that your own resolution to succeed is more important than any other -Abraham Lincoln

Erik Eicher


Brielle Ervin
work is love made visible


Kevin Eykholt
$\underset{\text { Face Reality }}{\text { Kevin Eyk }}$


Spencer Fabricant
|| And so closes the chapter || || Of the years of blossoming || || Our time is limited || || Live every minute of it || What funny or interesting experience have you had in a science or math class?
O Ariane Siegel: In biology class sophomore year the class would knock on the desks and make weird noises. The O teacher never knew who it was and would always get wicked mad.


Mackenzie Farrell
Goodbye may seem forever, farewell
is like the end. But in my heart's a memory, and there you'll always be. $\sim$ Fox and the Hound
Love you Family and Friends! Thanks for Everything


Thomas Finneran
"There are no limits. There are plateaus, but you must not stay there, you must go beyond them. If it kills you, it kills you. A man must constantly exceed his level."
~Bruce Lee


Lisa Fordham


Olivia Feehan
Those who dont believe me, find your souls \& set them free, Those who do, Believe \& know, That time will be your key.


Ailish Fitzgerald


Lucia Ferguson

## Only connect!

 Live in fragments no longer.-E. M. Forster


Eliza Marie Florendo
Time soothes all sorrows

- The Little Prince


John Foster
Tell me, what is it you plan to do with your one wild and precious
life?
-Mary Oliver
Matthew Fox
One time l lied. True story.

David Fink
Most folks are about as happy as
they make up their minds to be.
-Abraham Lincoln

Jessica Fonseca-Moreira
"Roads? Where we are going, we don't need roads" -Back to the Future Thank you Mom, Dad, Sam, and Ben for everything. Good luck to everyone, it's been
real


Liana Fraser

Jeffrey Lin: In junior year chemistry, I was reading a magazine under the desk during the lecture. Dr. Kumar turned away from the board and asked me if I was paying attention. Before I could reply, Justin Reynolds pulled my magazine out from under the desk and yelled "No! He's reading a magazine!"


Karen Freeberg
"Inspiration does exist, but it must find you working. Pablo Picasso


Alice Galvin


Alexandria French


Patrick Fusunyan
"Nothing in the world can take the place of persistence." - Calvin Coolidge


Emily Gallagher
"Take what you can from your dreams \&\& make them as real as possible" Thank you mom,dad,james, \& family for always having faith in me $<3$ Forever\& \&Always $\mathrm{AD}<3$ I love my CYWH girls thanks for all the memories $<3$


Jeffrey George
"Being confident of this, that he
who began a good work in you will carry it on to completion until the day of Christ Jesus."
-Paul the Apostle, Philippians 1:6


Cameron Ghorbani


Michael Goddard


Dylan Goldberg
"Every silver lining's got a touch of grey...
We will go by, We will survive."


Rachel Goldberg
You gotta laugh and love
And take all life has to give
You gotta live and learn
So you can learn to live

- Darius Rucker

Thanks Mom, Dad, Sarah, and Friends

Peter Colombo: "Fratchy" which is an adjective meaning irritable or otherwise abrasive in terms of personality.
Apparently no one uses it anymore, I haven't the faintest why.


Samuel Goldie
"Everything was beautiful \& nothing hurt." - Kurt Vonnegut


Mario Goncalves


Gabriela Goszczynska
"Happiness only real when shared" Kocham was Mamo, Tato i siostry!
"Say what you want to say"


Benjamin Goulet
"There's a notion I'd like to see buried: the ordinary person. Ridiculous. There is no ordinary person."

- Alan Moore


James Greene


Scott Greer


Maxime Greppi


Adam Grollman
Play Hard, Go Pro - TheCPL
empowering eighteen
What is the best thing about turning eighteen?


Lizzy Shum: Supercilious
Allison Pawlowski: Mr. Baker once gave us "saucy" as a Shakespeare vocab word.
Sonia Weiser: I learned the word "pagination" from our yearbook publishing company representative. I had no idea that was a real word.


Steven Gross
Don't let your dreams be dreams. Don't judge each day by the harvest you reap, but by the seeds you plant Don't give up.
Thanks to my family and friends. Go Red Sox!


Husayn Halani
You Can Achieve Anything If You Believe In Yourself


Olivia Hatton
"Happiness often sneaks in through a door you didn't know you left open." - lohn Barrymore


Spencer Gurley-Green
The purpose of our lives is to be happy. ~Tenzin Gyatso


Michelle Han
Be still when you have nothing to say; when genuine passion moves you, say what you've got to say, and say it hot.

- D.H. Lawrence D.H. Lawrence


Patrick Haverty
Argue for your weaknesses and they are yours.
Thank you Mom Dad Ellie and Abu BEATS


Celine Hacobian
"It is our choices, Harry, that show what we truly are, far more than our abilities."
-Albus Dumbledore Love you Mom, Dad, \& Sev


Ian Hankin
Love your enemies.
It confuses the heck out of them.


Sabeel Hakim
One day, I approached the elevator in awe to see all three doors open. In that moment, I knew not which to take, but I did at long last realise wherever I wanted to go, the choice was mine as to how I got there.


Zora Haque
"Character cannot be developed in ease and quiet. Only through experiences of trial and suffering can the soul be strengthened, vision cleared, ambition inspired and success achieved." - Helen Keller


Christian Heinrich
In every life there are highs and lows. How you deal with them shows what kind of person you are.

## What was the worst mis-spelling of your name?

O Hannah Shin: Staying late at Cary Library, Briana Lee and I decided to order some Pad Thai from Lemongrass.


Gabriela Goszczynska: Well, first of all my last name is Polish and impossible to pronounce for any person who uses vowels, so most teachers on the first day of school just say "Gabi, I'm not even going to try the last name." or those who are feeling extra brave usually end up with "Gabriela GOXSDCRYYDCDSKA." To make matters even worse, last year I was written as Gabriel on the attendance sheet because Gabriela Goszczynska is just simply too long for the school computer system to process. So, whenever I had a substitute in a class they would always call out "Gabriel" expecting a boy to respond. But, l'm a girl, so that always led to some awkward confusion.


Austin Hsieh


Jennifer Hsu
Les enfants seuls savent ce qu'ils cherchent
Le Petit Prince


David Huang
is it nap time yet?


Mattias Huebner


Jamie Hui
"If you love life, don't waste time for time is what life is made up of"

Thanks to all my friends and family for all the support they've given me -Huiboi

Tasneem Islam
Music is enough for a lifetime,
Music is enough for a lifetime,
but a lifetime is not enough for music.



Omar Hussoin


Rachel Iba
"But for now we are young
Let us lay in the sun and count every beautiful
thing we can see"
Neutral Milk Hotel


Ryan Isnor

What is the best thing you have ever found?

- we took it. We left it inside our locker for a year. One day, when we opened the locker, it had vanished.


Kyung Hwan Jeon
Hi leremy.


Garrett Johnson
You miss $100 \%$ of the shots you never take.


Kira Jorgensen
There are two ways to live; One is as though nothing is a miracle. The other is as if everything is. $\sim$ Albert Einstein


Rachel Kam
One minute on the stage performing,
ten years in the back practicing.



Raheem Joseph-Hercule


Brittney Joyce
"A grand adventure is about to begin."
Winnie the Pooh


Misha Kanai

Nikita Nadkarni: Once I was walking to the center and I happened to look down and find a five dollar bill. Elated, I decided to return my books quickly at the library and then buy myself a drink at Pete's. When I got to the library though, I found out I had a five dollar fine and in the end went home craving coffee.


Rayya Karaa


Mia Karnofsky


Nora Kelly
"You're still reaching for the moon."
"No, Father, the moon's reaching for me."
Audrey Hepburn as Sabrina


Alyssa Kendall
The only thing for certain is uncertainty, you gotta hold on tight, just enjoy the ride, get used to all the unpredictability.

Thanks Mom Dad Tori Spencer and Evan


Esther Kim
"If you never try, you'll never know just what you're worth." Coldplay


Kristine Kim
"I wish there was a cookbook for life, with recipes telling us exactly what to do. "You know better than anyone. Its the recipes that you create yourself that are the best." -No Reservations


Seongcheol Kim
"The challenge of modernity is to live without illusions and without becoming disillusioned." - Antonio Gramsci

## How last minute have you left your homework?

Tasneem Islam: In the third week of senior year, I started a four-page Human Geography essay at midnight, and it was due that day. I passed in my essay twelve hours later. When I got it back in a few weeks, it said "Excellent work! A+!" at the top. Thank goodness for Mr. Beh!


Nancy Kole
Keep away from people who try to belittle your ambitions.Small people always do that, but the really great make you feel that you, too, can become great. - Mark Twain


Stephanie Kukolich


## Isaac Kornstein

The journey is what brings happiness not the destination. Would of never made it without all those late night sessions. You nastyy!!?? LHS Hockey \#5


William Kung


Sheetal Laad
"Nobody can go back and start a new beginning, but anyone can start today and make a new ending." - Maria Robinson


Dickson Lau
Guys like us don't change. We either stay sharp or get sloppy. But we don't change. violetICE


Matthew Koser
"The test of success is not what you do when you are on top. Success is how high you bounce when you hit bottom."

- General George Patton


Monica Kothari
"Living is easy with eyes closed"
-The Beatles


Allison Pawlowski: I once told my teacher that I had my homework, and asked her to give me a minute to look for it. I then spent the rest of the class figuring out the answers. At the end of the class I told my teacher that I had misfiled the math assignment under English, but that I found it. She gave me full credit.


Jeffrey Lau
Praise be to the God and Father of our lord Jesus Christ, who comforts us in all our troubles, so that we may comfort those with the comfort that we have received.


Sean Lee
I have found that my work has to be both deep and shallow. The point is that it's memorable.

Lady GaGa


Ariane Levenson


Briana Lee
We all live under the same sky, but we all see a different light.


Deborah Lee
"Let love be genuine. Abhor what is evil; hold fast to what is good. Be joyful in hope, patient in affliction, faithful in prayer." -Romans 12: 9,12
Thanks to family, friends, and my YG


Micaela Leone
Edward Lehman
4-7-19-unrealchem.cele's + locker room hockyteam,nothing better I'll miss it !!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!!
so many times matt+kyle ilove u guys thanks to dad+mom+sara+melissa+greg RIP green car, u can't be replaced



David M. Levin


Stewart Levine


Jaeyoon Lee
Ambition is an ugly beast. So is laziness, but at least it's nice.


Katrina Lepore


Kyle Lewis

What is the most interesting or memorable song you have played in a music class?
Jeffrey Wu: John Coltrane's "Ode to the Church Bombing in Alabama" is the best. It starts and ends with this real dark and muddy piano with a soulful horn melody over it and the coda is deep, with lots of drum fills and piano trills, some long notes in the horn. John Coltrane's depth and soul is unfathomable, and playing a melody so personal to him gave me the oppurtunity to feel closer to him.


Lena Leyasmeyer
"Every story has an end, but in life every end is just a new beginning."


Esther Li


Di Lin


Michael Lin
I believe in Christianity as I that the sun has risen: not only because I see it, but because by it I see everything else. C.S. Lewis


Alexander Lockwood
"Happiness is only real when shared." - Christopher McCandless


Jeffrey Lin
"If you're in a war, instead of throwing a hand grenade at the enemy, throw one of those small pumpkins. Maybe it'll make everyone think how stupid war is and while they are thinking, throw a real grenade at them."


Theodore Liu
Be on your guard; Stand firm in the faith; be men of courage; be strong. I Corinthians 16:13


Mariana Avila Loreto

Morgan McCullough: One of the best songs I remember singing for Concert Choir that still gets stuck in my head is "Veniki" (a Russian tongue twister we performed for the Honors Concert). It was a lot of fun to do and it's upbeat. I also remember "Hallelujiah Chorus" which we sing almost every year, and the one and only "Fair Phillis", which is the audition piece sung every year. "Fair Phillis" isn't amazing, but since every single person knows it, it's just an automatic favorite.


Eve Lowen


Alexander Lukez
"You must be the change you wish to see in the world." Mahatma Gandhi


Genesis Lung
Behind This Smile Is Everything You'll Never Understand


Katarina Lutz
"...Things go wrong so that you appreciate them when they go right. You believe lies so you eventually learn to trust no one but yourself, and sometimes good things fall apart so better things can fall together."


Rachel MacNeil
"Anytime you do something from the heart, people just know it" $\sim$ Brad Paisley


Steven Malis
Before you insult somebody, walk a mile in their shoes. That way, when you criticize them, you're a mile away and you have their shoes.


Armani Mallory


Christopher Martel


Morgan McCulloch
"Talk, talking a lot but it's still
talk. Gotta love how it's somehow all on me. All the petty scenes, all on me. All the petty scene
and all the pretty things. Say whatever you want 'cause I can
LAUGH IT OFF!" -Jimmy Eat World Say whatever you want cause I can
LAUGH IT OFF!" -Jimmy Eat World

Thomas McKenna



Mark McCullough Jr


William McNeil
All that is gold does not glitter, not all those who wander are lost.


Nicole McDonnell


Matthew McElhatton
Be who you are and say what you feel because those who mind don't matter and those that matter don't mind.


Samantha Meadows
Through the rough times I've had, I LOVE the ones that were truly there for me. Thank you Mom, Dad, Missy and Jerry.
$<33$ CT.SH.LD.AS.JK. (MA.LHS CHEER <33) I'll miss you guys ~ xoxo



Yvonne Medina
"So much has been given to me that I have no time to ponder on that which has been denied." -Helen Keller


Kunal Mehta
"Someone's sitting in the shade today because someone planted a tree a long time ago"

David Miller
"Success isn't how far you got, but the distance you traveled from where you started."
Thanks Mom,Dad,Clara, and Sam BEATS


Anne Mok
"Life moves pretty fast.
If you don't stop and look around once in a while, you could miss it."


If you don't stop and look around once in a


Nihaal Mehta
"It eluded us then, but that's no matter-tomorrow we will run faster, stretch out our arms farther.... And one fine morning-"


Adam Meyers
"You must be the change you wish to see in the world." - Mohandas Gandhi


Kelly Miao


Jordan Mizerak
"Success usually comes to those who are too busy to be looking for it." Henry David Thoreau


Alexandra Moran
All of the love we left behind
watching the flashbacks intertwine
Memories I will never find
I'll have whatever you become, Forget the reckless things we've done-Muse
"let's hear it for the boys"


Sydney Moran
I have never let my schooling interfere with my education.

Mark Twain


Thomas Moriarty


Jeremy Moss
If you had one shot, one opportunity, this is everything you ever wanted, one moment, would you capture it, or just let it slip? -Eminem


## James Moxon

"Maybe I will never be All the things that I want to be But now is not the time to cry Now's the time to find out why" Oasis
Thanks to Mum and Dad


Egan Muir
"It is the mark of an intelligent man that he can entertain an idea without accepting it." Aristotle


Lydia Nabanoba


Meaghan Murphy
"Time's flying by, moving so fast you better make it count because you can't get it back" -Carrie Underwood Love \& Thanks Mom, Dad, John, Connor \& Julia


Nikita Nadkarni
Necessity is the mother of invention.

## senior slump

For seniors, it sums at different times. For most, it erepps up quickly stier secons scmester. Swamped with college decullines, last mintate SAI and ACI tests, and the regulat wourse load, first semester senions fed like they deserve a break. The excitement of having frec blocks wears off quickly during sentor year. as they realize that they no longer have the fuxury of goling mir to lunch or skepsing in the tibraz:. With schaolwork. sports, and exra curriculars faking over their time, the wave of rehef that comes with the completion of applientions is drastic,

While many complain that junior yeat is the hardest, most sentors disugres. The heavy comsework of junier year doe nor lighten up, Even affer applications are in, seniors still have the work. However, it is clear that ending the extrumdy suresfal ximissions process is a grear heip to their mouds. Signs of semios Wlump indade carelessness whife complering hom wowk and an increase in missed clasess. Seniers' minols were focused ea the fioure instead of the edious worries of previous yeats.

As the leaders and aldest members of the shoal, they felt comformble, but were ready to move an. Senioss tend to do more now related school sctivities, Secing mwies at midnephr and staying up late beame common pecturtences. Teachers bevome more relaved and flevible during the second semexter of sentor year, which was whlomed by studenss whese minds wers slightly occupied by thoughts of collegs, Whte dewding rejection letters and worying abous colleges it is nice to spend some time nulaxing. In the end, seniors agrece that although the admissions process was exhansting and stressful, it was worth it in the end to be able ro relax and plan for the fusture.


Richard Neal


Kathryn Needham
Living is like tearing through a museum. Not until later do you really start absorbing what you saw. Audrey Hepburn


Kaitlyn Nezuh
What doesn't kill us makes us stronger- Friedrich Nietzsche Love and Thanks to my Mom, Dad, Sophia and my Friends.


Rachel Nigro
i like your eyebrow(s)


Jenny Oh
And the road to life yes, it goes up and down doesn't really matter as long as the music goes on.


Johnie Orchanian


Piya Paintal


Megan O`Neil Open the gates and seize the day Don't be afraid and don't delay Nothing can break us No one can make us Give our rights away So arise and seize the day


Julian Palk


Alice Pandraud
Sachons apprecier chaque moment. It isn't the dates on the tombstone

## What is the worst (or best) pick up line you have ever heard?

Rachel MacNeil: I'm glad I brought my library card 'cause I'm checking you out.
O Zora Haque: Are you a parking meter? Because you have "fine" written all over you.


## Alexandra Papatsoris

I go back to watching summer fade to fall, growing up to fast and I do recall wishing time would stop right in it's tracks. -KC


Marissa Pavio
Tod: Copper. You're my best friend Copper: And You're mine too, Tod Tod: And we'll always be freinds forever. Won't we?


Cameron Perry
"why not"


Sung Min Park
Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. -psalm 23:4


Katrina Pastore

## Zoe Pedulla

it's hard to be religious when certain people are never incinerated by bolts of lightning.

- Calvin \& Hobbes



## Gray Pieri

THERE IS MORE TO US THAN WE KNOW. IF WE CAN BE MADE TO SEE IT, PERHAPS FOR THE REST OF OUR LIVES WE WILL BE UNWILLING TO SETTLE FOR LESS
KURT HAHN Mom\&Dad, thanks for showing me the door to the world

Taylor Patch
I've often seen a cat without a grin but a grin without a cat! It's the most curious thing I ever saw in all my life! -Alice in Wonderland



Denisha Pena
"It's not what you take but what you leave behind that defines greatness" -EG. To my fellow METCO Srs., I love \& will miss u all. Special thanks to my Mom, Dad, Sis, JP,\& SB for pushin me through the rough spots. Ily $<3$


Ilana Pinkus
Don't let anyone ever make you feel like you don't deserve what you want. -10 Things I Hate About You

Sonia Weiser: I once got a fortune cookie that said, "What's that in your eye? Oh wait, it's a sparkle."
Mengyu Wu: Are you tired? Because you've been running through my mind all night!
Jeffrey Lau: My friends call me Jeff, but you can call me tonight.


Rachel Plevinsky


Jacqueline Pounder
Everybody changes everyday. Some changes are more devastating than others. There are two ways to deal with these changes, you either accept them, or fight like hell all the way. -Olivia Benson \#13sccerbbll<3


Jacob Pratt
If we had as little time as we claim to have,
then we would have no time at all.


Max Pourshadi


Alexander Powers
"All we have to decide is what to do with the time that is given to us." $\sim J . R . R$. Tolkien


Balaj Rai


Dharsan Ranjit
"It's not the size of the dog in the fight [that counts], it's the size of the fight in the dog [that counts]." -Mark Twain-


Aashik Rao
"Though your sins are like scarlet they shall be as white as snow." O wicked sinner, come to Christ and receive the great forgiveness that comes from Him alone! Repent and believe on the name of Jesus Christ!


Kathryn Purvis

Erin Puschak
"Promise me you'll always remember...You're braver than you believe, and stronger than you seem, and smarter than you think." -Christopher Robin
 ?


Michael Ravin

## What is the best project or assigment you have done?

O Hillary Stevenson: In sophomore year, my friend and I wrote a parody of Macbeth. We had it set in Los Angeles o and Macbeth was a famous fashion editor.


## Noah Resnick

"We are the ones we've been waiting for" -Barack Obama


Nina Riley
"Yesterday is history, tomorrow is a mystery, and today is a gift, thats why they call it the present."
-Kung Fu Panda PUCKIS \#1 + FH\# 1 Love you Mommy,Daddy,Leigh,Mammy \#8 Thanks for everything!


Kiana Robinson
God granted me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference. I'm too positve to be doubtful, \& too determined to be defeated. <3


Erin Reynolds
"Dream as if you'll live forever. Live as if you'll die today." Thanks to my family and friends


## Justin Reynolds

To be human is, for one thing, to speak and act with a certain note of genuineness, ... a sort of robust moral sanity, mixed of elements both moral and intellectual. - Woodrow Wilson

## Helen Rich

"I meant," said Ipslore bitterly, "what is there in this world that makes living worthwhile?" Death thought about it. "CATS," he said eventually, "CATS ARE NICE."


David Rix


Avital Robbins


Rachel Robichaud
Our lives are shaped as much by those who leave us as they are by those who stay.


Kelly Roche


Laurel Rodman
"If you meet someone with two heads, they're bound to know something you don't."
$\sim$ Diane Arbus

Megan O'Neil: I felt overjoyed when we were assigned the Element Superhero project for junior year Chemistry. I loved being creative, and this is what this project let me do. I got to make up a character that I wanted, and as long as it followed a few guidelines, I would be fine. I got an A on that project. It made me feel so proud of myself. My teacher even thought I did a good job, and said how impressed she was with what I had written.


Sam Rookard


Annemarie Rosa "It is better to ask some of the questions than to know all of the answers." ~James Thurber

Ian Rubijono-Bond Take up arms against a sea of troubles.



Hannah Rosen


Hannah Rosenberg
"The most wasted of all days is one without laughter." e.e. cummings Love to my family and friends <3


Shir Rozenblat
"I do my thing and you do your thing You are you and $I$ am I
And if in the end we end up together
It's beautiful"
-Boy Meets World


Shereen Salem
"I'm to the moon, through the stars non-stop passing Mars." "A book elegantly bound but in a language that you can't read just yet." -DCFC
"It was due today!"


Benjamin Ruesch
"What Comes Next"
Life is Middlesex County Volunteers Thanks My Mom and Dad, and family, Thanks to my best friend Tristan, and thanks to the members of MCV! Good music, good friends, good times


Samuel Sandeen
We make our world significant by the courage of our questions and the depth of our answers.

- Carl Sagan


Alexander Ruocco

## What is your favorite past senior prank?

Julie Doherty: lliked the one with the three pigs being let loose in the school. It was funny
Christine Hsiao: In sophomore year a bunch of people from a physics class dressed up as chess pieces. There were two guys controlling the pieces by telling them where to go and they played a game of live chess in the quad. It was creative.


Ayanangsha Sanyal
The World is Yours - Nas


## Peter Saudek

"There is more to us than we know. If we can be made to see it, perhaps For the rest of our lives we will Be unwilling to settle for less." -Kurt Hahn
Love \& thanks to family and friends


Brendan Schneiderman
We all end in the ocean
We all start in the stream
We're all carried along
By the river of dreams
In the middle of the night Love to Mom, Dad, Meg, AB, and BEATS


Serena Seferian


Keren Schatz


Alex Scherzer
"Don't play what's there, play what's not there." -Miles Davis

## survival of the fittest

Congrary To popylar belief as silmmer stanted, sentor-stamy-hadrocd levels of laxiness rool: a jagged dechite Senes heightened. students heetme more alert and same even developed a sixth sense: However. to the disapplointment of the administrations, the


Allyson Schreiber
Great moments are born from great opportunity. And that's what you have here tonight. One game. If we played em 10 times they might win 9. But not this game. Not tonight. PUCKIS \#22


Connor Seitchik
"Each decision we make determines the choices we'll face next."
"I note, with some dismay, you've chosen to jump the ledge."
"Right. And that decision will give
us new choices." Calvin and Hobbes
morivating factur was
|randh werdemics-related Rather sencass gave in to their animal 15 Hex as they hem me ahosorhed in the game of Assassins.

For 1 small Fee, 4 medenss could jain it the humiligt pame. Hands sumbling each participant chose the mame of their exget. The rifles were shout and sweets fited your vietims before your asstasin finds yais. And when you win, take atn your ragger's ranger menil yous are the last pane sanding. The only acceptable weapern was the water gen and only shoes fired surdoors were hamored.

Nat even last period Wollightall besught ons an mbenaline ruxh Fles The Heum Srudenes mak to crative methods in this nlimate game of hide and scek going so lat as to stalk their viczim, stake our their narget's green parking spot of patrol thestrects in the evening. Afiur the firse weck or so. students leygan to find escape routes, ayviding the main cuits of the school and comminal pathe ro the cencer.
Strangely enough, the gane-illowed ter greduating class to finand as rhey reamed up in survive.

Alice Pandraud: Goldfish in the girls' bathroom was a pretty clever prank. You know, you arrive in the bathroom seeking a clean toilet, you lock yourself in, and what do you find? Oh just a couple of goldfish here and there swimming happily. The worst though, was when you came in the bathroom again, several blocks later and found out that several of the goldfish had been flushed!


Dominique Serio
Don't count the days, make the days count.


Taha Shafa
I like Ponies


Elizabeth Shum
"Leap and the net will appear"
Zen Saying

Maya Silver



Victoria Shaw
"Life is one big road with lots of signs. So when your riding through, dont complicate your mind. Flee from hate mischief and jealousy. Don't burry your thoughts, put your vision to reality," SM.MS.KB.AM


Katherine Sheena
Never try to teach a pig to sing It wastes your time and it annoys the pig.


Ariane Siegel


Stephanie Silva
Who ever said you can't run away from your problems never tried it.

Thanks to all my family and friends


Benjamin Silver To give anything less than your best is to sacrifice the gift -Steve Prefontaine

James Simmons



Nicholas Singer
"Our lives begin to end the day we become silent about the things that matter."
-Martin Luther King, Ir.

Amelia Varteresian: My friends and I usually go to Cake (the cupcake store in the center) on Fridays. They have a really nice porch, not to mention delicious cupcakes and tea. If it's too cold to sit outside, we get take-out cupcakes and go watch Bones or Project Runway while we eat.


Charlotte Ames: My friends and I hung out in Ms. Bean's art room a lot. It was really nice to sit in there and chat with Ms. Bean afterschool while we worked on random projects. The windows in her room are really big so you could see the sky changing colors when the sun set. The only bad thing was that we had to avoid the creepy stuffed bird that was in the still-life set up. Kevin Eyscholt: I like going to Commons II. I commonly go there to meet and organize events with my friends.


Rachel Stone
Carry laughter with you wherever you go. Love and thanks.

Kelly Stratford
The future belongs to those The future belongs to those
who believe in the beauty of their dreams. ~Eleanor Roosevelt
Thanks Mom Dad Steph \& Chris
Puckis\#5 Love You Girls


James Swanson
To be an artist is to fail, as no other dare fail. Samuel Beckett


Natalia Swartz
Cherish your yesterdays, dream your tomorrows, but live your todays. Thanks Mom, Dad, Tessa, Jenn, and friends for all your love and support.


Nathan Tarrh
"...and in that flash I realized it's impossible to fall off mountains you fool." -Jack Kerouac

Melissa Teng
Run fast, stand still.
This, the lesson from lizards.

- Ray Bradbury


Jessye Strohmeyer
I live to love and laugh a lot
I live to love and laugh a lot
And that's all I need -Kenny Chesney


Arjun Thomke


Randolph Thompson

Katarina Svenson
"Have a heart that never hardens, and a temper that never tires, and a touch that never hurts. - Charles Dickens

Robert Tarlow




Ehsan Syed
"Obstacles don't have to stop you If you run into a wall, don't turn and give up. Figure out how to climb it, go through it, or work around it."- Michael Jordan AP,MK,MM,NC, SL,TS The crew. SYED=DEYS


Lukas Thorburn
In the end, I wonder if one of the most important steps on our journey is the one in which we throw away
the map.
-Loreena McKennitt

Jane Tomic
Time is making fools of us again.
-Albus Dumbledore
Time is making fools of us again.
-Albus Dumbledore



Candace Tiano


Jenna Tobey
Let your hook always be cast; in the pool where you least expect it, there will be a fish. -Ovid


Elsa-Lucia Torres
You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. ~* LHS CHEER* Thank You Mom Dad Mana \& Family


Melina Tsitsiklis


Adam Traganos


Nicole Turk
Being happy isn't having everything in your life be perfect. Maybe it's about stringing together all the little things- making those count for more than the bad stuff. Sisterhood of the Traveling Pants


Cathleen Tocci


Alexandra Tsitsiklis
were all wondering about what the characters from the various books Sophia Durant: Last year I had Striz for D block English. One day in class, we were all wondering about what
we were reading would say to each other if they all met. That got our class thinking: what if we each acted like a character from one of the books on some random day? A couple of my friends and I organized it. So one day we all came into class, pulled out the name tag of a character and proceeded to act that the character for the entire block. The best part? Striz was completely surprised that suddenly her class was filled with Gatsby, Thoreau and countless other characters. We ended up just talking as our characters for the entire block. That was real interactive learning!


Rebecca Ukaegbu Sven Eriksson "The greatest barrier to success is the fear of failure," So lets be bold \& take risks. Thanks to everyone who helped me get here. To my family, I love you all. To friends, I hope to see you again.


Amelia Varteresian
"We'll never survive!
"Nonsense. You're only saying that because no one ever has."

Jessica Wan
"Don't cry because it's over. Smile because it happened." -Dr. Seuss



Welkin Uttaro Reality, or the world we all know, is only a description spun into truth. Our only salvation is to break free of this mental prison and recreate it in our own image, finding truth only where it exists.


James Vest


Thea Vanderschmidt
"The problems at hand Are lighter than at heart Be like the squirrel"

Lookin' GOOD

Andrew Walsh
"Genius is one percent inspiration, ninety-nine percent perspiration." -Thomas Edison



Hao Wang
Three grand essentials to happiness In this life are
Something to do, Something to love, And something to hope for.

Vincent Van Mierlo
Everything is possible, if not always probable.



Stephanie Voss


Caroline Wass
"It does not do to dwell on dreams and forget to live." - Albus Dumbledore


Holland Watson
"This phrase 'rejoice ever more' shall never be out of my heart, memory, or mouth again as long as I
live, if I can help it." -John Adams

## What was the best childhood birthday party you have been to?

O Sabeel Hakim: I had a birthday party at Kid's Playground in Woburn once. I was 6 at the time, and playgrounds were O all the rage.


Michael Watterson
Let's think the unthinkable, let's do the undoable, let's prepare to grapple with the ineffable itself, and see if we may not eff it after all.


Liran Weizman
"The Noah rule: Predicting rain doesn't count; building arks does." WB: BelgianBorn,HKRaised,LHSGRAD!:D I <3 my family,NCSY,my friends. <3 Thnk u 4 making my 4 yrs of HS great! \&\#25105;\&\#24859;\&\#20320;! Keep on smiling :) -LW


Emily Wendel
to affect the quality of the day, that is the highest of the arts.
thank you ms. $k$ for everything.


Jeremy Weiser
Hi Kyung.


Sonia Weiser
Just because your voice reaches halfway around the world doesn't mean you are weiser than when it reached only to the end of the bar. Edward R. Murrow


Alexander Weisz

## you can quote me on that

For years, seniors have been compressing their personal spirit into just six lines of 36 spaces each: the age old tradition of senior quates. Writing a good quote is like finding your favorite TV show. Somatimes it takes months of watching and searching (while you should probably be attending to your physies homework), and at other times, you fust run into it while syy channel flipping or eavedropping, It any case, you will always remember your perfect quote.
And sometimes, so will everyone else. Here are a few of the past favorite seniot quotes:
${ }^{+}$Bear Class of 2006, Dont ewer change-
(your underwear) ${ }^{\text {² }}$
"You stay chassy, Lexingron."
"All the and a bag no chips."
"Ufis tike a bud amalog."
"Om nom nom Hom."
"When do we eat?"
"Would I rather be feared or lovod! Um. Basy: Both. I want people ts be afraid of hows much they love me, And I think 1 prowed that raday at the Dopa." Michad Scort

Andrew Zack: I'd probably say the best birthday party was when we went to LaserQuest. It's basically boy heaven. It's really dark and there's a course set up and it's a free for all with laser guns. We played one game, ate pizza, played a second game and then had cake. It was awesome.


Elizabeth White


Rachel White
All good things come to an end, but the best is still yet to come. MD<3


Emily Wiederhold
"Welcome to the real world! It sucks. You're gonna love it!" -Monica from "Friends"

Thanks Mom, Dad, Jen, and all my friends


Sarah Winters
when one door of happiness closes, another one opens;
but often we look so long at the closed door that we do not see the one which has been opened for us -Helen Keller


Dennis Wong
In three words
I can sum up everything I've learned about life: It Goes On. - Robert Frost Thanks to all my Friends and Family DWong


Craig Wood
"We have to continually be jumping off cliffs and developing our wings on the way down" - Kurt Vonnegut


Michael Woodbury
"The price of victory is high, but so are the rewards"
Thanks Mom, Dad, Josh, Kim, Kayla, Fallon, and Alvaro for all your support. I love you all.


Kyleigh Williams "Wrinkles will only go where the smiles have been." ~Jimmy Buffett

Thanks to my family and friends for all of their love and support
~PUCKIS


Julie Wolfman


Shakiyla Woods God grant me the SERENITY to accept the things I cannot change, COURAGE to change the things I can \& WISDOM to know the difference

## What is the best food item or beverage you have gotten in the center?

Malvika Arya: Double chocolate chip frappucino from Starbucks. Amazing blend of chocolatey-ness and just the right amount of chill for a hot day. My friend got me addicted to it.


Samantha Woodward
"The flower that blooms
in adversity is the most rare and beautiful of all." -Mulan


Jeffrey Wu
"When the aliens come, they will be so great in so many different ways, that everything we ever thought was cool will then make us ashamed." -Professor Brothers


Kali Yomota-Kurland
We don't always have to lie belly up in the pool of us.

Feelin' GOOD


Elise Yost


Carla Yengo-Kahn
"My feets is tired but my soul is rested."


Andrew Zack
"Success is not final, failure is not fatal: it is the courage to continue that counts."

Winston Churchill


Mengyu Wu
"He who has a why to live can bear almost any how." - F. Nietzche
Friends - Thank you for the memories Grace - Thank you for the laughter Mom \& Dad - Thank you for everything I love you all.


Adrienne Zahka
Thank you Legacy
for the best memories and lifelong friendships... the rest is still unwritten.


Sarah Yao


Caitlin Zeytoonian
"Do not go where the path may lead; go instead where there is no path and leave a trail." -Ralph Waldo Emerson


Cong Zhang
I can't tell you if there is a right answer, a wrong answer, or even any answers at all-just that there is wonder in the world.


James Zhang
...Pooh was saying to himself, "If only I could think of something!" For he felt sure that a Very Clever Brain could catch a Heffalump if only he knew the right way to go about it. -A.A. Milne

## Names Without Faces

| Eric Anderson | Andrew Cruz |
| :---: | :---: |
| Emily Aspell | Corey Desimone |
| Daniel Biedrzycki | Christina Dimos |
| Joseph Bitton | Cameron Flores- |
| Nicholas Bouton | Hurlbert |
| Peter Briggs | Patrick Ford |
| Carl Bumbaca | Alexandra Gallinelli |
| Noah Chirico | Alexander Gaskell |
| Guy Christiano | Micaela Godfrey |
| Rebecca Cleinman | James Gorry |
| Natalie Colbert | Elaina Hancock |
| Jennie Collins | Sebastian Herrera |
| Kimberly Coyne | Michael Jones |

Kellie Keane
Kevin Kewriga
Mark Landry
David A. Levin
Alfred Lockett III
Michael Mackley
Adelaide Mathews
Akash Naidu
Sarah Oliver
Louis Quartararo
Natalya Raphael
Eric Rice
Steven Riley

Cassandra RockwellPostel Hilary Siegel Christian Tomlinson

Tess Trudeau
Amanda Vanallen
Rachel Wang
Rumay Wang Adam Weinreb Irisa Xiong Erika Yi Ying Yiunobody can get back and start a new beginning, but anyone can start today and make a new ending

## If you could ask anyone to speak at graduation, who would it be?

O Sonia Weiser: I would ask Conan O'Brien because he just lost his job at the Tonight Show so he might have some - free time. And he's from around here so inviting him wouldn't be completely random.


Grace Bongiovi: I would ask Stan Lee becaue he's insane and it would be the funniest thing ever. And at the end, he would say, "Excelsia!"
Mark Chonofsky: I think I would pick Richard Feynman, the physicist because in addition to being brilliant, he was funny, incredibly creative, and had a very unique personality.



A picture says a thousand words. So how many stories can a page of your photos tell? (Especially those potentially embarrassing baby photos.) Despite any awkward phases caught on camera, each photo was chosen with care and each page was made with love. Through these memories, we preserve our days here at home and get ready to dive into the world. As we move forward from high school, here are the markers that will remind us who we are and who we want to be.
Congratulations Class of 2010!



Jeremy, Peter and Tommy,
Congratulations! Here's to wonderful things to come!


Love always, your families


## CONGRATULATIONS GRAY!

## IT'S TIME TO LEAVE HIGH SCHOOL BEHIND.

## WE'RE GLAD YOU AGREE.

LOVE, DAD, MOM, DANE, CARL, STUD, AND GIGI


To our 6aby, who always makes us Caugh . . . you worked harder than anyone. Congratulations Erin, on a job well donet With love and admiration - Mom, Dad, Kelly, Brian and Bridget


Michael,
You've brought us so much joy and happiness. We are so proud of you and the man that you've become.

All our love,
Dad, Mom and Jared



The future's here! You are it! Congratulations, Dylan! We love you, Mom, Dad, Jamie, Aiko \& Loafer


No one can count on the future Or know what they someday might do, But could we have chosen the son that we wanted, The one we'd have picked would be you. We'd have wished for your great sense of humor And dreamed of your spirit and style, We'd have hoped for your love and affection, Imagined the joy in your smile... Life holds some gifts and surprises, And one of the best there could be is having a son who's exactly the one Who's already been given to us --- Matty B.

Congratulations! Love, Mom and Pop


We wish you all the best that life has to offer.
Love,

Strohs, Tobeys, and Burks



## anne


?

Congratulations to the Class of ' 10 . Andrew, we are so proud of you!

\#84, \#27, you are \#1 to us! Love, Mom, Dad and Jamie

## Congratulations

## Brittmey!

"May you be blessed with the strength of heaventhe light of the sun and the radiance of the moon the splendar of firethe speed of lightningthe saiftress of mindthe depth of the seathe stability of earth and the firmuess of rock"
Lave.

Mom. Dad. Raela, and Brendan

Playandlearncommunitynurseryschoolharringtonelementary schoolclarkemiddleschoollynncousinsclubtriptoisraellexingt onhighschooleisnercampolimO8eiehighschoolinisraeltzubapr aguepolanditalyrancsmixednutsfamilyfriendsfriendsfriends
On to the next adventure! Congratulations, Julie! We're so proud of you!

Love to the moon and back again... Mommy, Daddy, Jen, Rachel \& Tova


## Dearest Nate,



Follow your path as high and as far as it takes you. We love you, Mom, Dad, Andrew and Evan

"You have brains in your head. You have feet in your shoes. $Y_{\text {ou can steer yourself in any direction }}$ you choose... And YOU are the one who lldecidewhere to go..." Dr. Seuss


## Congratulations !

Alicia,
You have made us proud both on and off the field. Through hard work, you have reached many goals.

May your greatest achievements lie ahead.

Love,
Mom, Dad and Kirsten



For Jeff,
"...... the wise man looks into the space, and does not regard the small as too little, not the great as too big; for he knows that there is no limit to dimensions."

Jeff,
We are proud of you and wish you the best of futures in everything and anything you choose to do.

Always love,
Mom, Dad and Jessica




You make us all proud. Love Mom, Dad, and Sev


Congratulations Alex! We are so proud of all that you have accomplished.
You're amazing! We love you with all of our hearts.
-Mom, Dad, Sam \& Jack



Congroctulations Carolinel
All our love,
Mom, Dad, Charlie and Nick




Dear Olivia,
We are so proud of you! You will always have the ability to think clearly, To love with a full heart, And the courage to follow your dreams; All you will ever need to find your way. Love always, Mom, Dad, and your entire family


YAY!!!
We are so proud of you, Christina!

We love you as tall as the wheat grows

Love, Dad and Helen

| YAY!!! |
| :---: |
| We are so proud |
| of you, Christina! |
| We love you |
| as tall as the |
| wheat grows |
| Love, Dad |
| and Helen |




You did your best and made us proud. Amamos você. Mom, Dad and Kevin

## Congratulations Husayn!



You defied and beat all the odds Way to GO!!

Love, Mum, Papa, Shirin, Farouk


## Mark



## JULES



Keep driving through life's obstacles
From London to Boston

We're so proud of you!!!!
Congratulations
Love
Mum and Dad

## Congratulations Nikita!




## Congratulations Dear Lindsey!

Move with a purpose
Find your passion
Make it happen
..for the best is yet to come
With great pride and all our love, Mom, Dad, Katie, Grammy and Bailey


congratulations, class of

2010

Ofiuckinthefulure.

the yearbook staff




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Happy 85th Birthday!
The Lexington High yearbook finally
has a name:

## The Revolution.

It not only reflects this year's theme but reinforces the independent spirit of our school.

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Alexander Lockwood

Alexander Scherzer

## Copy Writers:

Hannah Ornatowski
Marika Psyhojos
Emma Spero
Adviser: Karen Mechem
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Susan Happel

## Staff

Marissa Chaffe
Samantha Chua
Fiona Chung
Caitlin Go
Susmita Gadre

[^1]
# colophon 

Revolution is the 2009-2010 Lexington High School yearbook of Lexington, Massachusetts. It is the school's 85 th volume and sixth full-color yearbook.

This book contains 275 pages of $100-\mathrm{lb}$ Bordeaux paper submitted electronically via electronic proof through Herff Jones representative Mr. John Carrier. Publisher Herff Jones printed 750 copies of the book at their Gettysburg plant in Pennsylvania. The cover, end sheets, and the design elements were created using Adobe InDesign CS.

The cover was printed using a four-color process on permocote base with a matte lamination and a custom foil die. The original design was by Nikita Nadkarni. End sheets were printed using Vibracolor chamois. Every page of color was made using a lithographic four-color process. Staff members Anne Mok and Sonia Weiser attended the Columbia Scholastic Press Association Conference in New York City in June 2009 to learn design techniques. Briana Lee, Jessica Wan, Aileen Haque and Michaela Schtilman-Minkin participated in the Yearbook New England workshop. The 2009-2010 theme of "Revolution" was conceived at the editor in chief meeting during the summer of 2009. It was further developed by editors and staff at the beginning of the school year.

Staff members used Adobe InDesign CS and Adobe Photoshop CS on three Apple eMac computers, two Apple iMac computers, and one iMacG5. Yearbook staff members took the majority of the candid photographs. Senior, underclass and sports pictures as well as some activities pictures were taken by Burlington Studios of Burlington, Massachusetts.

Modoono Photographers took additional sports photographs. Yearbook staff members used the staffs' Sony DSC-W50 and Canon PowerShot SD1000 along with various student-owned digital cameras.

Headlines were in Minion Pro size 72pt. Subtitles were Myriad Pro size 36 pt . All body copy was Adobe Garamond Pro size 12 pt. Captions were Myriad Pro size 10 pt. Caption headers Myriad Pro Semi Bold 10 pt.

The LHS Yearbook is a member of the Columbia Scholastic Press Association (CSPA), the New England Scholastic Press Association (NESPA), the American Scholastic Press Association (ASPA), and the Quill and Scroll Society. The 2009 yearbook color outside the lines received a silver medal from the CSPA and earned a first place from the ASPA contest.

The 2009-2010 yearbook staff would like to thank adviser Mrs. Karen Mechem for all her help and efforts in the process of making this commemorative book; Mr. John Carrier and Mrs. Susan Happel, our Herff Jones representatives, who kept us informed and brought delicious treats; Mr. and Mrs Modoono for their marvelous sports photos; Ms. Mary Ann McKenna for her technical support; Ms. Barbara Hale, our Herff Jones inplant liaison; Mrs. Janet Zilesky, Mrs. Patty Hunter, and Mr. Paul Musto; Mrs. Terri Bell, our financial manager; the custodial staff for their help in yearbook distribution and delivering our proofs; Mrs. Caroline Dooley for her help on Team and Club Photo Days; Mrs. Harriet Wallen and the librarians for providing laptops; Mrs. Mary Radz for pinting out all our class lists and address labels; Ms. Bee Saxonis; Mrs. Janice Ciccone; Mr. David Lautman; Mrs. Karen Hurley (Registrar); Adam Forman, John Walsh, Marla Dubin, and Jason Berger who helped us preserve our First Amendment rights; Mr. Bogart for letting us use the blackbox for pictures; and the countless number of other people who kept the staff motivated and sane to finish this unforgettable book. Finally to our parents who supported our busy schedules: Thank you!


Revolution: We are forever changing in a





[^0]:    >Strong focus: Sitting in Commons II, Nathan Fudenberg works on completing his assignment during a free block. Most juniors used their frees to try to lessen the pile of homework that came with junior year.

[^1]:    Clare Garberg Ellen Meyers Yennie Mok Victor Yang Lily Zhu

